

# TFHS Alumni Profile

## Ingrid Frew



### Cohort:

2016-2021

### HSC Subjects:

English Advanced, Mathematics Advanced, Mathematics Extension 1, Legal Studies, Modern History, Society and Culture, PDHPE

### Extracurricular Involvement:

Interact Club, Knockout sports team (softball, netball and basketball), World Challenge to Nepal, Zone Athletics .

### What are you doing now alongside Forest?

I'm currently in my second year at university studying full-time. I am at Macquarie University studying a Bachelor of Law with a Bachelor of Security Studies.

### What is a fond memory you have of Forest?

A favourite memory of mine from Forest was going to Nepal in 2019 for a month with World Challenge. World Challenge is an organisation that facilitates overseas trips for high school students, encouraging leadership and independence, in addition to amazing experiences, through student-led expeditions. I went with about 20 other students, most of them from Forest, Stephen Davies (Head Teacher TAS) and World Challenge leaders. We went to Kathmandu, Pokhara and Chitwan,

where we went hiking, sightseeing, which included visiting cultural sites, Chitwan National Park and lots of shopping, and also did a community stay in a local school in Pokhara.

### Describe your ongoing relationship with the school

I have been a Trailblazer for the last year, where I have worked to tutor senior students in the subjects I did during my HSC. This includes one-on-one sessions with students to provide any assistance in terms of their work, assessments or life as a senior student in general, as well as attending senior classes. I work one day a week on Thursdays, and am also here for the Monday afternoon programs in the library. I really enjoyed my time at Forest as a student and that has continued as a Trailblazer. I also stay connected with the school through attending school based events since leaving Forest, including the 2022 musical, as well as awards nights since my brother is still a student.

