



Respect, Responsibility, Personal Best

135 Frenchs Forest Road, Frenchs Forest NSW 2086

t: 02 9451 5111 f: 02 9975 3293

email: theforest-h.school@det.nsw.edu.au

website: www.theforesthighschool.com

Newsletter Week 5 Term 3, 2016

Principal's Report

MADD (MUSIC, ART, DANCE AND DRAMA) NIGHT

Next Wednesday 24th August commencing at 6.30pm is MADD Night. I strongly encourage students, parents and staff to attend this stunning showcase of the project work of our Creative and Performing Arts students. The following evening commencing at 7.00pm is our Senior Soiree, which showcases the works of our HSC visual arts students. Both nights are wonderful celebrations of the school community in acknowledgement of the outstanding work of Forest High School students.

SENIOR CURRICULUM REVIEW

We have commenced a formal, external review of the senior curriculum and we will be finalising that review early in Term 1, 2017. Kim Jackson, the former Principal of Killarney Heights High School, is looking at a wide data set and will be surveying the school community and perhaps conducting some focus group interviews as well. I will keep you updated in relation to the findings of the review.

NAPLAN

NAPLAN results have been released this week and a quick analysis indicates that our students have generally performed very well. We will present the NAPLAN results to the P&C at the next meeting when we have had the opportunity to do a thorough analysis and I will also publish them in the next newsletter. All Year 7 and 9 students will receive their NAPLAN results this week or early next week and parents and carers should look out for them in school bags.

DETAILED DESIGN OF PROPOSED PROPERTY WORKS - THE FOREST HIGH SCHOOL

We now have the detailed design of the property works that will be undertaken by Ferrovial York (RMS's Contractor). The Department's Assets Management Unit and State Office have now signed off so the work can commence. The first works are likely to occur in the September holidays. The school grounds will be substantially enhanced through this project. I attended my first consultation with RMS and Health Infrastructure in 2012. I thank the school community, particularly the School Council and P&C parents, who have supported me and helped us to achieve this extremely positive outcome. Please let the office know if you would like to view the final designs.

Rosemary McDowall, Principal

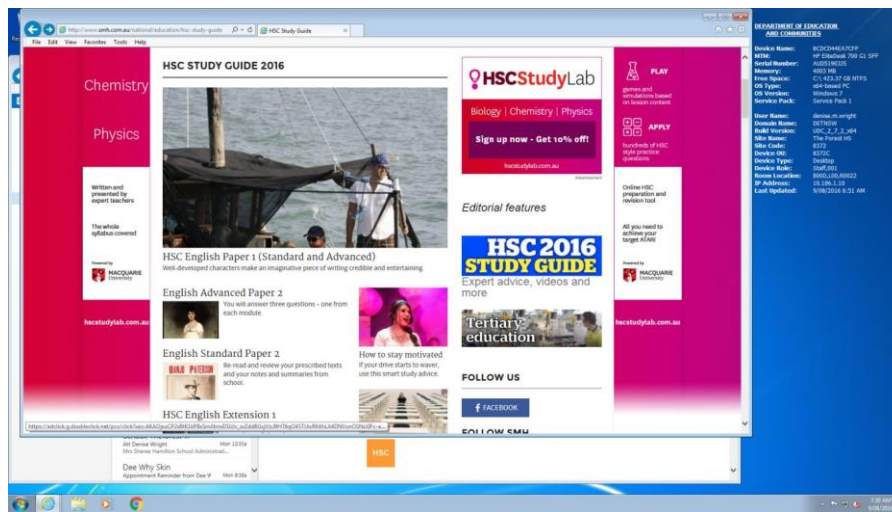
Deputy Principal's Report

GETTING READY FOR THE HSC

The countdown is on for students preparing for the HSC. The trials are currently underway and this is a vital time for students to experience what the exams will be like. The feedback from their teachers will show them their strengths and weaknesses in knowledge and responses. The other important result of the trial exam is that it will finalise their class rank. This plays a very important part in the moderation of assessment marks, which accounts for 50% of their final result. Even if students have not performed as well as they could, they can still achieve a good result through study for the actual exam itself and performance on the day. That will lift their other 50% of the mark and as a class, students can have a positive effect on their moderated assessment. This is all explained in a document on the BOSTES website called '**How your HSC works**'. I am happy to explain to parents and students as well if they need further information.

The BOSTES website has a lot of information to support students. Their own webpage '**Students Online**' is where they can access their result, but it also provides them with their individualised timetable for the exams, access to past papers, markers' feedback and much more. There is information about the exams, study tips and even a test-yourself multiple choice section where students can try some actual exam questions and get instant feedback on how they went (not available for all subjects). There is an app which can be downloaded so students can access it on their phone.

In June BOSTES put out a **study guide through the Sydney Morning Herald** which was full of tips and information from past successful students. This is still available online and looks like the image below.



Lastly, the time after the trial and before the exams is vitally important for students. They need to be in class studying, practising and revising their work. Students who do not come to school or do not use their time wisely will be the ones who will be disappointed by their results.

Denise Wright, Deputy Principal

Term 3 Events

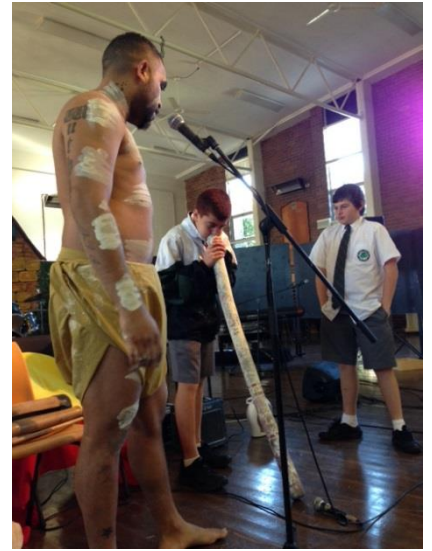
Full details of all school activities are available on the school calendar on the school website

www.theforesthighschool.com

22 August	CHS Cross Country
24 August	Grade Sport Finals
24 August	MADD Night 6.30pm
25 August	Senior Soiree 7pm
6 September	SRC Captain Speeches
7-9 September	CHS Athletics
13 September	SRC Induction Assembly
19-20 September	Year 10 Exams
21 September	School Council 6pm P&C Meeting 7pm
22 September	Year 12 Celebration Day
23 September	Last Day of Term 3 Year 12 Breakfast/Farewell Assembly
10 October	First Day of Term 4 - all staff and students return

Year 7 Report

Another very busy term is underway for our Year 7 students. I'm very pleased to say it's been filled with a lot of positive, fun activities. During the last week of Term 2, our students were very lucky to be part of a NAIDOC Week performance in the hall. The students, (and teachers!), were invited to join the performer in a range of traditional dances and to have a go at playing a didgeridoo. It was a great performance and a fun way to end the term. Thanks to CAPA staff for organising the incursion.



Year 7 students participating in the NAIDOC Week performance

This week we have participated in the local schools sports Gala Day. All students participated with a positive attitude and fun spirit. It was a wonderful way to spend a lovely sunny day. Thank you to the teachers who travelled with our students and cheered them through their games.



Students from Year 7 enjoying their Gala Day

Towards the end of this term we will be holding a Year 7 Table Tennis Tournament. Students are encouraged to get practicing during recess and lunch and hone their skills ready for the tournament. Stay tuned to Sentral notices for details on how to sign your team up.

Keep up the good work Year 7!

Amanda Walsh, Year 7 Adviser

Year 8 Report

Year 8 are continuing to enjoy school life and are taking part enthusiastically in their subjects. They have made their subject selections for next year which they are looking forward to as they can focus on their areas of interest. We are planning another social event for the end of the term so we will keep you posted!

As always please ensure your children are in the correct uniform as we are proud of our school and want our students to reflect that in what they wear.

It has been fantastic to see how hard Year 8 are working this term with over 750 Greenslip Merit Awards being awarded to Year 8. On Monday we will have a special Year Meeting during Roll Call to hand out 70 Certificate of Achievements. I know Year 8 will keep up this hard work and we will soon see them achieve the coveted Forest Gold.

Earlier this week, Year 8 received an insightful chat from Miss Chaloner about **online behaviour through social media**. The main idea for students to understand was that they shouldn't share anything on social media that they wouldn't want to see on the front of a newspaper or put on a billboard on Warringah Road. It would be most beneficial if parents had a talk to their child about their online activities. A helpful website can be found at:

<http://www.bravehearts.org.au/pages/keeping-safe-online.php>

Sarah Hawling & Julian Floriano, Year 8 Advisers

Year 9 Report

I have a great affinity for Year 9 as they started at the Forest High School at the same time as I did. At the start of Year 7 we learnt our way around the school and the routines together. While Mrs Diggins is on long service leave this term I have been able to get to know even more students in the year group as Acting Year 9 Adviser, which I am thoroughly enjoying.

Apart from interacting with Year 9 students on a daily basis, my greatest joy is to see all of the green slip merit awards being earned. Green slips may be given for a number of reasons determined by staff and reflect a commitment to upholding the **school values of Respect, Responsibility and Personal Best**.

The majority of Year 9 students wear correct school uniform. Parents are reminded that if students are not in full school uniform they must bring an explanation note on the day.

Students need to know that it is now too late to change elective subjects. This is due to the required number of hours to be taken in a subject for the Record of School Achievement (RoSA) to be awarded. As students are continually working towards the RoSA they need to be aware that if an 'N' determination warning has been issued for not completing the requirements of a course then action must be taken to address the concern in the letter sent home or risk not being eligible for the RoSA.

A number of Year 9 students have taken the opportunity to become involved in extra-curricular activities including the Solar Car Challenge, World challenge, High Resolves and hosting students from the visiting Chinese school. All students are encouraged to maximise the opportunities presented to them at school.

Georgia Yam, Acting Year 9 Adviser

Year 10 Report

Year 10 has been engaged this term both in and out of the school yard.

In Week 4, 40 Fitness Leader students ventured down to the snow for 3 days of skiing. The students were exceptionally well behaved and everyone enjoyed the experience.

Week 5 saw half of the year group travel to Homebush for the **bstreetsmart Program**. This was a fantastic day, educating the students on the importance of driving responsibly. As the presenter mentioned numerous times, they are not road accidents, they are road crashes, as the majority of incidents can be avoided. This was a valuable experience as a lot of students are now beginning to drive and we want to keep our students safe.



Year 10 students attending bstreetsmart program at Homebush

This week students will receive confirmation of their subjects selected for their HSC. Any students who have not selected subjects or are wishing to change their preference please see Ms Wiltshire immediately.

Finally, I would like to ask parents to please check your child's uniform before they leave for school. We understand it is cold but students need to be in the correct jumper and uniform. If students are not in uniform a

detention will be given. At the Forest High School we pride ourselves on our core values: **Respect, Responsibility and Personal Best**. We would appreciate parental support.

Michelle Nunura, Year 10 Adviser

Year 11 Report

HSC

The 3+3 cohort have now completed their Trials and are gearing up for the HSC exams. Some students might still have one assessment task to complete but most will be focused on finishing their last topics and looking towards consolidating their understanding of the syllabus material and honing the skills necessary to maximise their marks in the HSC. It is vital that the students maintain focus right up to the end. These last couple of months are essential if the students are to achieve their potential in the exams. Please ensure their attendance at all lessons continues right up to the end of the term and encourage them to remain focused on their goals.

SRC

Year 11 students should be considering whether or not they would like to stand for election to the SRC and nominate for the various captain positions available. Being a captain or vice captain is a way for the students to have a real say in the way the school runs and also gives the students opportunities to become leaders and develop the skills associated with leadership. The process has changed slightly from previous years and is as follows:

- **Friday 19th August** - nominations for the SRC close
- **Thursday 25th August** - SRC election speeches are made at an assembly
- **Friday 26th August** - successful Year 11 SRC candidates nominate for various executive positions (captains)
- **3.15 pm Tuesday 6th September** - candidates for executive positions make a 3 minute speech to staff
- **Thursday 15th September** - candidates give speech to students. Students cast votes, school captains are announced
- **Friday 16th September** - vice captains are announced. Thereafter other executive positions (eg: sports, performing arts and environment captains) are announced
- **Wednesday 21st September** - induction ceremony for new captains (parents will be invited)

I encourage any students in Year 11 who would like to participate in this process to get involved. Being on the SRC and becoming a captain or vice captain is a wonderful experience (and is a nice addition to your curriculum vitae). Good luck to those who nominate.

Jason Millar, Year 11 Adviser

Year 12 Report

Year 12 students returned to school in Week 5 after their Trial HSC Examinations in Week 4. Students are to be praised for their conduct during the exams and are reminded that the rest of this term is a pivotal time to learn new content and consolidate knowledge and skills. Students should make use of teachers and staff who are there to support them. I would also encourage the use of the library during study periods, and to make contact with their mentors. **Year 12 Formal payments are due on the 26th of August.** As soon as these payments are made, more specific details of the night can be organised. The Year 12 Graduation is on the same day as the Formal, which is **Thursday 24th November**. More information will be provided to students and families soon. I hope that all students enjoy their last few weeks of high school – we're almost there!

Karen Nixon, Acting Year 12 Adviser

Northern Beaches Council presents

HSC LOCK IN

The ultimate study session with group as well as silent study spaces and free pizza.


15 Sep - 11 Oct

5.30 - 8.30pm
Every Tuesday, Warringah Mall Library
Every Thursday, Forestville Library

Want free entry? Show your library card or ID to join on the night. Non-members \$5

Doors lock at 5.45pm. Spaces limited.

Enquires 9942 2449

A photograph showing three students from a high angle, sitting at a wooden table and studying. The student on the left is a woman with dark hair, wearing a red top, writing in a notebook. The student in the middle is a man wearing a dark cap and a green t-shirt, looking at an open book. The student on the right is a woman with brown hair, wearing a blue and red plaid shirt, looking at a tablet device.

English

GENERAL

The English faculty has been working hard to implement a range of engaging units throughout the school. The faculty is working to develop a range of skills by embedding feedback strategies into a range of classes. In addition to receiving positive and constructive feedback from their teachers, students are also being taught how to undertake **peer evaluations** and provide one another with **feedback**. This process ensures that students have a strong understanding of the expectations and requirements for assessment tasks and specific text types that they need to compose. This process develops key evaluative skills that they will be able to apply when reflecting on their own work. Furthermore, this collaborative approach often fosters positive classroom environments.

NORTHERN BEACHES HOSPITAL COLLABORATION

Year 7 have been studying picture books and poetry and recently submitted their very own picture books that are directed towards future patients of The Northern Beaches Hospital. Students had to apply their knowledge of visual and narrative techniques to create a story that heals and inspires. Many students have expressed that they are very proud of their books and would like to keep a copy for posterity!

DEBATING

Mr de Montfort has been in charge of Debating for 2016 and regularly holds training sessions for a very dedicated and skilled group of students. The two Forest High School debating teams are enjoying great success in this year's **Premier's Debating Challenge**.

YEAR 7/8 TEAM

The Year 7/8 team of Oscar G., Vladimir L., Sam T. and Maddy S. prevailed over Pennant Hills High School. They developed and argued a convincing affirmative case for the challenging topic: 'that students who fail to report bullying should be suspended.' Our team presented a strong case line and fended off the negative arguments. This team will complete its round of debates this term with debates against the Pennant Hills High B team and Davidson High School over the next two weeks.

YEAR 9/10 TEAM

The Year 9/10 teams have successfully completed their first round debates with an emphatic win over Narrabeen Sports High School. Ariella O. joined the team and ensured the victory with her opening speech arguing the affirmative case for the topic: 'that we should have one year of compulsory national service for high school leavers.' This success builds on the lessons learned in the first debate that was narrowly lost against the Killarney Heights High School B team. The team chose to argue the affirmative case on the topic: 'that NAPLAN testing should be stopped.' A determined team entered the debate against the Killarney Heights A team and were victorious, arguing the negative case for the topic: 'that all sports should be required

to have a female commentator.’ Congratulations to Zali S., Eliza J., Leeah B., Zali V. and Ariella O. who are now facing the next round of the competition.

COMPETITIONS

The English Department has been promoting several writing competitions this semester. The **'Write4Fun'** competition is open until the end of August and is a fantastic opportunity for students to be creative and have fun undertaking a range of compositions. If your child is interested in this competition or any other, they can visit the noticeboard outside the English staffroom or they can speak to their English teacher or Mrs Fitzsimmons, who is now the Competitions Coordinator for 2016. Sophie V. and Elisha B. are to be commended on their outstanding results in the **'Australia My Country'** competition that was officiated by the Forestville RSL Club. **Sophie received 1st place and Elisha received 2nd place in the poetry section** of the competition. These students should be very proud of their achievements!

INCURSIONS

At the end of Term 2, Year 9 had the opportunity to see **Philip Wilcox**, the current **Australian Poetry Slam Champion**. This experience coincided with a unit they were undertaking on performance poetry and the students expressed that they thoroughly enjoyed the incursion. They admired a range of language and delivery techniques that he used and were then able to apply them when composing and performing their own poems for an assessment task. **Bell Shakespeare** also visited the school at the end of Term 2 and performed for Years 9,10 & the HSC Advanced English classes. Students experienced live performances of various plays by William Shakespeare, with the performers aiding their understanding by providing clear explanations and analyses. In Week 6 of this term, Year 7, 9, 10 and HSC Standard English classes will be attending **Poetry in Action performances**, which aim to bring poetry to life for students. This will coincide with the HSC Standard cohort studying the poetry of Wilfred Owen, which will consolidate their understanding of his poems in the lead up to the HSC exams next term.

Alex Castle, English Department

THE FOREST HIGH SCHOOL



MADD NIGHT

2016



Performances by music, drama and dance students.
Artworks by visual arts and photography students.

6:30 PM in the hall, Wednesday, 24 August, 2016.

The Forest High School

135 Frenchs Forest rd. Frenchs Forest

NSW 2086

Contact ph. 9451 5111 fax. 9975 3293

theforest-h.schools@det.nsw.edu.au



**THE FOREST HIGH SCHOOL
SENIOR SOIREE:
7pm Thursday 25.8.2016**

Exhibition featuring HSC major works from Visual Arts and Photography, Video and Digital Imaging students.

Musical performances, finger food and cafe by VET hospitality students.

The Forest High School
Upper floor B Block
135 Frenchs Forest rd. Frenchs Forest
NSW 2086
Contact ph. 9451 5111 fax. 9975 3293
theforest-h.schools@det.nsw.edu.au

HSIE

YEAR 7

This term Year 7 have been learning all things Ancient Rome. Students have been issued with the notice for assessment task two which is the e-portfolio. This task requires students to create revision notes for each topic they have studied; it is due in Week 8 of Term.

YEAR 8

Year 8 students have been issued with the notice for assessment task two which is the e-portfolio. This is similar to the e-portfolio they completed earlier this year for History. It provides students with study notes which they can then use when preparing for their exams. It is due in Week 9 of this term.

YEAR 10

Both Geography and History students will need to submit their e-portfolios in Week 8. It provides students with valuable study notes which they can then use when preparing for their exams held in Week 10.

3+3

Society and Culture have been studying Belief Systems and Ideologies focusing on Islam. Miss Anwar had previously given a talk to the class about being a Muslim woman in Australia and then arranged for Mr Keysar Trad - Treasurer of the Islamic Friendship Association of Australia - to provide an informative talk on the development and belief of Islam. The students were very appreciative of both presentations including the baklava Mr Trad gave them. Thank you to Miss Anwar and Mr Trad for their time and information that has no doubt furthered their HSC and lifelong learning.



Mr Trad, 3+3 Society and Culture students and Miss Anwar

In Week 2 HSC Geography students went on an excursion for their Urban Places topic. In the morning they attended a presentation by Lend Lease about the Barrangaroo development on Sydney's harbour foreshore. Students were able to view the construction and ask questions about the planning process. In the afternoon we had a meeting with a town planner at Town Hall.



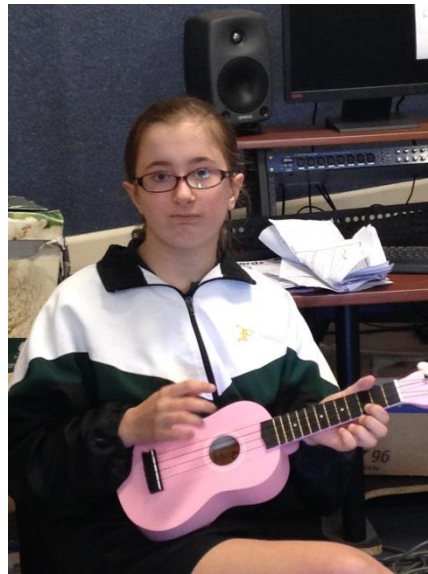
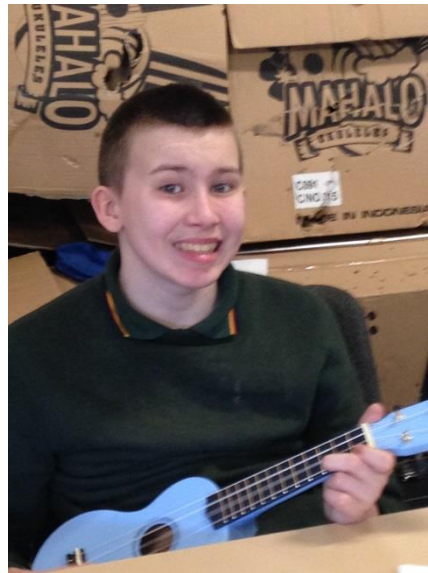
HSC Geography students on their Urban Places excursion

Students learnt about the factors that influence planning and development in Sydney, focusing primarily on the \$13 billion Green Square Urban Renewal Project.

Erin McWhirter, HSIE Teacher

Learning Support





Students in 1T enjoying music classes

Maths

NEW STAFF

The school is very happy to welcome Mr Abraham Berakhi as a permanent member of the Mathematics Faculty. He has taught mathematics over the past 9 years in Eastern Suburbs schools. He will be taking Mr Somerville's classes.



MATHS INSPIRATION - YEAR 9

This year 45 Year 9 students attended the **Maths Inspiration Show** hosted by the NSW Maths Association in Chatswood. This show featured three prominent mathematicians from Australia and the UK who through humour showed that maths can be a cool and useful subject to learn. The students who attended the excursion all got involved and enjoyed the day.



Year 9 students attending Maths Inspiration at Chatswood

Here are some student comments about the day:

- "I found it very educational. I was engaged from the very start when I saw some writing on the screen. It said "Get your calculator out as we may have some problems to solve" (Jeremy B.) - Jeremy and other students got their calculators signed in Binary at the end of the show
- "The first speaker was very funny and engaging. He talked about the 4th dimension. He expanded and talked about Mobius strips, Klein bottles and projections of 2D shadows" (Hannah K.)
- "The second speaker spoke about chance. This included poker, combinations, probability and the connection between music and maths" (Ellie M.)
- "The third and final speaker talked about juggling and patterns, speaking at length about how patterns found allowed new techniques and tricks to be used in juggling" (Matthew H.)
- "During the day I experienced and learnt more about mathematics in our daily lives" (Milly H.)
- "The show was very entertaining and definitely worth seeing. A great day" (Tara M.)

Mrs Gourlay and Mr Shaw were very impressed with the enthusiasm and behaviour of our students. The students were very impressed with Mr Shaw's "James Bond" suit and they are all looking forward to the next mathematics excursion.

MATHSWORKS - YEAR 8

Students in 8A have been participating in the **Mathsworks Program** with Beacon Hill Public School. The students are working in groups to select mathematical problems and post them on Edmodo for the Year 5 and 6 students each week to solve. Later in the term we will visit Beacon Hill Public School for a hands-on practical maths day. The program not only improves our students' problem--solving skills but aims to teach them organisational and leadership skills.

IMPORTANT DATES

Year 7	Time Assignment	Weeks 4 and 5
	Term 3 Exam	Week 9
Year 8	Statistics Assignment	Weeks 2 to 5
	Problems, Patterns, Pictures and Puzzles	Monday Week 9
	Term 3 Exam	Week 9
Year 9	Maths Inspiration Excursion	Week 5
	Geogebra Assignment	Weeks 8 to 10
	Term 3 Exam	Week 8
Year 10	Environment Assignment	Weeks 5 to 7
	Term 3 Exam	Week 10
Seniors	Trial Exams	Week 4
	Extension 1 Preliminary Exam	Week 6

Karen Gourlay, Head Teacher Mathematics

BOYS BASEBALL

Good luck to our Boys Baseball team as they travel to Newcastle next Thursday to take on Hunter Sports High School in the Last 16 of NSW match.



Back row L-R: Josh C, Rhys D, Anthony H, Saxon I, Mr Dodds
Front row L-R: Danny H, Jonathan E, Blake B, Matt S, Luke B, Blake D, Zane C

HARLAN MULHERIN

Harlan Mulherin in Year 12 has been selected to compete at the ANSW National Cross Country Championships in Canberra on the 19th-22nd August 2016. This is the second time Harlan has qualified for a National Championship, having qualified for ANSW Athletics in March his year, where he competed in the U20 Steeplechase placing 11th. We congratulate Harlan on this magnificent achievement and send him our very best wishes for the competition at the weekend.



Harlan Mulherin competing at the Australian Junior Athletics Championships earlier this year placing 11th in Steeplechase

SKI TRIP REPORT

The Year 10 fitness leader ski trip was an exciting experience for us all. Many of us learnt new skills as we skied or snowboarded for the first time. At first it was challenging but we picked up the skills to be able to go off with our friends quickly. The instructors were friendly and energetic. They were able to control our groups and place us in the correct skill levels to allow us to make the most of our visit. The levels allowed for beginners who had never visited the snow before to learn the basics and help us to safely make it down some higher runs while the more advanced groups were able to take on harder runs that suited their abilities

When we weren't on the slopes, we were able to relax with our friends at the hotel's pool facilities. Trivia master Mr Goodwin hosted two exciting evening games nights – a trivia competition won by the team Diana consisting of Aaron, Luke, Matt, Ethan, Andy and Johnny, and a pool competition won by Euan with runner-up Oscar.





Year 10 students enjoying the slopes

A big thank you to Ms Power for organising the trip and to Mr Neely, Mr Millar and Mr Goodwin for accompanying us. Also thanks to everyone who went for making the trip as fun as it was. We are now able to walk away without serious injury and a new set of skills – something the fitness leader program is designed for. The trip was definitely a highlight of our schooling experience and one we will never forget.

Nathan, Owen and Andrea, Year 10

Science



API SOLAR CHALLENGE

The API Solar Car Challenge, hosted by The Forest High School, is nearing competition day, which takes place on the 23rd August.

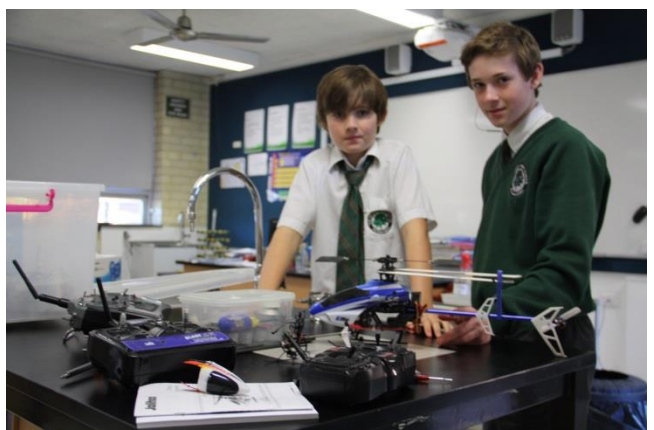
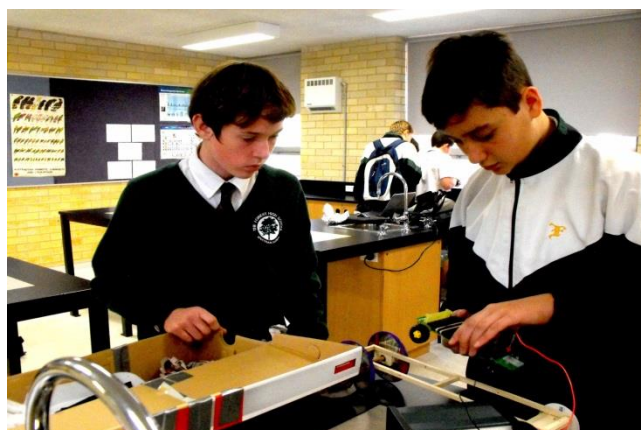
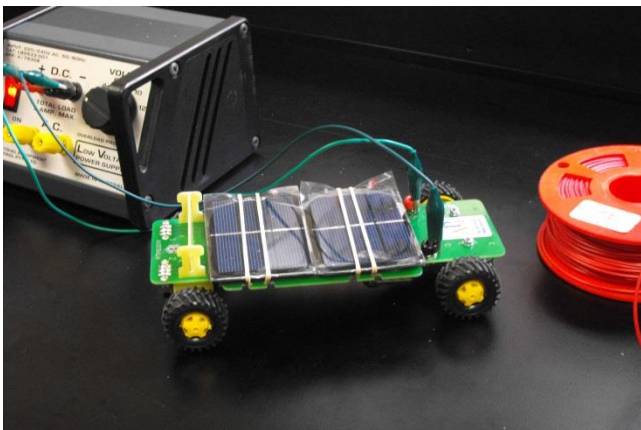
The Challenge, which encompasses a speed race, an endurance run, a hill climb and best-looking vehicle, will be keenly fought between seven Forest High teams, four from Beacon Hill Public School and three from Allambie Heights Public School.

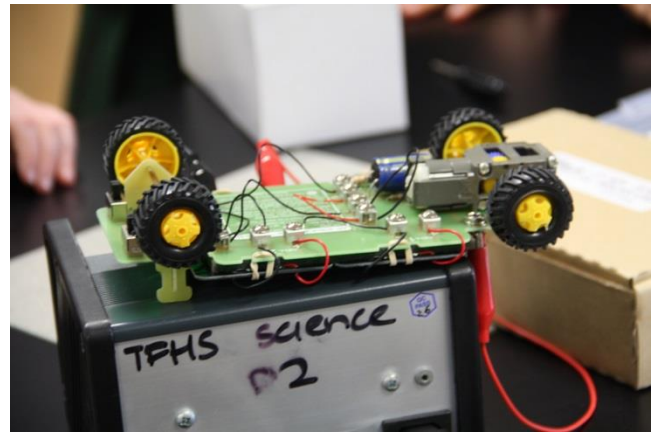
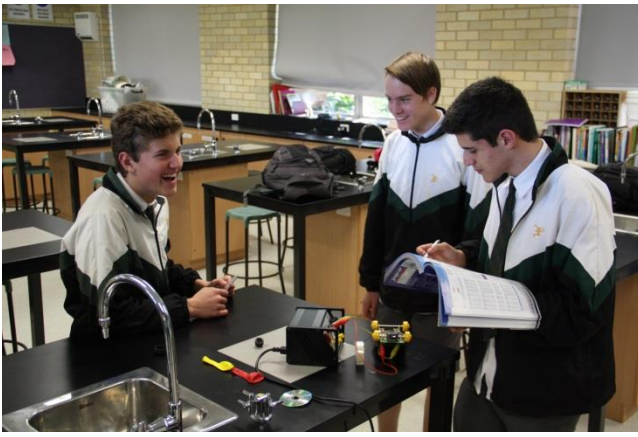
Both primary schools have been visited by staff and pupils from The Forest High offering assistance and guidance. From these visits it is obvious they are up to the challenge. We look forward to hosting them on the day.

The teams are currently in their final days of design and testing, ensuring their vehicles can meet the various challenges and showcasing their engineering and design capabilities.

May the best vehicle win!

Science Faculty





Forest High School students working on the API Solar Challenge

Positive Behaviour for Learning (PBL)

The Positive Behaviour for Learning (PBL) Committee has been meeting regularly and revising the behavioural expectations for non-classroom settings. All students are expected to maintain the school values of Respect, Responsibility and Personal Best in all settings. In all areas respect means being polite, respecting property, using appropriate language and following instructions from staff. All students have a responsibility to be safe at all times, to look after property, be environmentally aware and show courtesy to others. Regarding personal best, students should accept opportunities and challenges, always give their best effort and make good choices.

This term the school is focusing on correctly wearing the school uniform. When the uniform is worn properly this demonstrates respect for oneself as well as the school. Students demonstrate responsibility by being in correct school uniform as it makes students easily identifiable as belonging to the school rather than being an intruder. If students are not in correct school uniform they may be prevented from participating in events such as excursions, which then restricts their ability to do their personal best.

The wider community makes assumptions about the school which students attend based on their appearance and behaviour. It is important that students take pride in their appearance and behave appropriately whilst wearing The Forest High School uniform.

Other PBL focus areas will be:

- To attend school regularly and to be on time to roll call and all lessons.
- To speak appropriately to all members of the school community.
- To take care and pride in our school grounds.

We look forward to working with you all to create a positive school environment.

Georgia Yam, PBL Committee

Teaching and Learning

TEACHER PROFESSIONAL LEARNING UPDATE

Teachers at The Forest High School regularly engage with professional learning opportunities to continually develop their expertise and practice. The focus for Term 3 so far has been on promoting a positive approach to the challenge of learning, **promoting critical and creative thinking and providing effective feedback**.

The Learning Challenge or Learning Pit is a framework put forward by educational researcher James Nottingham to help students see their learning as challenging but achievable, as well as promoting dialogue, collaboration and a growth mindset. In visiting The Forest High School, you may see some prints like the poster below that remind students that learning is hard, but that's OK. Like learning to ride a bike, we might make a few mistakes, fall off and feel frustrated, but by working hard, asking other learners and teacher experts for help, we can succeed. It is only when we give up that we fail.

Critical and creative thinking are vital skills that require students to use reason, logic, resourcefulness and imagination. Teachers at The Forest High School have been working with thinking and questioning toolkits such as **Bloom's Taxonomy, The Thinker's Keys and The Williams Model**. These frameworks are being reviewed to assist students in developing their understanding and acquiring of deep knowledge. While critical and creative thinking has always been happening at The Forest, Term 3 has seen a revisiting of this focus of learning, with time put aside for teachers to review the strategies that can be used and expand on them where doing so would help students.

Effective feedback has been identified as one of the most significant factors in improving student learning. Feedback for students comes in many forms: written, verbal, formal and informal. Any of these forms of feedback can be effective in promoting student learning, however, it is vital that students engage with the feedback they receive and attempt to implement the changes directed in later work. Teachers at The Forest have been looking at developing effective drafting processes for class and assessment tasks, to provide students with greater opportunities to work with peer and teacher feedback to learn and improve.

Education is at its most successful when students are supported both at school and at home. I would like to encourage you as parents and carers of students at The Forest High School to help us in these efforts. We are attempting to encourage students to embrace the challenge of learning, to think creatively and critically and to work hard at drafting and redrafting their work to improve. Any efforts made at home to reinforce these lessons would be invaluable to the learning of the students.

Peter Santamaria, Head Teacher Teaching and Learning

Careers



WELCOME TO THE CAREERS DEPARTMENT

Our Careers Counsellor, Chris Mansell, is on leave this term and I am relieving in this role in his absence. Term 3 is a particularly busy term as Year 12 complete their last subjects for their HSC and prepare for post-school options. I urge them to regularly **read their DET school emails** (or use Settings in DET email to forward them to their home email box) for relevant information as I receive it. This can be anything from tertiary college updates to positions vacant that are received by the school. Help on finding a trade and preparing resumes and cover letters for applications will also be there.

TVET (TAFE or private college Vocational Education Training) courses are being offered in 2017 in a range of vocations for study by present Year 10 and Year 11 students as part of their HSC. Only one course can be applied for by each student. **Courses offered will be emailed in a Careers Newsletter.**

Elizabeth Lewis, Relieving Careers Adviser

Extra-Curricular

WHITE RIBBON MORNING TEA

The Forest High School staff held a morning tea to raise awareness for the **White Ribbon Foundation** in Week 2. White Ribbon is Australia's only national, male-led campaign to end men's violence against women. Their vision is that all women live in safety free from all forms of men's violence and their mission is making women's safety a man's issue too. Our school is part of the **"Breaking the Silence" campaign** which aims to work through primary prevention initiatives involving awareness raising and education programs with youth, schools, workplaces and across the broader community. The morning tea was designed to coincide with White Ribbon

Night (29th July) and was catered by our 3+3 Hospitality students. Over \$250 was raised for the White Ribbon Foundation which will go directly to primary prevention initiatives aimed at ending violence against women.

Kurt Neely, PDHPE Teacher



3+3 Hospitality students at the White Ribbon Morning Tea



The annual SRC Trivia Night is back so please book the 31st August 2016 7.00pm in your diaries

This evening in the past has been a fun night, totally organised and run by the students.

The Student Representative Council are currently collecting prizes and would appreciate any donations for the night. A thank you to those parents who have already donated wonderful prizes - it helps make our night. Please contact the school or drop off prizes to the library, if you can help.

Please book your table as soon as possible for a great night of trivia and fun. The Student Representative Council look forward to seeing you there. Tables of ten can be registered at the Library.

\$20.00 per adult

\$10.00 per child/student

\$50.00 per family – 2 adults and up to 3 children

A table of ten Forest students/staff will cost \$70.00.

Line up the trivia buffs & sign up now for a table at the SRC Trivia Night. A rolling raffle will be held.

Bring your own nibbles for your table - as this is a student run event no alcohol is to be consumed thank you.

Previous Trivia Nights have purchased new seating and artwork for the Library, plus sporting banners.

Prize awarded for best dressed and table decoration.

COLLECT YOUR REGISTRATION FORM FROM THE LIBRARY

Next P&C Meeting

The next P&C Meeting will be held on Wednesday 21st September in the School Library - all welcome. The presentations and general information provided to members year to date has been excellent and we appreciate the responsiveness of the School Executive and staff to questions asked during these forums.

2016 P&C Levy Reminder

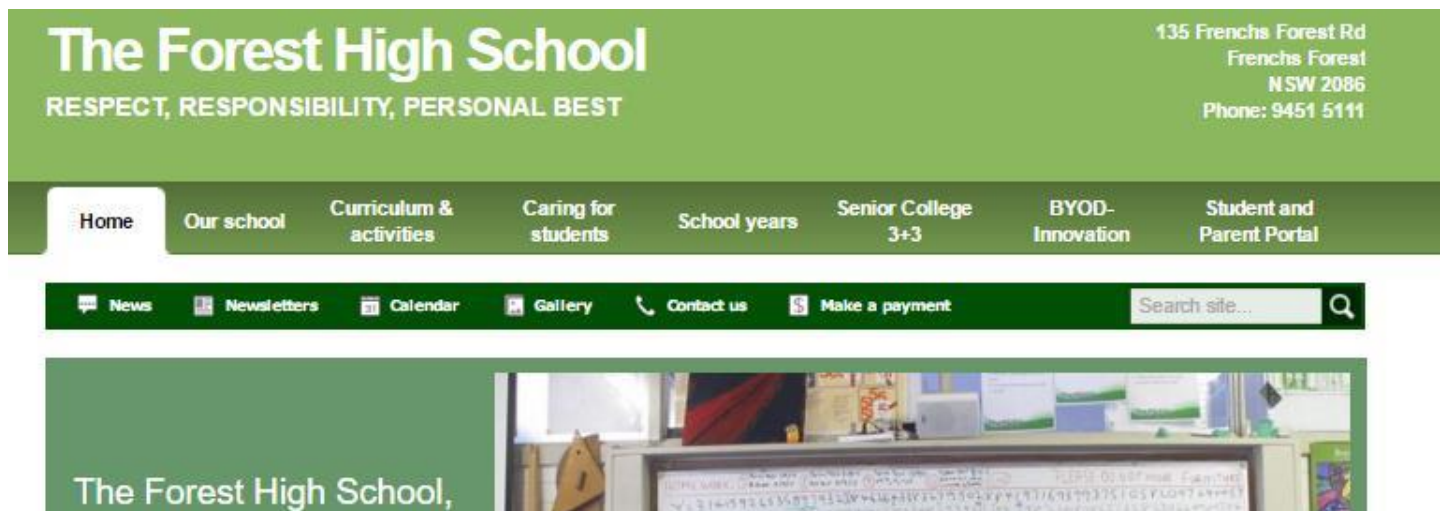
At the Forest High we do not bother you with fundraising requests: no chocolate drives, no events. Instead, each year we ask families to contribute \$60 per child or \$100 per family as a P&C Levy.

This contribution pays for some initiatives that add enormous value for our students such as the 21st Century Learning Spaces. Our teachers report that students are significantly more engaged when classes take place in these modern, relaxed facilities.

Similarly, the High Resolves program* is funded entirely by the P&C. This award winning program engages almost 400 students through a mix of interactive, thought-provoking experiences and activities with the aim of shaping our future global citizens and leaders.

So if you have not already paid your P&C Levy, please consider doing so in the knowledge that you are investing in valuable educational experiences for your child. Head to our website and click on Make a Payment

<http://www.theforest-h.schools.nsw.edu.au/>

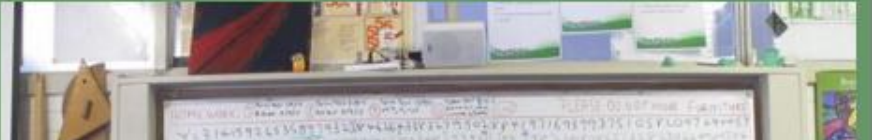


The Forest High School
RESPECT, RESPONSIBILITY, PERSONAL BEST

135 Frenchs Forest Rd
Frenchs Forest
NSW 2086
Phone: 9451 5111

Home Our school Curriculum & activities Caring for students School years Senior College 3+3 BYOD-Innovation Student and Parent Portal

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The Forest High School, 

WHAT DID MY P&C LEVY PAY FOR IN 2015?

60% 
High resolves program

30% 
New 21st Century learning space

10% 
P&C Year-end Academic awards

Buy your Entertainment™ Membership
now and receive **free delivery!**



For a limited time, postage is **FREE** to any address in Australia when you buy the **NEW 2016 | 2017 Entertainment™ Book** online from us!

The **NEW 2016 | 2017 Entertainment™ Membership** is packed with thousands of up to 50% OFF and 2-for-1 offers for the best local restaurants, cafés, attractions, hotel accommodation, travel, and much more!

20% of the purchase of every Membership sold contributes towards our school fundraising

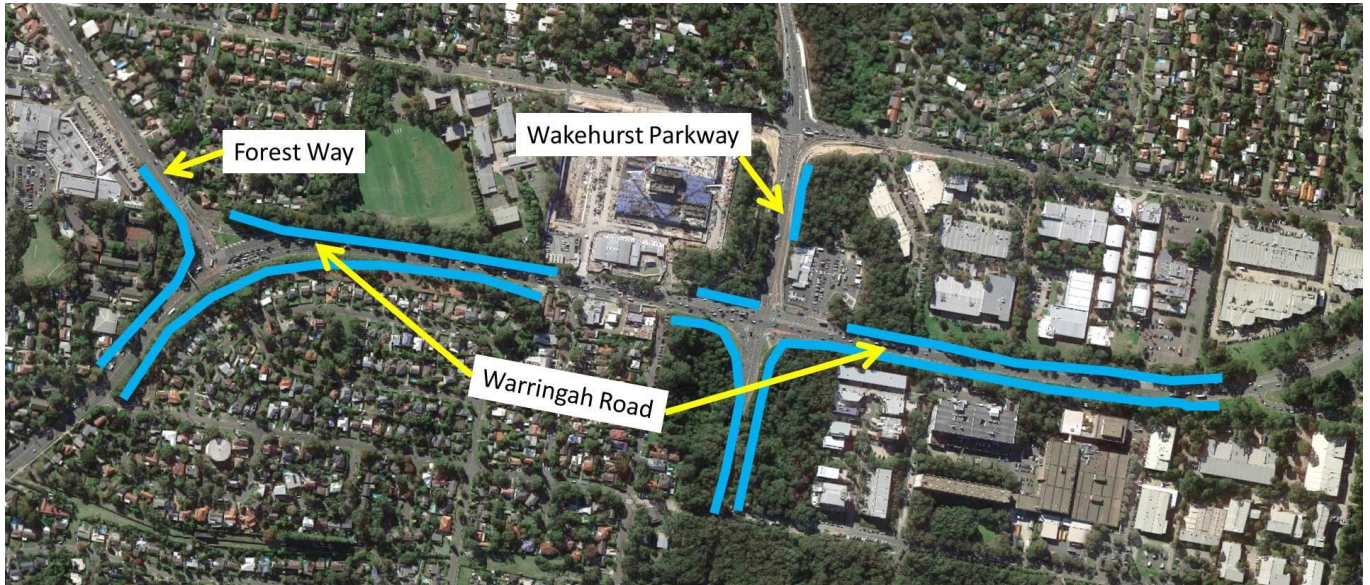
ORDER TODAY!

<https://www.entertainmentbook.com.au/orderbooks/200z485>

Tree clearing along Warringah Road, Wakehurst Parkway and Forest Way from Monday 15th August

The NSW Government is upgrading roads around the new Northern Beaches Hospital. Roads and Maritime Services will carry out further trimming and removal of vegetation and trees to make way for the new road upgrade.

Please see map below for location of work.



Work will be carried out from Monday 15th August until Friday 30th September. Some of this work will be carried out between 7am to 6pm on weekdays and 8am to 1pm on Saturdays.

Due to traffic implications and safety risks some of this work must be carried out at night. There will be up to 20 shifts of night work from Monday 15th August until Friday 30th September, between 6pm and 7am, weather permitting.

How will the work affect you?

There may be some lighting and noise associated with the work. Machinery and equipment used may include lighting towers, trucks, chainsaws, small crane, light vehicles and hand tools. Every effort will be made to minimise noise. Lighting towers will be directed away from residential properties wherever possible.

Night work on Frenchs Forest Road, Naree Road and Forest Way from Monday 25th July

Due to the upgrading of roads around the new Northern Beaches Hospital, RMS will be carrying out service relocation work along Forest Way, Naree Road, Frenchs Forest Road West and East, Allambie Road and Russell Avenue and some of this work will be done at night between Monday 25th July and Friday 2nd September. Please see map below for the location of the work



How will the work affect you?

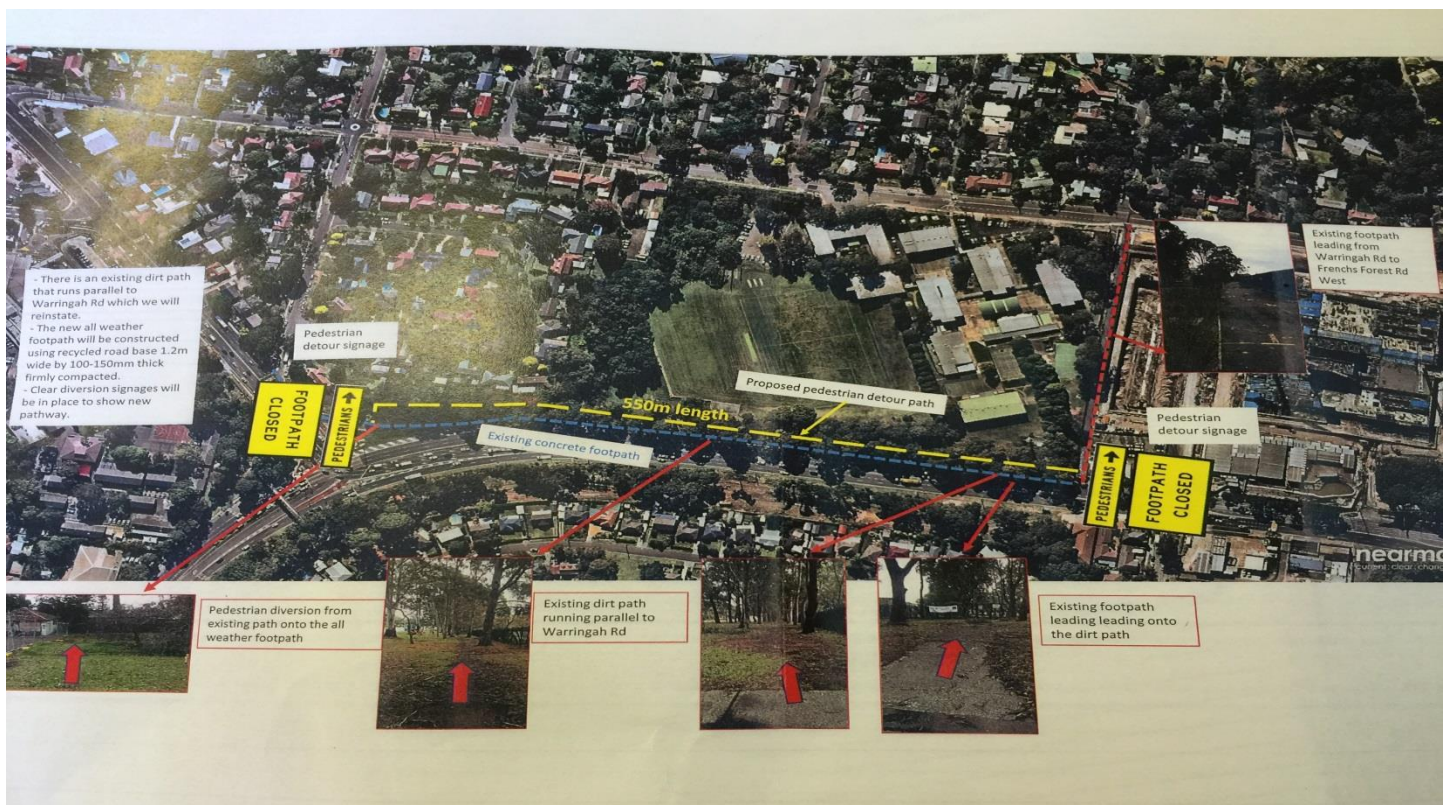
There will be some noise, dust, vibration and disruption associated with this work. Machinery and equipment used may include lighting towers, excavators, trucks, light vehicles, underboring rigs, pole borers, road saws, plate compactors, jackhammers and hand tools. Every effort will be made to minimise noise. Lighting towers will be directed away from residential properties wherever possible.

Traffic changes

For safety reasons there will be some temporary traffic changes including lane closures which may affect travel times. Please keep to speed limits and follow the direction of traffic controllers and signs. For the latest traffic updates call 132 701, visit livetraffic.com or download the Live Traffic NSW App. Pedestrian access will be maintained at all times, although minor temporary detours may be in place during the work.

Footpath

Please see below the photo of the footpath installation that will occur adjacent to the school.



Speed limit changes on Warringah Road, Wakehurst Parkway, Forest Way and Allambie Road from Monday 22nd August

Roads and Maritime Services will implement speed limit changes along sections of Warringah Road, Wakehurst Parkway, Forest Way and Allambie Road from Monday 22nd August

The speed limit will be reduced from 70km/h to 60km/h on Warringah Road, Wakehurst Parkway and Forest Way, and reduced from 60km/h and 50km/h to 40km/h on Allambie Road. These will be implemented from Monday 22nd August and will be in place until the end of the Northern Beaches Hospital project. Speed limits apply 24 hours, seven days a week (except in school zones where 40km/h speed limits apply)



Contact

If you have any questions, would like to register for project updates or have any feedback please contact Ferrovial York Joint Venture on:

Call: 1800 014 307 (free call 24/7)

Website: rms.nsw.gov.au/nbh

Email: nbhcommunity@ferrovialyork.com.au

Win cash
for your
school
AND YOURSELF!*



FORESTWAY SCHOOL REWARDS

Our exciting School Rewards Campaign!

Dear Participating Schools,

Forestway Shopping Centre's School Rewards campaign is almost here!

This is a reminder to get your pupils, families, and friends to shop at Forestway Shopping Centre to help give your school the chance to win some amazing prizes!

Customers can allocate their receipts to a participating school of their choice. The school with the most points at the end of the campaign period will win. The prizes allocated to the winning schools are:

1st Prize:	\$2,500
2nd Prize:	\$1,000
3rd Prize:	\$500

The campaign will run from **Wednesday 3 August** until **Wednesday 14 September 2016**.

How to participate in the campaign

Shoppers simply:

1. Make a purchase at Forestway Shopping Centre during the Promotional Period.
2. Visit www.forestwayschoolrewards.com.au, register their details and upload their receipts to donate points to their nominated school. Customers without a smartphone or computer may also visit the centre management office between 10am and 4pm, Monday to Friday where a member of staff can enter their details on their behalf.
3. Each dollar spent equals one (1) school Rewards point towards the school of their choice.

Don't miss out on this fantastic opportunity to give your school the chance to win a great cash prize!





Does this sound familiar?

- Your junior high schooler leaves assessment tasks till the last minute
- Your teen doesn't know where to start with research
- You're nagging your kids about due dates and study timetables
- Your student doesn't know where to look for information
- Your child can't write an essay
- Your child has trouble coming up with original ideas
- Your teen is mortified if you contact a teacher to ask a question
- You know you shouldn't help, but if it wasn't for you, your high schooler's assignments would never be handed in
- Your child starts high school next year and you want to know what you're in for

Help your child to keep up at high

The demands and expectations of high school assignments and assessment tasks can be stressful for teens and families. If you want to help your child keep up with the pace, join us for this free Kids First Community Service Seminar.

In a valuable 2 hour presentation, a highly experienced teacher, will share:

- Why teachers set assessment tasks
- On-line tools that your kids can use to manage their time
- Top tips for working out what teachers want
- Excellent resources that will give your kids guidance and trustworthy information
- Where to find work samples that show students how to structure assignments
- Easy ways to plan and write essays

TUESDAY 30 AUGUST 2016 FROM 7.30PM TO 9.30PM

The Chairman's Lounge, Brookvale Oval, Alfred Street, Brookvale

Tickets are absolutely FREE however places are limited. Bookings are essential

To reserve your place book online at www.kids-first.com.au/free events or call on 9938 5419

Forest Summer Football



It's time to get your team together for another fantastic season of Summer six-a-side football at Melwood Oval's all weather playing fields.

When: 17 Oct to 16 Dec 2016 & 16 Jan to 2 Mar 2017.

Who: U6 - O35

Where: Melwood Oval, Forestville (all weather playing fields)

Cost: \$150 - \$190, registration includes: player shirt & shorts, game ball provided, professional referees.

Relax with family and friends after the match at our club house and canteen for a bite to eat and drinks. A social event for players and family!



Register Your Team Now !

www.fkfc.com.au/summer-football