


SCHOOL DAY SCHEDULE 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Start and finish times published on your timetable					
1 <i>*(includes 10 minutes for roll call & daily notices)</i>	8:40 - 9:50*	8:40 - 9:35*	8:40 - 9:50*	8:40 - 9:50*	8:40 - 9:50*
2	9:50 - 10:50	9:35 - 10:30	9:50 - 10:50	9:50 - 10:50	9:50 - 10:50
ASSEMBLY		10:30 - 11:00 Week A <i>Yrs 10-12 Hall Yrs 7-9 Year Meetings</i> Week B <i>Yrs 10-12 Year Meetings Yrs 7-9 Hall</i>			
RECESS	10:50-11:10	11:00-11:20	10:50-11:05	10:50-11:10	10:50-11:10
3	11:10 - 12:10	11:20 - 12:15	11:05-12:05	11:10 - 12:10	11:10 - 12:10
4	12:10 - 13:10	12:15 - 13:10	L1 12:05 – 12:22 L2 12:22 – 12:39 L3 12:39 – 12:55	12:10 - 13:10	12:10 - 13:10
Lunch 1	13:10 - 13:32	13:10 - 13:32	Sport Years 8, 9 & 10 12:55 – 14:30	13:10 - 13:32	13:10 - 13:32
Lunch 2	13:32 - 13:55	13:32 - 13:55	Period 4 Years 7, 11 & 12 12:55 – 13:55	13:32 - 13:55	13:32 - 13:55
5	13:55 - 14:55	13:55 - 14:55	Period 5 Years 7, 11 & 12 13:55 – 14:55	13:55 - 14:55	13:55 - 14:55
After School	Start and finish times published on your timetable				

* A bell will ring at 8:50am on Monday, Wednesday, Thursday and Friday to signal the end of roll marking and the start of the lesson.

* A bell will ring at 8:45am on Tuesday to signal the end of roll marking and the start of the lesson.

^ School sport commences at 12:55pm every Wednesday for Years 8, 9, and 10. Start times are earlier for students who are travelling to another venue.

Why has there been a revision of the school day schedule?

As part of the new school planning process, The Forest High School conducted a situational analysis of both our attendance data and our pastoral care program.

What is unchanged?

The number and length of lessons are not changing. Students still have hour long lessons on a five period timetable, with shortened periods on a Tuesday. The length of recess and lunch also remains the same. Wednesday afternoon sport and class times remain unchanged.

Minor Changes

The Forest High School has determined some minor changes to the school day will help improve our student attendance and ease transport pressures for some cohorts of our school population:

1. **School commencing 5 minutes later at 8:40am.** A number of bus services routinely arrive between 8:35 and 8:40am. A high ratio of our late arrival students sign-in late because of these services and miss important communications and learning time.

The school will continue to provide active supervision for students 30 minutes before school.

2. **School concluding 5 minutes earlier at 2:55pm.** This will allow students to access a public bus that services Frenchs Forest Road West at 3pm. Many students rush across Frenchs Forest Road West at 3pm to catch this service, and an earlier finish time will support an orderly exit to catch this service. This will have the additional benefit of clearing the exits and footpaths of students walking home before the first school buses commence boarding.

Students who catch school buses will continue the current process of lining up under the COLA until their bus is called.

3. **The School Representative Council will continue to have their morning meetings,** with some minor changes to accommodate the new schedule.

Major Changes

The Forest High School has determined some major changes to the school day will help improve student wellbeing. The areas we are targeting with these changes are improvements in effective classroom management, student advocacy, and targeted intervention programs for students.

1. **Pastoral care will be enhanced through increased investment in targeted programs.** Our pastoral care time in the morning sessions have undergone several iterations and each evaluation has assessed these programs as having a low impact on student engagement, achievement, and wellbeing. By contrast, programs that are delivered to targeted groups of students for specific purposes report higher impacts. The teaching time released from these lessons will be utilised in the following ways:
 - Year Advisers will spend one period each week in a classroom with their year group. This will increase the connections with their students and provide additional support to teachers and advocacy for students.
 - Staff with specialist skills in student wellbeing will be allocated periods for regular small group interventions on issues that impact different cohorts across the school.
 - Some reductions in split classes, with increased teacher availability.
 - Additional funding for our support services, enhancing and increasing time for our Trailblazers program, Aboriginal Education Officer, and our above establishment Deputy Principal 3.
 - In school suspension program with a focus on rehabilitation and community service
 - Uniform Compliance Program

To facilitate this change while maintaining compliance with school administration, daily notices and roll marking for attendance will take place in the first 10 minutes of Period 1. This is considered non-teaching time, and will not be used for additional curriculum delivery. The exception is on a Tuesday, where daily notices will be read at assembly and year meetings.

2. **Tuesday's will now have a uniform day structure.** This will facilitate alternating assemblies and year meetings. The benefits of this change are:
 - One longer meeting each fortnight will allow Year Advisers to develop more meaningful presentations for their year group on important issues.
 - No cancelling of year meetings due to inclement weather.
 - Increased leadership opportunities for SRC in presenting at assemblies and Year Meetings.
 - From 2021 we cannot accommodate all students in the school hall for assemblies. Alternating weeks for juniors and seniors ensures regular assemblies can take place for all students.
 - During Year 11 and HSC examination periods, the time can be utilised for small group wellbeing workshops and presentations.