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The Forest High School

# Message from the Principal





#### SILVER ASSEMBLY

On Tuesday morning we held our bi-annual Silver Assembly. Those students who have received 50 merits were recognised on stage with a silver certificate. In addition to this students were also recognised for their achievements in Creative and Performing Arts and Mathematics. It was also an opportunity to induct our Student Representative Council for 2023. Many thanks to our past captains who returned to present the respective badges to our school leaders including: School Captains, Vice captains, Sports captains, Environment captains and CAPA captains. A huge thank you to Mrs Gourlay for her seamless organisation. It's always nice recognising students and this was also an opportunity for our Wind Ensemble and Choir to showcase their talents.



#### Our 2023 Captains are:

School Captains - Erin Steele, Callan Wee Vice Captains - Holly Sercombe, Rio Nunura Sports Captains - Isabel McPherson, Gracie Barr-Jones

**Performing Arts Captains** - Aya Ghachi, Charlotte Jones

**Environment Captains** - Lily Rowe, Willow MacLean

**Prefects** - Alissa Bolen, Chansatha Chor, Dominic Garner, Cristian Mitchell, Stella Nguyen Congratulations to these students and we wish them well in their 2023 SRC roles

#### SUPPORT UNIT

Support unit students have been raising funds for their end of year excursion to Chinatown. Over the past fortnight students, supported by Support Unit staff, have been selling spices. The sales pitch that went with the products was very impressive. Unit staff and students are also fundraising for The Salvation Army Christmas Appeal - more details about this are on the next page.





## The Salvation Army Christmas Appeal

Our students in the Support Unit are collecting donations for the The Salvation Army Christmas Appeal - donations of non-perishable Christmas food - cakes, puddings, biscuits, crackers, minced fruit pies, long-life custard, treats, etc. Donations by 14 December to the print room. Thank you help us support those in need in our community.

#### 'TOMORROW MAN' & 'TOMORROW WOMAN'

On Thursday our Year 10 students were engaged in the very popular and highly regarded 'Tomorrow man' and 'Tomorrow Woman' programs. These sessions are designed to provide students with the self-awareness to realise their potential. Many thanks to Year 10 Adviser Ms Turner for arranging this valuable opportunity.

#### MUSICAL REHEARSALS

The Wizard of Oz Musical is fast approaching. We are excited for the shows on 7, 8 and 9 December from 6:30pm. 2 weeks to go. Students were rehearsing all day Thursday and Friday. The commitment from students and staff is immense with all at school until 8pm on Thursday evening. Looking forward to seeing so many of our students involved. Book tickets here: https://www.trybooking.com/CEARB





### Space Camp 2024

As previously communicated, we are looking into running a Space Camp in 2024. Here are some memories from Ms Roberts, one of our Science teachers, from the last Space Camp we ran in 2019 to give you an idea of what a fantastic opportunity this is for our students..



In 2019, Mr Dodds and I took 17 Forest students to The U.S. for a trip of a lifetime – Space Camp. The two-week April school holiday adventure included:

- One week at Space Camp Huntsville, Alabama where the students trained as basic astronauts, designed and built rockets, completed weightlessness training, defeated obstacle courses and flew on simulated missions to space
- Three days in Washington D.C. where we visited several of the famous Smithsonian museums, had a guided tour of the Senate building (with way too much marble) and a night bus tour of the highlight the city has to offer
- Three days in Orlando, Florida here we didn't stop with indoor skydiving, shopping, airboats on the Everglades, visit to Kennedy Space Centre to have lunch with an astronaut and a full day at Universal Studios



#### The success of the trip cannot be underestimated.

Proudly, completing with 10 other teams, The Forest was awarded one of only 3 prizes at the end of their training – Best Team Award. This is an even greater accomplishment due to the students being from 5 different year groups (8 to 12) who had not worked together before the trip yet came together so successfully as a team!

> We are looking into a possible future trip during the April holidays in 2024 . Any interested students can see Ms Roberts in the Science staff room.

## **Upcoming Events**

#### MONDAY 28 NOVEMBER

Meet the Principal - 9am Year 10 Champiions Presentation Year 10 Careers Week

#### **TUESDAY 29 NOVEMBER**

Year 7 2023 Orientation Day

#### 7,8 & 9 DECEMBER

Wizard of Oz School Musical - 6.30pm

#### 8,9 & 12 DECEMBER

Year 7 Swim School

#### **TUESDAY 13 DECEMBER**

Presentation Night - 7.00pm

#### WEDNESDAY 14 DECEMBER

Year 9 Raging Waters Excursion

#### THURSDAY 15 DECEMBER

Year 12 2022 Morning Tea

#### FRIDAY 16 DECEMBER

Christmas Assembly Last day of school for students

#### CRICKET

Congratulations to our junior and senior T20 cricket teams who competed in the Manly Shield and the Manly Cup respectively this week.

We saw our talented players produce some impressive bowling, fielding and batting across both days. More importantly though, our teams played with outstanding camaraderie, teamwork and sportsmanship in all of their matches.

We are especially proud of our result in the Manly Cup, with our senior team putting on an incredible performance to knock off a very talented St Paul's side to qualify for the semi-finals. A special congratulations to Jake Hutchings, who dominated with the bat and finished on 42 not out, leading our Forest team to victory in just 9 overs.



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2023 Yarrabee Film Festival

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The Forest High School presents...

2023 Yarrabee

**Film Festival** 

See Ms Nixon in the English Faculty or check Sentral for entry details