



Message from the Principal



MUSICAL

For parents and carers that were able to get along to our School Musical no doubt you were super impressed by the professionalism of our students and staff. It was awesome to see so many past students come back to direct, perform or lend a hand. For the students involved they will remember this experience for the rest of their lives. Watching those students involved walk a little higher around the school reminds us of the importance of extra curricula activities. We could spend huge sums of money on external providers to run wellbeing programs; however, nothing quite compares to the impact a school musical can have on those involved. The final performance will be at 6.30pm tonight. A complete report will be communicated in our final newsletter for the year next week.



SWIM SCHOOL

Year 7 students, Year 9 and 10 Fitness Leader students and our PDHPE staff have been down at Manly Boy Charlton Pool Thursday and Friday this week. Students learnt about all things water safety engaging in a number of workshops both in and out of the pool. All students represented the school well and we were particularly impressed with our Year 9 and 10 swim safety coaches. Many thanks to our PDHPE faculty for running such a worthwhile program. On Monday students will put their new found skills to use at the beach.



YEAR 9 DIGITAL THUMBPRINT

On Monday, our Year 9 students spent time engaging in a cyber safety workshop. Optus Digital Thumbprint workshops are designed to teach young people to participate safely online, with the tools they need for positive, responsible and authentic experiences.

YEAR 10 CAR MAINTENANCE

On Tuesday we welcomed Galmatic who delivered car maintenance workshops to our Year 10 students. Students had the opportunity to dive in under the bonnet checking the oil, coolant, fluids and battery and then look at tyre changing in an intensive, interactive and hands-on workshop. Ms Courtney in partnership with the P&C made these valued workshops possible.



GO FOUNDATION GRADUATION

Many thanks to Ms Chaloner who attended the Go Foundation Awards Ceremony on Thursday evening at the Australian Museum. The Go Foundation provide scholarships to Indigenous students from primary school through to university, to students who live on country, in community and with family. The assistance gives GO students access to the tools and resources they need, and the Ecosystem provides them with opportunities to broaden their perspectives. The evening provided a final opportunity to farewell Nateya T who recently graduated from The Forest High School.

HIGH RESOLVES

This week we had Year 8 and 9 students engage in the High Resolves program. The facilitators from High Resolves guided students through highly interactive workshops that encourage them to think differently, question, collaborate and problem solve. Students were given different issues to work through in small groups and present how they would respond. Many thanks to Mr Argue for coordinating this initiative.

Upcoming Events

TUESDAY 13 DECEMBER

Presentation Night - 6.45pm for 7.00pm start

WEDNESDAY 14 DECEMBER

Year 9 Raging Waters Excursion

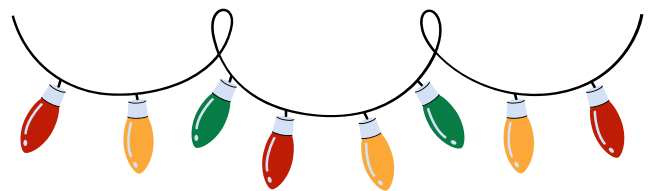
THURSDAY 15 DECEMBER

Year 12 2022 Student Morning Tea

FRIDAY 16 DECEMBER

Christmas Assembly

Last day of school for students



TERM 1 2023

THURSDAY 26 JANUARY

Australia Day Public Holiday

FRIDAY 27 JANUARY

School Development Day - staff only

MONDAY 30 JANUARY

School Development Day - staff only

TUESDAY 31 JANUARY

Years 12, 11, 7 and Peer Support return

WEDNESDAY 1 FEBRUARY

Years 8, 9, 10 return

A SAFETY MESSAGE FROM THE AUSTRALIAN CENTRE TO COUNTER CHILD EXPLOITATION

The Australian Federal Police through the [Australian Centre to Counter Child Exploitation](#) is seeing a concerning global trend of teenage males being targeted to send explicit images of themselves and then blackmailed. This is called sexual extortion, or sextortion.

The AFP is urging families to have important safety conversations ahead of the school holidays to prevent young people from becoming victim. This crime can have serious wellbeing and psychological impacts.

How does sextortion start?

- Unsolicited friend and follow requests on social media
- Direct messages on one app and then being asked to keep chatting on a secondary app
- Conversations suddenly and quickly becoming sexualised
- Requests for sexualised images or content

What can families do?

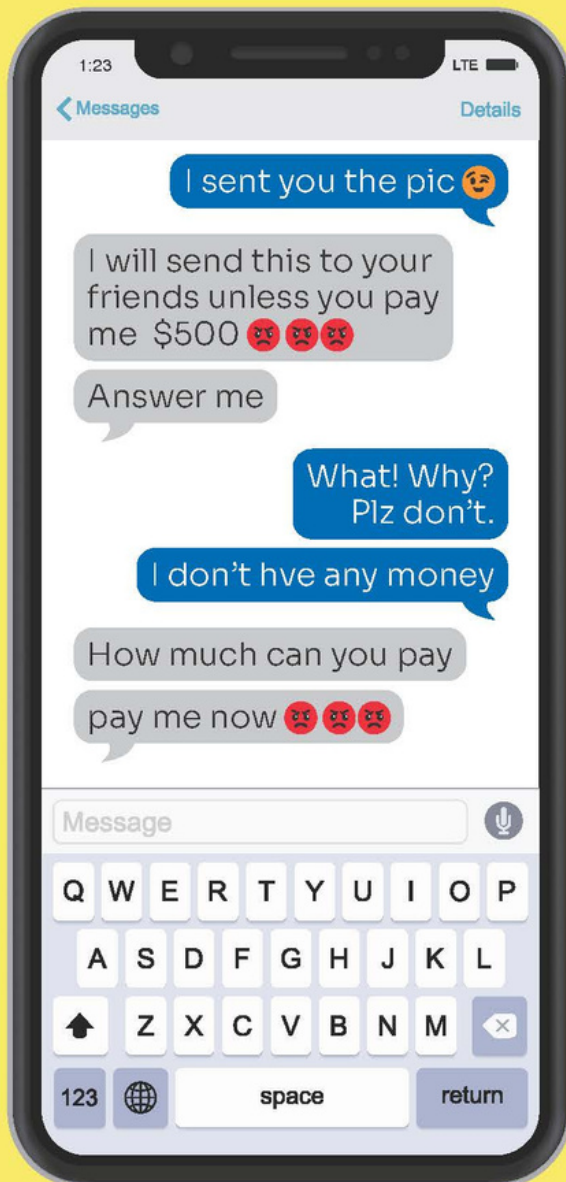
- Have open and regular conversations about your child's online activities and interactions
- Know what platforms, apps and games they are using and who they are interacting with
- Remain open and approachable, victims will be reluctant to come forward if they feel they will be punished or blamed
- Ensure your child knows that it is okay to leave conversations if they feel uncomfortable or unsafe · Support your child and know how to respond. The [Online blackmail and sexual extortion response kit](#) has been created to recognise sextortion and get help

The Australian Centre to Counter Child Exploitation is here to keep young people safe from online sexual exploitation and abuse.

You can make a report via accce.gov.au/report

For further information, resources and advice visit thinkuknow.org.au

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This is sextortion.

It's a scam.
And it's trending.

You can make it stop.

- ✓ **Do** stop the chat
- ✓ **Do** take screenshots of the text and profile
- ✓ **Do** block the account and report it to the platform
- ✓ **Do** report to the ACCCE
- ✓ **Do** get support

- ✗ **Don't** send more images
- ✗ **Don't** pay
- ✗ **Don't** respond to demands
- ✗ **Don't** enter into further communication
- ✗ **Don't** think you're alone

If you're under 18, we can help.

The Australian Centre to Counter Child Exploitation is here to keep children and young people safe from online sexual exploitation and abuse.



To report or get help:
accce.gov.au



Australian Centre to Counter Child Exploitation



If you're in a life-threatening situation, call Triple Zero (000).

The eSafety Commissioner can help to remove naked or sexual images shared online without your consent: [eSafety.gov.au](https://esafety.gov.au)

