



Year 9 & 10

2022

Short Course Options

The Forest High School
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Year 9 & 10 Short Courses 2022

The short course program has been developed for the 3rd elective line for students in Years 9 and 10. Each course is 80 hours face to face and is delivered over one year.

The short courses complement the two 200 hour NESA developed courses students study across Year 9 and Year 10.

Students select ONE short course in Year 9 and ONE short course in Year 10. Students cannot study the same short course twice.

These courses are developed to engage students in active study, based around themes and interests and are taught by faculty specific teachers. Some short courses are offered because it is not running as a 200 hour course. Many of our short courses develop skills and experiences that prepare students for their senior years.

Please read the booklet carefully to understand the options available and whether they suit the individual interest of the students.

Course Fees

Some courses do not have a fee attached to them.

Other courses do require fees to cover the costs of materials, activities or outside agencies.

The contribution of fees covers the cost incurred by your student to participate in the course they choose. The short courses that incur fees will be invoiced in your annual school contribution invoice early in 2022.

Student Assistance Scheme

The School has limited funds to assist students and families. If you have difficulties in meeting the financial commitment of courses, please contact the Principal, Ms McDowall to request an application form for assistance. Applications will be confidential.



Acting 101

Acting 101 is a practical course designed to encourage individuals to “step out of their comfort zones” and to develop personal & group expression/performance skills through the art of theatre.

The study of acting increases self-confidence, builds collaborative skills and increases imagination and empathy.

In this course students will cover the following topics:

- Stagecraft
- Body Language
- Vocal Techniques
- Characterisation
- Script Analysis
- Improvisation

Students in this course will be given the opportunity to perform at various events and the chance to attend live theatrical performances.

Fee: Nil

“Acting is behaving truthfully under imaginary circumstances.”
-Sanford Meisner

Criminal Minds

What makes a person decide to break the law and what are the consequences of doing so? How can science be used to help gather evidence?

This 80 hour course investigates:

- The factors that influence why people commit crimes
- What constitutes a crime?
- The role of the police in the criminal justice system
- The forensic science used to gather evidence
- The people involved in the criminal justice system, (lawyers, forensic experts, judges, juries)
- The criminal trial process
- Sentencing and punishment



We will do this by following the progress of a budding criminal over the course of one year, culminating at the end of the course in a mock trial. Students will be using scientific processes in the laboratory to understand the techniques forensic scientists use today. Students will also have the opportunity to visit the Downing Centre Local and District Court and the Police and Justice Museum.

The course involves a mixture of project-based learning and scientific research, teacher instruction and a smattering of drama.

Fee: Nil

It is expected that a few excursions/incursions will be organised to support student learning.

Cultural Studies

Are you interested in travel and experiencing what the world has to offer? Do you like international films, TV shows or music? Do you find yourself enjoying the cuisine of other countries? Then this is the course for YOU!

Our world is a big, interesting and exciting place. In this course students will explore different aspects of culture from within Australia and around the world. They will increase their knowledge of different cultural practices, values, beliefs and heritages to form a broader worldview. This will enable them to understand and value inclusion, and to respect the rights of others. Culture Shock will inquire into other cultures from around the world and celebrate the wonderful diversity of humankind.

Assessment tasks will be a combination of project based learning and traditional tasks. These tasks are designed to be interactive, led by student choice, engage a variety of learning styles and celebrate diversity.

The core topic is 'Understanding Culture and Diversity in Today's World'. This topic requires students to understand culture, diversity and reflect on their own culture background. The class will then choose which topics they wish to cover from the following list:

- Option 1 – Culture and Beliefs
- Option 2 – Culture and Gender
- Option 3 – Culture and the Media
- Option 4 – Culture on the move
- Option 5 – Culture and Travel
- Option 6 – Culture and the Performing Arts
- Option 7 – Culture in Art and Architecture
- Option 8 – Culture in Film and Literature
- Option 9 – Culture and Sport
- Option 10 – Culture and Family Life
- Option 11 – Culture and Food
- Option 12 – Culture, Science, Technology and Change
- Option 13 – School Developed Option

Cost: Nil.

It is expected that there will be a number of cultural experiences organised such as visits to a temple or mosque and/or cultural centres, special lunches and films.



Harajuku girls in Japan



Holi festival in India



La Tomatina (tomato festival) in Spain



Kayan women with neck coils that elongate their neck in Myanmar

Digital Dynamite



Welcome to the digital age!

This course will dive into the many depths of the technology that surrounds us and that we use in our daily lives.

Students will develop and express their own ideas and perspectives on a range of issues that are important to young people today. They will work individually and collaboratively using an online workspace to plan and compose a variety of contemporary media and digital texts. This will involve online research, analysis and discussion.

Students will work on a digital project of their choosing with plenty of scope for creativity. Through collaboration on the design, development and publication of digital projects, students will develop an understanding of the online environment as a source of information and collaboration, and as an interactive workspace and publication source.

This course will cover:

- Creating effective digital advertising via platforms such as Facebook and Tiktok.
- Enticing your audience into the realm of video blogging or *vlogging*!
- Visual storytelling
- Responsible digital citizenship.

Course Fees: *Nil*



Get the look!

This course allows you to be creative and innovative by designing and making signature fashion items, developing your own style through the expression of individual ideas. No textile and design experience is necessary to undertake this course.

Explore fashion design and get inspired by leading international designers across the globe including Paris, Milan, New York, and Tokyo. From high fashion to high-street fashion, you will discover the latest trends and will design and make a range of textile items including maxi dresses, long and short skirts, oversized coats, kaftans, and jumpsuits.

In this course you will:

- Enhance your design skills
- Create and present good *fashion illustrations*
- *Master skills in using the sewing machine and the overlocker*
- *Develop pattern making skills to create a range of fashion items.*
- *Apply construction techniques to embellish and construct complete items*
- *Discover new and emerging technologies in this profession.*
- *Recycle favourite items into innovative products*



During the course you will engage with skills in a meaningful and practical way supporting you as you learn, upgrade skills or experiment with new ideas. There will be step by step guided demonstrations on how to create various items and as a result you will develop confidence and proficiency in designing and making the latest in styles in fashion.

A minimum of two units of work will be completed for the 100-hour course with each unit being developed from a different focus area which include: Apparel, Furnishing, Costume, Textile Arts and Non-Apparel. Practical work will occupy the majority of course time.

Fee: \$50



Great Battles in History

This course will take an in-depth look at some of the great battles of history, covering Alexander the Great's victory at Granicus River to Long Tan in Vietnam.

Students will learn about strategy, the development of weapons technology and the importance of effective leadership. This will provide them with a better understanding of the role these battles have played in shaping the world.

The choice of battles studied will be a class decision and may include battles such as the Battle of Thermopylae, Battle of Waterloo, Battle of Stalingrad, Battle of Normandy or the Tet Offensive.



Fee: Nil

It is expected that students will bring a laptop for this course. If they do not own a laptop then one can be organised for borrowing.

“Kiln Time”: Clay and Ceramics

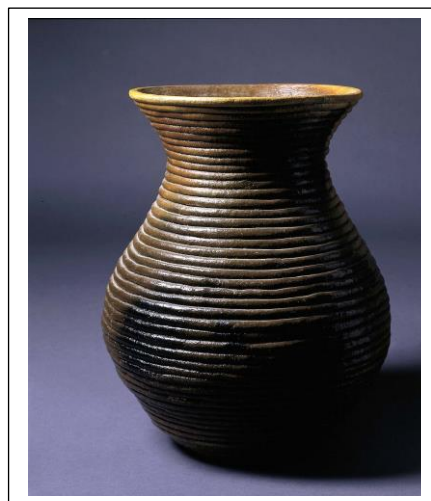
Ceramics is the art and technology of forming, firing and glazing clay to make a wide variety of products, ranging from traditionally functional ceramic ware such as plates, bowls, vases and drinking vessels, to contemporary art making including jewellery, sculpture and decorative wall surfaces.

Contemporary applications of ceramics are constantly expanding. New industrial and high technology uses are being found and artists and designers are exploring new expressive forms. Ceramics provides challenging work opportunities for students in such areas as studio ceramics, ceramic research, engineering and product design.

This course enables students to develop an understanding of ceramic processes and practices, and the ways in which these can be used in making a range of products. Students develop a critical appreciation of the historical, cultural, aesthetic, expressive and utilitarian qualities of ceramic forms in contemporary and past societies. They develop knowledge of the diverse applications of ceramics in contemporary society and ways of valuing the skills involved in making well-crafted forms. They also develop skills to give form to their ideas and feelings in ceramic products.

Main Topics Covered

- Workplace Health and Safety
- Hand-building Techniques
- Wheel Throwing
- Traditional Forms
- Sculptural Forms
- Kilns
- Underglaze and Glaze Technology
- Casting
- Surface Treatment
- Historical and critical studies
- Mixed Media
- Final Ceramics Project



The Occupational Health and Safety module is mandatory. The additional module Ceramics Project extends students' learning experiences and may reflect students' increasing interests and desire to specialise in one or more area of ceramics.

Particular Course Requirements

Ceramics Diary: Students will record all aspects of their practice including the development of ceramic works, media experiments, research and reflections and evaluations of the process.
USB: To save digital work files.

Students will have the opportunity to display their artworks at CAPA exhibitions such as (MADD Night and Stage 5 nights), through local community exhibitions and through national competitions.

Fee: \$50.00 for the year (covers all clay and glazes, clay tools, drawing materials, paper and any specialist materials used in the Final Ceramics Project).

Outdoor Physical Performance

The Outdoor Recreation and Fitness Industries are becoming increasingly popular avenues of employment for young people. This course will offer an introductory look skills required to develop and maintain training programs, assess fitness levels and implementing different training techniques focusing on outdoor environments, outdoor recreation and leisure. This course will introduce students to the fitness and recreation industry and establish a general understanding of this active, satisfying and fun career.

Employment skills gained – The Outdoor Physical Performance subject is designed to enable students to develop a range of technical, vocational and interpersonal competencies valued both within and beyond the workplace. They will also acquire underpinning knowledge and skills related to work and further education within the sport, fitness and recreation industries. It also provides for the development of employability skills such as communication and teamwork, which are transferable to other industry areas outside of Health and Fitness. Students will develop specific knowledge to gain employment in the Fitness and Outdoor Recreation Industry.

Incursions / Excursions

- Excursions to camping grounds, local gym, beach and outdoor recreation facilities
- Talks with current Personal Trainers and Recreational Professionals
- Activities
- Orienteering
- Camping
- Coaching camp; Refereeing
- Abseiling
- Bush Tucker/ Aboriginal perspectives
- Obstacle Courses
- Event Management
- Rope tying
- First Aid and more



Fee: \$275

A Beginner's Spanish course!!

¡Hola y buenos días!

¿Quieres hablar español? Do you want to learn the language of some of the world's most famous soccer players? What are the origins and significance of Spanish-style bullfighting (corrida de toros)? What are the secrets behind the delicious paella? Fear no more, these questions and more will be answered through this exciting new Spanish short course offered at The Forest High School!



Students will be equipped with basic Spanish language including:

- The alphabet and numbers
- Greetings and introductions
- Spanish numbers, time, alphabet, colours, nationalities and professions
- Accommodation and travel
- Weather, seasons and places
- Likes and dislikes
- Family and other relationships
- Shopping and spending
- Physical appearance and character

By the end of the course student will be able to:

- Have a simple conversation in Spanish
- Ask and answer a range of questions
- Understand the culture and customs of a variety of Spanish-speaking countries.

This course will embark on an intriguing exploration through the fascinating history and cultures of Hispanic countries. Join the quest as we journey through the treacherous mountains of Andalusia, hike through Panama's *Lost Waterfalls*, learn of the captivating quest of the conquistadors and float through the magnificently majestic walls of Spain's treasured palace and fort- Alhambra.



Fee: Nil

¡Hasta La Vista!



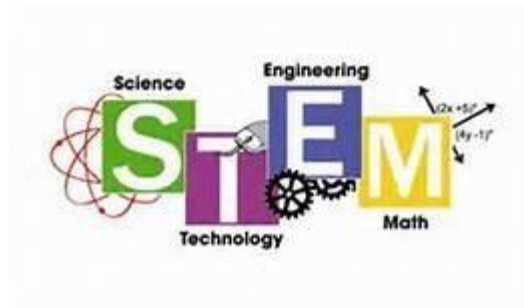
STEM

The importance of STEM disciplines for the future economic and social well-being of Australia cannot be underestimated. International research indicates that 75 per cent of the fastest growing occupations require STEM skills and knowledge. In the US STEM employment grew three times more than non-STEM employment over the past twelve years and is expected to grow twice as fast by 2019.

Students will study a variety of themed units of work focusing on the application of science, technology, engineering and mathematics to real life, through inquiry based learning techniques.

Students will be develop their ability to question, research, generate and analyse data, solve problems and evaluate solutions. Students will use these skills to work collaboratively to create possible solutions to complex problems that face our next generation.

Fee: \$10 to cover project materials



Work Education

The Work Education syllabus provides students with an opportunity to develop knowledge and understanding of the world of work, the diverse groups within the community, and the roles of education, employment and training. They develop an understanding of the world of work as dynamic, how and why it may change, and what this may mean for their future.

Students develop knowledge and understanding of:

- the world of work
- roles of individuals and diverse organisations within the local and Australian community
- the role of education, employment and training in planning and managing transitions.

Skills Students develop:

- skills related to workplace contexts, entrepreneurship and managing transitions
- research and communication skills that relate to the world of work.

Values and attitudes Students value and appreciate:

- the importance of lifelong learning and its role in planning future pathways
- the benefits of collaboration and the contribution of diverse organisations to the community
- the significance of applying ethical, responsible and accountable practices in work and the community for individuals and organisations.

Community and Work Based Learning Opportunities		
<ul style="list-style-type: none">• direct involvement in the workplace• visits to and from private and public enterprises and community organisations• use of various media sources• industry, community, career or problem-based projects	<ul style="list-style-type: none">• visits to and from industry experts, employers, employees, self-employed people• interviews with industry experts, employers, employees, and self-employed people• labour market research• engaging with work-related education programs.	<ul style="list-style-type: none">• ‘career taster’ days• mentoring and shadowing• use of work-related simulations and role plays• virtual tours of industries and workplaces• use of part-time work, unpaid work or community-based volunteering currently undertaken by students