



Message from the Principal



OUR EXAMS COME TO AN END

Our Year 12 students have now officially finished. Our Physics students completed the final piece of the puzzle as they worked through a challenging 3 hour paper. Congratulations to all of our Year 12 students and their teachers on a huge effort. For our other year groups, our Hall and Library will now once again be available to students.

OVAL

Our Oval is now back in use. We have not been able to use this valuable resource since Week 3, Term 1. With a week of sunshine coming up it is hoped we can have use of this space for the remainder of the term. There were many students taking advantage of the Oval during break times this week. The Working Bees in Term 2 have paid off.



ASSESSMENT PERIOD - PREPARATION IS KEY

For many students they will have assessment tasks over the coming weeks. To support students, we have our Monday afternoon study/tutorial sessions. Our four Trailblazers who join each Monday afternoon will support students with:

- Exam preparation
- Assignments and homework
- Specific literacy support as identified in each students individual assessment data

Encourage your child to come along this Monday and join our past high achieving alumni students Marcus, Sam, Ingrid and Isabelle.

LUNCHTIME YOGA

Each Tuesday during lunchtime we have Yoga available to students. Our instructor Fiona will talk students through different movements and provide advice on calming techniques. On Tuesday the session will be held in the Hall.

TTFM SURVEY LINK

We value your feedback. The *Tell Them From Me* survey is designed by the Department of Education to help us hear from you on what we as a school are doing well and how we can do better. It is anonymous and your participation would be greatly appreciated and will help us in our school planning.

You can start the survey using the following link:
<http://nsw.tellthemfromme.com/tfhs2022>

COMMUNICATION

We are finding that some students are presenting at The Office after already having contacted a parent to be collected. Please note that these are the correct steps:

1. Student presents to Office if feeling unwell.
2. Office contacts parent/carer for collection.

If a student has an appointment an email should be sent no later than the morning of the appointment to:

theforest-h.school@det.nsw.edu.au

A pass out slip will be sent to the student in class before the appointment time.

APPLYING FOR LEAVE

If a student is needing to take leave they will need to collect a leave form from the School office. Please note that holidays should be booked during school holiday period. This is particularly important for senior students who must follow the procedures set out in the assessment booklets.

If you are moving out of the area and not returning in 2023 please contact the School Office and notify us no later than Tuesday 8 November.

SCHOOL BYTES THE PARENT PORTAL NEW FINANCE MODULE

We are excited to announce our school will be transitioning to an upgraded School Bytes finance system on 9 November 2022!

In preparation for the transition to a simplified finance system for both you and the school, we will be required to implement a short payment lockout period where we will not be able to receive any online or EFTPOS payments.

What this means for you

- No payments can be made online or via EFTPOS from 4pm, Friday 4 November
- Payments can resume from Wednesday 9 November
- Any existing payment links that have been sent to you previously in emails can still be used after the transition and will automatically redirect to the new system
- After the transition, a School Bytes portal will be available for you to register and begin using <https://portal.schoolbytes.education>
- All previous payments made will be migrated to the new School Bytes finance system and portal

What is the School Bytes portal

The School Bytes portal provides flexibility for you to conveniently:

- Make school payments online (including paying for multiple siblings at once)
- Use a family credit to pay for an activity or school contributions
- Download a receipt for payments made
- View all historical payments in one place
- Complete and submit digital permission notes
- View the status of all permission notes
- Request a refund if required

This can be done where you want at any time: day or night.

Through the portal, you will easily be able to download a receipt once a payment has been made and have access to view all historical payments when needed. Online payments are processed in real-time and can be viewed by school staff immediately.

While our preference is for payments to be made via the portal, we will still accept payment via cash, cheque, money order and EFTPOS.

VAPING - WHAT PARENTS AND CARERS NEED TO KNOW WEBINAR

On the following page are details of a webinar for parents and carers "Vaping - what parents and carers need to know" which will be held on Thursday 10 November 2022 from 7-8pm. The webinar will be hosted by the P&C Federation with NSW Health and the NSW Department of Education. The following panel will be at the webinar to share information and answer your questions:

- Dr Kerry Chant, Chief Health Officer and Deputy Secretary, Population and Public Health, NSW Ministry of Health
- Renee West, PDHPE Curriculum Adviser 7-12, NSW Department of Education
- Dr Bronwyn Milne, Head of Department Adolescent Medicine, Sydney Children's Hospital Network, Staff Specialist Paediatrician and Addiction Medicine Specialist

Register now:

<https://www.pandc.org.au/vaping-webinar/>

Upcoming Events

FRIDAY 11 NOVEMBER

Year 12 Clearance

MONDAY 14 NOVEMBER

Meet the Principal School Tour - 9am

<https://www.picktime.com/TFHS/MeetThePrincipal>

MONDAY 14 - FRIDAY 18 NOVEMBER

Band Tour

WEDNESDAY 16 NOVEMBER

P&C Meeting - 7pm

TUESDAY 22 NOVEMBER

Silver Assembly

7, 8, 9 DECEMBER - 6.30PM

School Musical - The Wizard of Oz

See flyer on page 6 in this message

DO YOU KNOW WHAT YOU'RE VAPING?



Vaping – what parents and carers need to know
Webinar for parents and carers
 Thursday, 10 November 2022, 7:00-8:00 pm AEDT

P&C Federation is co-hosting this webinar with NSW Health and the NSW Department of Education to help parents and carers understand more about the facts on the health risks of e-cigarette use (vaping). You will learn about where to find more information including the NSW Government's 'Do you know what you're vaping?' campaign and [Vaping Toolkit](#).

Webinar overview

This webinar will answer your questions about vaping:

- What are the harms of vaping?
- What is the impact of nicotine on young people?
- What are signs to look out for to know my child is vaping?
- What are the sources of support to quit nicotine (smoking and vaping)?
- What can I do to support my child?
- Is the sale of vapes legal? What is the situation for children under 18 years of age?
- What are schools doing to address vaping?

Panellists

The following panel will be at the webinar to share information and answer your questions:

- Dr Kerry Chant, Chief Health Officer and Deputy Secretary, Population and Public Health, NSW Ministry of Health
- Renee West, PDHPE Curriculum Advisor 7-12, NSW Department of Education
- Dr Bronwyn Milne, Head of Department Adolescent Medicine, Sydney Children's Hospital Network, Staff Specialist Paediatrician and Addiction Medicine Specialist

P&C Federation President Natalie Walker will facilitate the webinar.

At the conclusion of the presentation, there will be the opportunity for attendees to ask questions of the panel.

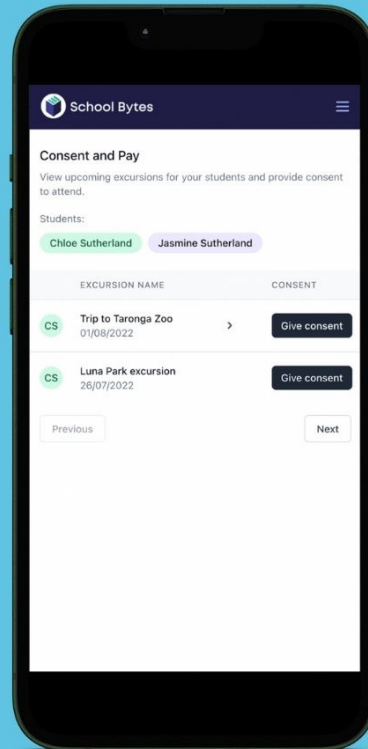
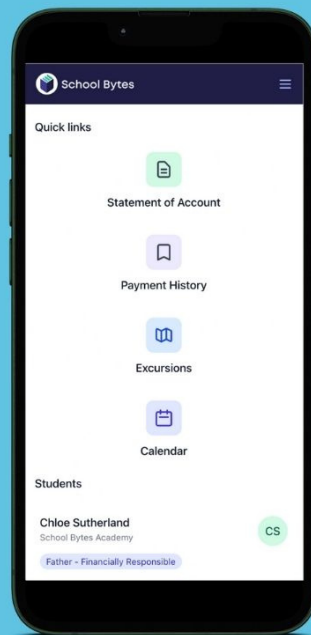
Register now: <https://www.pandc.org.au/vaping-webinar/>

Co-hosted by:



COMING SOON!

We are excited to announce our school will be transitioning to a more flexible and simplified way parent/carers can make payments



The Parent Portal

- Easily make a payment online
- Download your receipt
- Sign and return permission notes digitally
- Use any credits on your account to make payment
- View your complete payment history
- Request a refund

AVAILABLE FROM

TERM 4

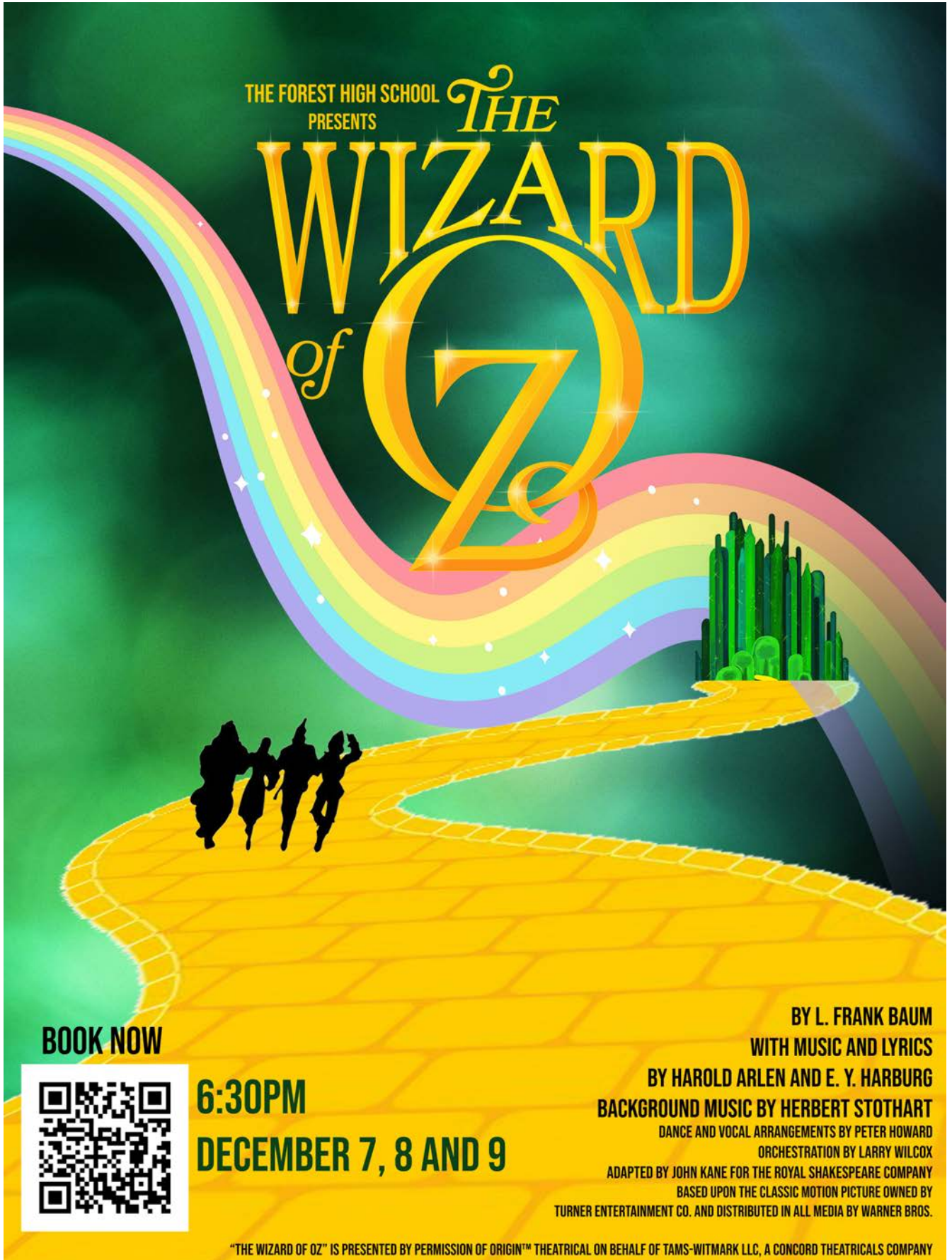


School Bytes

Register for the Parent Portal via the QR Code or visit

<https://portal.schoolbytes.education>





THE FOREST HIGH SCHOOL
PRESENTS

THE WIZARD of OZ

BOOK NOW



6:30PM
DECEMBER 7, 8 AND 9

BY L. FRANK BAUM

WITH MUSIC AND LYRICS

BY HAROLD ARLEN AND E. Y. HARBURG

BACKGROUND MUSIC BY HERBERT STOTHART

DANCE AND VOCAL ARRANGEMENTS BY PETER HOWARD

ORCHESTRATION BY LARRY WILCOX

ADAPTED BY JOHN KANE FOR THE ROYAL SHAKESPEARE COMPANY

BASED UPON THE CLASSIC MOTION PICTURE OWNED BY

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