

The 2016 annual Forest High swimming carnival was a great success, seeing all the amazing talents taken place in the pool was unbelievable. The enthusiasm from each and every swimmer was something that was shown to all teachers, parents and students throughout the day. The atmosphere had an impact of students participating and feeling comfortable in having a go.

Swimming carnivals allow students to collect points for their house, reach goals whether they are individual goals or to reach higher levels, to swim at the best of their ability and most importantly to have a go. Collecting house points don't always go towards the people who compete but they also had an impact on the audience's encouragement! From the help of the house captains, fellow senior students and of course the crowd had enabled encouragement to each student who was competing and had also brightened up the mood in the stands. Up in the stands, the year 12's had went beyond their intentions to start a Mexican wave, which did take a few rounds to get everyone motivated and in the mood, by the end it had increased the chants and cheering up in the stands, the line of which 'Doddsy' was used multiple times. The seniors on the other hand were waiting patiently all day for the muck up race which took place in 50metre butterfly coming to the end of the carnival. The use of fluoro colours and dress ups was a standout throughout the race, but us year 12's were happy enough to finish off our last swimming carnival experience with what we call a 'muck up race'.

A big mention to the house captains who had been a great help in organising their house, the relays and supporting the students to cheer and swim. James Surace and Ashley Pierce encouraging Zeus, Caitlyn Callaghan and Jeremy Laface supporting Ares, Saxon Illingworth and Lachlan Hill taking on Poseidon and Darcy Bornstein and Rachelle Tacadena in for Athena.

James Surace the Zeus captain had said "The Zeus house showed leadership and unity. Although they didn't perform the best out of all 4 houses shown in the house points they had shown leadership, encouragement, and they were very supportive not only towards Zeus but towards other houses to do the best in each event. There was not one moment where Zeus sat in silence and not one moment I saw a frown on any competitors face. The Zeus house acted as a family, keeping our area clean and encouraging one another to compete in the events to come. I as a captain could not be more proud of how each

competitor performed and I urge them to keep it up in the future carnivals of 2016”.

From Ares perspective Caitlyn’s report had shown positive remarks “This year Ares performed to high standards with the junior years putting in the effort to get our house the most points as possible. The senior years also gave many different races a go and that was extremely pleasing to see. All this effort from all individual students who represented Ares assisted individually in getting our house to come second place. Well done to everyone who had participated.”

The house captain of Athena Darcy Bornstein had written “Athena had a pretty decent turnout, consisting of more junior years competing to the best of their ability. The enthusiasm was ok. It was good when we got the Mexican wave going. I had heaps of fun running Athena, definitely need to work on my motivational skills for upcoming carnivals to get more students to participate and have a go”.

The house captain of Poseidon Saxon Illingworth had seen great enthusiasm in the pool. “Today was yet another successful carnival for Poseidon. The day started slow as people were nervous about their first race of the day. As the day’s progression unfolded, so did Poseidon’s enthusiasm, with our house creating multiple Mexican waves and house chants for all swimmers. Overall Poseidon had a successful day and it was great to see so much involvement by not only the seniors but also the juniors.”

We would also like to give a big congratulations to all competitors and participants, those who are going to zone carnivals and also the age champions of 2016!

A big Thankyou to all the teachers for their time and help throughout the day, we all really appreciate the hard work and encouragement that has all been put in to make this swimming carnival a great day.

Thankyou!

Indiana Brown and Sateki Latu

Sports Captains, 2016