



Message from the Principal



ORIENTATION DAY

On Tuesday we welcomed 140 Year 6 students and their parents into the school for Orientation Day. Students first heard our Wind Ensemble which featured a handful of primary school students who had come in extra early to fit in a very quick rehearsal and join the band for the first time. Ms Stuart who will be their Year Adviser and myself and P&C President Kelly Barr-Jones addressed students and parents. The message was hopefully clear – We welcome you, accept you and you are now part of the team. After the formal greetings our eager Year 6 students were matched with their Year 9 Peer Leaders. Throughout the morning our Peer Leaders did an excellent job inducting our new group into the school. Both Mr Argue and Mr Moore have done an excellent job preparing our Year 9 student for this very important role. A huge thank you to Mrs Collins and all the staff and students who assisted to make this such a successful day.

CAREERS WEEK

This week our Year 10 students participated in several activities for Careers Week. This included:

- an interview skills workshop
- careers profiling to help them find out what careers they might be suited to
- completion of a careers research task
- guest speakers from industry including social work/psychology, law, trade and apprenticeships, engineering, business and real estate
- excursion to Macquarie University

Many thanks to our Careers Adviser Ms Williams for providing students with these opportunities.

WIZARD OF OZ MUSICAL

The countdown is on. If you don't already have your ticket you can order here:

<https://www.trybooking.com/CEARB>

There will be 3 shows next Wednesday, Thursday and Friday evenings.



TIBETAN COMMUNITY FUNDRAISER

Ms Weatherall has been instrumental in organising a fundraiser for our Tibetan community. She sets the highest possible standard in her role of EAL/D Coordinator and this is just another example of her skills in bringing community together for a worthy cause. Boxes of momos were very popular during lunch break today and it was a nice opportunity for our students to learn more about Tibetan culture and food. It was a team effort with over 20 Tibetan parents and community members coming together offsite to cook. A huge thanks to One Meal who kindly paid the invoice for the hire of the commercial kitchen which was used earlier today. We will publicise in next week's newsletter how much was raised.

MOBILE PHONES

Earlier this year we communicated the concerns we had around mobile phone use throughout the day at school. Our parent survey feedback aligned with data collected from staff. Phones have been causing distraction in class. The Forest High School is moving steadily towards the creation of a phone free space. Smart phone dependency is increasingly becoming a problem for all people and research points to evidence of the serious implications on concentration and learning. Please keep an eye out for an email next week detailing our plan.

YEAR 7 SWIM SCHOOL

Next week Year 7 will attend Swim School for two days at Manly Swim Centre, followed by a beach day on the following Monday. This is a compulsory component of the Aquatics section of the PDHPE syllabus. This year the PDHPE Department have managed to secure two grants and the school has contributed some of the funds brought in through hiring out the school gym to the Swim School budget. This has enabled the school to subsidise half of the cost of Swim School this year, bringing the total cost of Swim School down from \$120 to \$60. Unfortunately, rising bus costs have contributed to increasing prices for activities like this. We look forward to reports of learning and fun from the water's side from Year 7.



FRIENDLY SOCCER GAME

There will be a friendly soccer game on the school oval next Tuesday 6 December at 7.30am. All welcome, students from any year.

Upcoming Events

7,8 & 9 DECEMBER

Wizard of Oz School Musical - 6.30pm

8,9 & 12 DECEMBER

Year 7 Swim School

TUESDAY 13 DECEMBER

Presentation Night - 7.00pm

WEDNESDAY 14 DECEMBER

Year 9 Raging Waters Excursion

THURSDAY 15 DECEMBER

Year 12 2022 Morning Tea

FRIDAY 16 DECEMBER

Christmas Assembly
Last day of school for students

TERM 1 2023

THURSDAY 26 JANUARY

Australia Day Public Holiday

FRIDAY 27 JANUARY

School Development Day - staff only

MONDAY 30 JANUARY

School Development Day - staff only

TUESDAY 31 JANUARY

Years 12, 11, 7 and Peer Support return

WEDNESDAY 1 FEBRUARY

Years 8, 9, 10 return