

**RELIEVING PRINCIPAL**  
Mr Nathan Lawler

**DEPUTY PRINCIPAL**  
Ms Kelly Johnson  
Ms Mirjana Simic

30 January 2023

Dear Parents and Caregivers

- Online sports selections will occur this Wednesday, 1st February 2023 during sport time
- Online selections will close on Monday 6 February 2023 at 5 pm
- **The Sports Organiser will select for students after this time**

Please have a discussion with your student about the sports they are going to choose and if they are selecting fee paying sports. Please confirm with your child that you are willing to pay for the sport. There is a 2-week grace period for payment. After this time your child will automatically be placed in a free sport if the fee is not paid. Selection is final and no movement can occur once payment is made. Should your student be unable to attend their paid sport due to medical reasons a medical certificate and written explanation will be required. Refunds unfortunately are not available as we must pay upfront for venues and buses. Credit may be considered on a case-by-case basis. Please note financial assistance does not cover sport incurring fees as there are plenty of free sport options available.

The following sports will be available to select from:

- Aussie Gems (Cheerleading and Gymnastics) - \$90.00 (12.30 -1.30 pm)
- Badminton – Free
- Basketball – Free
- Beach Fitness - \$100
- Beach Volleyball - \$120 (Coach will be provided for the first 2 weeks)
- Futsal at Wakehurst - \$130
- Handball/ Table Tennis – Free
- Kayaking (Narrabeen Lagoon) - \$190
- Mountain Biking (Beginner Riders) - \$200 - (An additional cost of \$20 a week will apply if bike hire is required)
- Netball – Free
- Power Walking – Free
- Skateboarding and Scooter Riding - \$100
- Soccer/Touch – Free
- Surfing Experienced - \$180
- Surfing Inexperienced - \$250
- Tennis - \$130
- Theatre Sports - Free
- Weight Training - \$30
- Yoga - \$100

Thank you for your assistance with and support of The Forest High School Sport Program

Ms L Chaloner

Sports Organiser