



## Respect, Responsibility, Personal Best

135 Frenchs Forest Road, Frenchs Forest NSW 2086

t: 02 9451 5111 f: 02 9975 3293

email: [theforest-h.school@det.nsw.edu.au](mailto:theforest-h.school@det.nsw.edu.au)

website: [www.theforest-h.schools.nsw.edu.au](http://www.theforest-h.schools.nsw.edu.au)

# Newsletter Week 5 Term 3, 2017

## Principal's Report

### NAPLAN

Year 9 NAPLAN results were extremely pleasing with results well above state average in Reading, Writing, Spelling, Grammar and Punctuation and Numeracy. There was an increase in the numbers of students achieving in the top three bands in Reading, Writing, Grammar and Punctuation and Numeracy and an increase in the number of students in the top two bands in Spelling. 78.2% of Year 9 students achieved greater than or equal to expected growth in Reading, 63.2% achieved greater than or equal to expected growth in Grammar and Punctuation and 69.7% achieved greater than or equal to expected growth in Numeracy. No growth results were available for Writing. Growth results were close to 60% in Spelling at 58.6%. An analysis of both Year 7 and Year 9 results will be presented at the P&C meeting on the 20th September. We will be working with NESAs to put support strategies in place for students who have not achieved a Band 8 or above in Reading, Writing and Numeracy.

### SCHOOL PLANNING

The school community is currently engaged in planning for the next three year cycle 2018 to 2020. Parents will have an opportunity to contribute to the School Plan at the P&C meetings this term. Parents who would like to attend any of the

staff planning sessions will also be welcome.

### PROPERTIES

External painting of the school is underway and internal painting and new carpeting will commence soon as the State Government has released more funding for public schools. Our new signage is currently being installed. We thank the P&C for funding the signage. The front car park is now completed and construction has commenced on the western car park. Landscaping will be done after all the car parks are constructed.

### PRIMARY SCHOOL ENRICHMENT PROGRAM

We have successfully run our first primary enrichment program for students from Allambie, Balgowlah North and Beacon Hill Public Schools. Peter Santamaria, Head Teacher Teaching and Learning and Karen Gourlay, Head Teacher Mathematics coordinated the program that included history/archaeology, mathematics, public speaking and debating and robotics programs. The teachers involved were Ms Erin McWhirter, Ms Kate Board, Mrs Karen Gourlay and Dr Sham Nair. I attended the celebration and final presentation of the program at the end of term and it was extremely positive. We have received many accolades from the primary school parents and principals. Another session will run this semester.

### PREPARATION FOR HSC EXAMINATIONS

Year 11 and 12 students have now completed their Trial HSC Examinations and should be preparing for their HSC exams. Attendance will be crucial to their success in these exams as teachers concentrate on revising important concepts and topics in the lead up to the HSC. Students should take full advantage of these lessons as well as any extra sessions that are on offer. The importance of completing practice exams also cannot be over emphasised. I strongly encourage senior students to work collaboratively in study groups and share their knowledge with their peers.

### YEAR 7 ROBOTICS CHALLENGE

I had the pleasure last week of judging the Year 7 Robotics Challenge along with two engineers from Nix Anderson who are working on the new Northern Beaches Hospital. The Year 7 presentations and the robot demonstrations were outstanding. Both engineers were extremely impressed with the students' achievements. Thank you to the parents and family members who attended and cheered on the teams. A

huge vote of thanks goes to the teachers involved, Mr Peter Santamaria, Dr Sham Nair and Mr Tom Golanoski. It was a highly successful event.

Rosemary McDowall, Principal



Year 7 Robotics Challenge

## Deputy Principal's Report

### TURN THE PAGE

As part of our Turn the Page Reading Program in roll call , Year 7 were given an art homework task to illustrate a page from the spoken word poem 'To This Day'. This is a powerful anti-bullying poem. From the entries, a number were selected to be made part of our own book on the topic. Mr Juric then collated the book and it is amazing the quality of the illustrations produced by our students. Four artworks were selected as the winners and they will receive a gift voucher at the next assembly. Congratulations go to Finn T., Taryn M., Jami S., Maya C. and Rene E. for their brilliant artwork. All the artworks have been uploaded to our school website at <https://edit.pws.det.nsw.edu.au/web/the-forest-high-school/gallery/turn-the-page-reading-program>

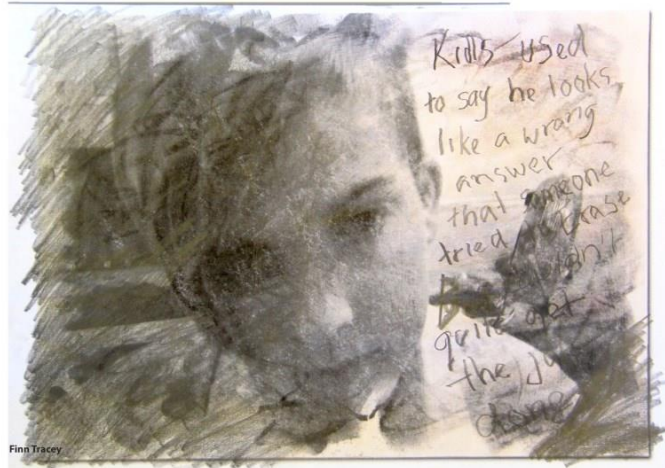


Taryn Molitor



Rene Engel-Challis

Because there's something inside you  
That made you keep trying  
Despite everyone who told you to quit  
You built a cast around your broken heart  
And signed it yourself!  
You signed it!  
"They were wrong"  
Because maybe you didn't belong to a group or a clique  
Maybe they decided to pick you last for basketball or everything



Finn Tracey

Are they just the background noise  
 Of a soundtrack stuck on repeat  
 When people say things like  
 Kids can be cruel?  
 Every school was a big top circus tent  
 And the pecking order went  
 From acrobats to lion tamers  
 From clowns to carnies  
 All of these were miles ahead of who we were  
 We were freaks  
 Lobster claw boys and bearded ladies  
 Oddities



Jamie Seal



Maya Coulson

Juggling depression and loneliness  
 playing solitaire spin the bottle  
 Trying to **KISS** the wounded  
 parts of ourselves and **HELL**  
 @ But at night @  
 While the others slept  
 We kept **WALKING** the tightrope  
 It was **practice**  
 And yes  
 Some of us **FELL**

## NAPLAN

Ms McDowall has mentioned our NAPLAN results in her report but I would like to comment on the new literacy and numeracy standards. Year 9 students and parents will be notified if they are required to sit the online numeracy and literacy test to be eligible for an HSC. There will be plenty of opportunities for students to sit the tests before they reach Year 12 but it would be expected that students actively look for ways to improve their literacy and numeracy skills as well. Paying attention in class, completing all work required, doing homework, reading books and using drafts for their writing are all ways to assist students to improve their skills. Students are expected to do regular homework or study as part of their school work. Students are encouraged to talk to their teachers if they would like further support.

Denise Wright, Deputy Principal

# Term 3 2017 Events

16 August	SRC Dance 6-9pm Grade Sport Semis School Council - 6.00pm P&C Meeting - 7.00pm
17 August	Year 10 Driver Awareness bstreetsmart
18 August	Year 10 Macbeth at SOH
21 August	Poetry in Action - Years 7,8,10, 3+3
23 August	Grade Sport Finals MADD Night - 6.30pm
24 August	Senior Soiree - 7.00pm
28 August	Year 7 into 8 Language selection Year 7/9 Readiness NAPLAN Testing Week
5 September	Year 10 VALID Testing
6-8 September	SRC Captain Interviews CHS Athletics
11 September	Year 11 SRC Election - Period 1
14 September	Year 9 SRC Election - Period 1
15 September	Year 10 SRC Election - Period 1
18-19 September	Year 10 Examinations
18 September	Year 8 SRC Election - Period 1
19 September	Year 7 SRC Election - Year Meeting
20 September	SRC Captain Speeches - Period 1
21 September	Year 12 Celebration Day
22 September	Linton Cup Year 12 Breakfast & Farewell Assembly Last Day of Term 3
9 October	First Day of Term 4 for staff and students

Full details of all school events are available on the school calendar on the school website [www.theforest-h.schools.nsw.edu.au](http://www.theforest-h.schools.nsw.edu.au)

## TFHS Extras

Do you know that there are so many clubs and activities on offer at The Forest High School? Click here for a full list of what's on and where

[https://edit.pws.det.nsw.edu.au/documents/75636251/75649800/tfhs\\_extras.pdf](https://edit.pws.det.nsw.edu.au/documents/75636251/75649800/tfhs_extras.pdf)



# Year 7 Report

This term has begun with such intensity that it felt like we never left for the holidays. With everyone being so busy, we have begun a new system of having an Assistant Year Adviser, so we welcome Miss Natalie Huen to the Year 7 team!

## SPORTING ACTIVITIES

So far this term we have had great weather for sporting activities and good participation too. Several students were involved in the **Sydney North Athletics** carnivals in Week 2 and performed to their personal best. In Week 4 all of Year 7 went to the **Sports Gala Day**. This was a wonderful opportunity for students to catch up with friends from their primary school who now attend different secondary schools and to participate in a variety of activities throughout the day. It was a fun day out of school for all.

## SEUSSICAL THE MUSICAL

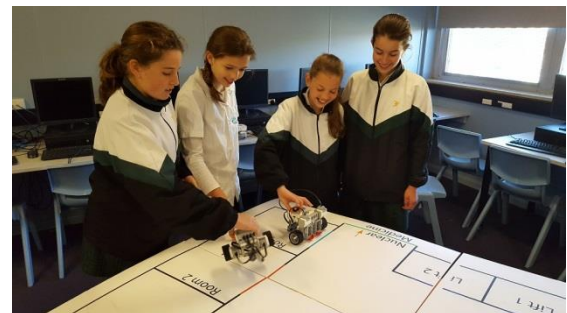
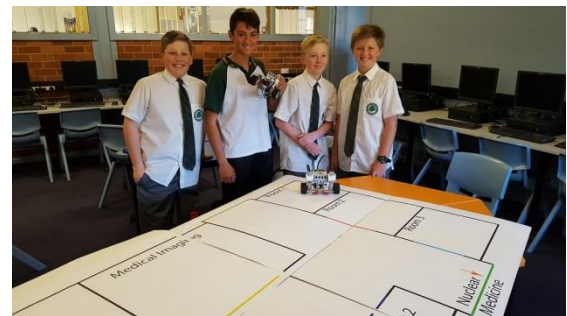
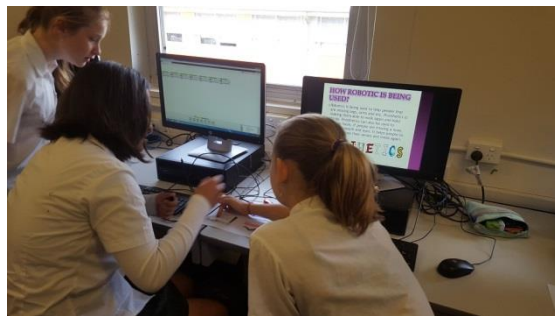
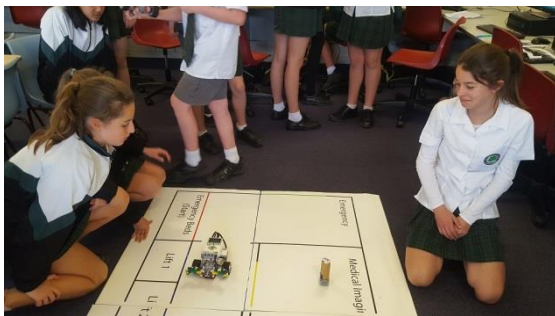
During Week 3 a group of Year 7 students went with the 3+3 Entertainment class to see **Seussical The Musical** performed at The Glen Street Theatre to much delight. The musical is about being yourself, not changing who you are, resilience and developing self-confidence all presented in classic Dr Seuss rhyme. This particular production combined a live orchestra with paid professionals and many very talented students from the Conservatorium of Music, circus, dance, drama and singing schools. Our own Emily C. has also been involved in this production although not the particular performance that we saw.



Year 7 students with a cast member from Seussical

## ENRICHMENT ROBOTICS CHALLENGE

Week 4 saw the culmination of the first round of the **Year 7 Enrichment Robotics Challenge** with groups selected from 7W, 7Y and 7B to present their work on the use of robotics in medicine to Ms McDowall and representatives from The Northern Beaches Hospital. Each group researched a particular use of robotics in medicine, performed extensive programming of their Lego EV3 robots to navigate a model floor plan to complete a task and prepared a presentation of their work. 7G and 7V will be beginning this project shortly.



Year 7 Robotics Challenge presentations

Tonight we are holding the SRC Dance with a variety of interpretations of 'Decades' as the theme. I am sure much fun will be had by all. Very soon, Year 7 students will need to choose which language they will be taking in Year 8 so everyone should start to think about this now. Also the NAPLAN Online Readiness

Test will be taking place during Week 7 - information was emailed to parents last week and more information can be found by typing 'NAPLAN Online' into Google  
**Georgia Yam, Year 7 Adviser**

## Year 8 Report

### STAGE 5 SUBJECT SELECTIONS

Our Stage 5 subject selections are almost complete! Thank you to all the Year 8 students for carefully following the selection process and submitting their choices on time. There were only a handful of students who needed a little coaxing to commit to a choice. Thank you too to the families who supported the students through the process by attending the information evening and encouraging the students to think about their life beyond school and the importance of this decision. I am sure there were plenty of interesting conversations around this topic at home.

### STUDENT ACHIEVEMENTS

I have been encouraging the students to share with me their achievements outside of school recently. It is great to hear how involved some students are in the community, or of a sporting or academic achievement separate to what we see at school. So we can keep track of this, and as a personal record for the students, I have made a 'collection point' for this kind of information. I am in the process of sharing this through the student's school email and hope that families will encourage the students to add in their achievements as they arise. I will regularly check in to see what is there so we can celebrate the wins and it will also hopefully help towards preparing references for students when they complete their studies in Year 12. Watch out for the email from me!

**Amanda Walsh, Year 8 Adviser**



# Year 9 Report



This report is a quick little one on helping support the students in Year 9. Year 9 is the time that students start to figure out long-term friendships, job opportunities, getting better grades. It is most important that our students, parents, guardians and teachers work hard to keep their mental health in check. With so much going on, young people can become stressed and struggle to build resilience.

There are a number of services and websites that are on offer for students and parents. For me personally, I use an i-Phone application called **Smiling Mind** that helps me build mindfulness focusing on a variety of factors to do with mental health. More information can be found at: <https://smilingmind.com.au/>

Of course another great resource is **Headspace**. Recently I met with Michelle, the Community Engagement Officer at Headspace Brookvale, who outlined their services. The centre has a GP, Nurse and Psychiatrist who can be used for free without Medicare. They also have free consultations with clinicians to help create a health care plan for a student's mental health. As a school we will be working with Headspace Brookvale, however, you can find more resources and guides at: <https://headspace.org.au/resource-library/>

Please take the time to check these out, for your child or yourself. Mental health is very important as we move into the senior years of high school.

**Julian Floriano, Year 9 Adviser**

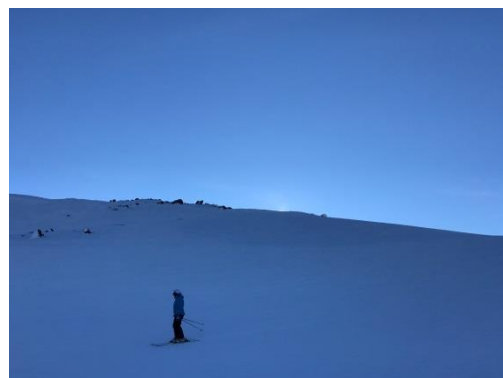
# Year 10 Report

## YEAR 10 SKI TRIP

Last week from the 8th to the 11th August a group of 40 Year 10 Fitness Leader

students went to the snow. We stayed in cabins in Jindabyne where we collected our skis and snowboards. Each day we drove to the Thredbo snow fields where we had a two hour lesson with an instructor. The lessons were great to learn and develop new skills. They provided expert knowledge to help beginners get on their feet and the experienced to improve. After our lessons we were all able to go off into small groups and explore the slopes. We were able to ski or snowboard with our friends and make new memories. We were very blessed with the weather as it was beautiful and sunny most days, but slightly windy. Some students had the chance to adventure to the highest lifted point in Australia and complete the longest run in Australia. Other students took a bus to Mt Kosciuszko, the highest mountain in Australia. The views were amazing and the snow was a new experience for many. The donuts were great at the ski fields as well as the bus driver Noel. Overall the trip was a great success and it was an amazing experience to see new sights and learn new skills.

**Ellie and Natalie, Year 10**





Snow adventures on the Year 10 Ski Trip

## Year 11 Report

Congratulations to all our Year 11 students who have been working so hard on a variety of major works as well as their Trial Examinations. There has been a tremendous amount of effort and commitment put in by all students during this very busy term.

We farewelled our Rotary Exchange Student Mattias T. from Finland. It was great to have Mattias at our school and see the strong friendships he made with Year 11 students.



Year 11 farewelling Mattias

We wish Serena D. and Lachlan S. the best of luck as they accompany their elite sporting teams overseas for some very intense competition. Both Serena and Lachlan have displayed amazing skill, talent and dedication in pursuing their sporting goals.

Helen Emery, Relieving Year 11 Adviser



Serena D. and Lachlan S. Good luck!

## Year 12 Report

### HSC

With Trials over, most Year 12 students have completed their final assessment tasks and now have only to focus on the HSC exams in October and November. Even if students have been disappointed with their assessment marks to date, the time leading up to October is a vital opportunity to work hard to give themselves an opportunity to perform really well in the HSC exams. The students who take this opportunity to consolidate knowledge and practice their skills by completing as many past papers as possible are the ones who perform beyond expectations and emerge happy and proud of their achievements. The end is in sight and a little more hard work will be well worth the effort.

### YEAR 12 FORMAL

Notes for the Year 12 Formal will have been issued by now. Please encourage your

son or daughter to complete the form, return it and make the payment as soon as possible to facilitate the arrangements for what I am sure will be a wonderful night. The Formal will be held from 7pm on **Thursday 23rd November 2017** at the **Novotel in Manly**.

### YEAR 12 CELEBRATION DAY

The planned 'Celebration Day' to mark the end of Year 12's formal school life has had to be cancelled because work on the lower car park will block access to the oval. Year 12 will meet to discuss alternative activities to celebrate this major milestone in a safe and enjoyable fashion. Once a decision has been made, parents will be notified in the usual way.

Jason Millar, Year 12 Adviser

## Maths Report

### NAPLAN

Our Year 7 and 9 students had their **NAPLAN** tests in Term 2 Week 3. Results will be out shortly. The supervising staff were very pleased with the behaviour and effort shown by the students during this time. NAPLAN from next year will be online and to ensure that our school has the technical capacity to do this we will be having a **readiness test during Week 7 of this term**. Information has already been sent home but I would like to remind all that this is a test of the school's readiness and not the individual students. It does, however, give our students the opportunity to become familiar with the online platform which will be useful for Year 7 students when they take the test again in Year 9 and for any of our Year 9 students who will still need to qualify for the HSC minimum standard.

### PATTERNS, PICTURES, PUZZLES AND PROBLEMS

Late in Term 2 our Year 8 students all participated in the **Patterns, Pictures, Puzzles and Problems** hands-on day. The students were enthusiastic and engaged during a series of challenges designed to build skills in the working mathematically strand of our syllabus.

### MATHS INSPIRATION

In Week 2 of this term students from the top 3 Year 9 mathematics classes were invited to attend the **Maths Inspiration Show** in Chatswood. The students were



entertained by mathematicians who demonstrated the use of mathematics in the real world in the chosen field. Two of our students Naomi and Lily became stars on the day when they were invited up on stage to participate in a fun activity.



### Year 9 Maths Inspiration excursion at Chatswood

#### MATHSWORKS

This term students in our top 2 Year 8 classes are working with Beacon Hill Primary school on a program called **Mathsworks**. In groups our students create a set of mathematical problems which are sent via Edmodo to Beacon Hill Year 5 and 6 students to work through. Our students can then communicate with the primary students via Edmodo on their progress. This program builds our students' organisation, teamwork and problem-solving skills. The program culminates in Week 8 when we visit the primary school and run a practical problem solving day.

#### ASSIGNMENTS

This term our students in Years 7 to 10 will be working on their Semester 2 assignments. These assignments give the students the opportunity to show their understanding of the mathematics they are learning in alternate ways to an examination. Students will be given assistance in class to complete sections of the assignment and any assistance from home is encouraged. Please check the Sentral messages to get the test dates and assignment details for this term.

#### STAFF DEVELOPMENT

The mathematics teachers are always learning as well. During Term 2 Mr Shaw and Mrs Gourlay attended a course on Alternate Assessment tasks in preparation for the new HSC courses. During Term 1 Mrs Barry, Mr Shaw, Mrs Frykberg and Miss Wallace

attended a course on General 2 Mathematics and Mr Berakhi attended a course on senior Mathematics. Mrs Gourlay is doing an online course this year called WINDSM in which she is working with a team of other teachers in the state on writing a program for the new senior Standard Mathematics course to begin in 2018. Later this term Mrs Gourlay, Mrs Blair and Mrs Barry will be attending the annual Mathematics Conference. We have been very lucky this term to have students from university doing a practicum placement. Aimee Wall supervised by Miss Wallace and Nathan Killick and Isabelle Ham supervised by Mrs Barry. The ideas and enthusiasm of these student teachers are an asset to our faculty.

I would like to finish with some words of advice to our senior students. In these final weeks of school before the HSC make the most of your learning opportunities. Complete your summaries, work on practice papers and be actively involved in class. Remember that:

*“ Success is a ladder you cannot climb with your hands in your pockets”*

Karen Gourlay, Head Teacher Mathematics

## HSIE Report

### SOCIETY AND CULTURE

At the beginning of this term Ms Anwar organised the Year 12 Society and Culture class to attend a tour of the Auburn Mosque as a part of their Belief Systems unit for the HSC. With a focus on Islam, students went on a tour with Osmond, the Youth Engagement Officer at Auburn Mosque, who showed the students the important features and history of the Australian-Muslim population. After the tour, students were taken to a local Lebanese restaurant to enjoy a lovely meal. Overall, students were beyond excited and amazed to physically see such a beautiful place. Thank you to Ms Anwar for taking us for a magnificent experience.



Year 12 Society and Culture visit to Auburn Mosque

## CAPA Report

### HSC DANCE

Our HSC Dance students have been incredibly busy this term. They sat their practical Trial Examinations early in Week 1 this term, have performed at the HSC Dance Preview evening and have now completed their practical component for the HSC. For some students this means that 80% of their HSC for Dance is completed already! Their talents were celebrated at a **HSC Preview Performance Night** held on Thursday 3rd August in front of a very supportive and proud audience. A variety of pieces were seen on this evening including presentations of students' technical and performance skills and student choreography. As per the syllabus requirements, the student compositions were danced by students in Years 8, 9 and 10. We thank these students for their tireless efforts over the past four months and the many, many mornings, lunchtimes, afternoons and weekends that have been spent learning and perfecting these choreographies. The Dance syllabus allows students to 'major' in an area of interest or expertise and our students have studied a variety of options including performance, composition, appreciation and even dance film, some of which will be seen at MADD Night (see details below). On Wednesday 2nd August, our students were celebrated by being involved in a photo

shoot by Tim Hunter of The Daily Telegraph. The results are stunning and were used by The Manly Daily. Sincere congratulations go out to our dance students for their efforts during this time as they managed their HSC exams, trials, performances and photo shoots.



HSC Dance students (photos courtesy of Tim Hunter, The Daily Telegraph)



6:30pm Wednesday 23.8.2017

The Forest High School Hall  
135 Frenchs Forest rd  
Frenchs Forest NSW 2086

Enquiries: ph. 9451 5111  
fax. 9975 3292  
[theforest-h.schools@det.nsw.edu.au](mailto:theforest-h.schools@det.nsw.edu.au)

# MADD NIGHT

Music, dance and drama  
performances.

Art and photography  
exhibition.







The Forest High School

# Senior Soirée

**2017**

One night only!  
7pm Thursday 24.8.17

Exhibition of HSC major works  
by our talented Visual Arts  
students.

Musical performances and  
catering by VET Hospitality.

The Forest High School  
Upper D Block  
135 Frenchs Forest rd  
Frenchs Forest NSW 2086

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fax. 9975 3292  
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# PDHPE Report

## LACHLAN ON TOUR WITH MANLY UNITED

Congratulations to Lachlan S. of Year 11 who will be travelling to South Korea with his club, Manly United, for soccer in the KFL Youth Tournament during August. Whilst there he will be competing against top quality clubs from around Europe and Asia which will be a tremendous experience and we wish him all the best with this great opportunity to improve and develop his talent.



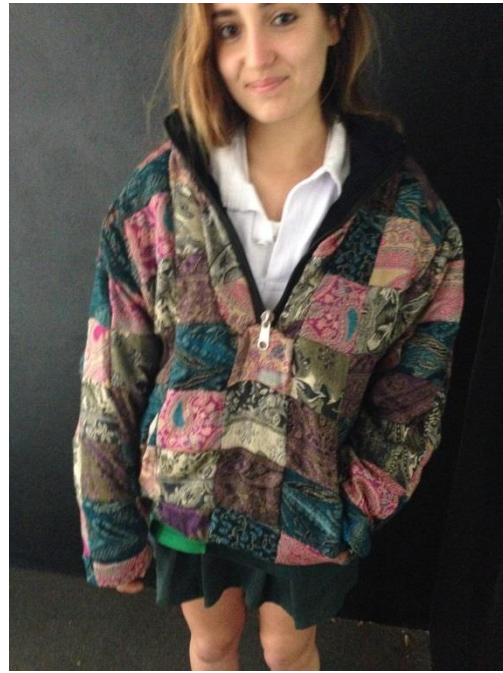
Lachlan S. - off to South Korea to play for Manly United

# TAS Report

## HSC TEXTILES AND DESIGN MAJOR WORKS

The wonderful world of Disney, sustainable and recycled materials, city landscapes, a costume designed to entertain children in a paediatric ward, after-five fashion, a vintage-inspired handbag, secret garden contemporary dress and a Himalayan snow-topped mountain wall hanging were the inspiration for the 2017 HSC textiles works. Congratulations to the HSC Textiles students for their fantastic efforts producing both their products and portfolios which were submitted last Monday. The school now sends these works into NESAs for marking.





Some of the excellent HSC Textiles and Design Major Works

# NAIDOC Week

Our school celebrated NAIDOC Week from the 26th to 30th June last term, celebrating the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. There were many fun activities throughout the week from art classes creating a map of Australia using traditional artwork, a NAIDOC BBQ giving students the opportunity to try traditional meats such as kangaroo and emu and a performance of traditional dance, music and culture.



Celebrating NAIDOC Week

# White Ribbon

The Forest High School staff held their annual morning tea to raise awareness for the **White Ribbon Foundation** earlier this term. White Ribbon is Australia's only national, male-led campaign to end men's violence against women. Their vision is that all women live in safety free from all forms of men's violence and their mission is making women's safety a man's issue too. Our school is part of the "**Breaking the Silence**" campaign which aims to work through primary prevention initiatives involving awareness raising and education, programs with youth,



schools, work places and across the broader community. This morning tea was designed to coincide with White Ribbon Night (28th July) and was catered by our 3+3 Hospitality students. Over \$250 was raised for the White Ribbon Foundation, which will go directly to primary prevention initiatives aimed at ending violence against women.

Kurt Neely, PDHPE Teacher

## SRC

### JEANS FOR GENES DAY

Friday 4th August was **Jeans for Genes Day**. The Forest High School supported research into childhood diseases by wearing jeans or something denim for a gold coin donation. \$555 was raised and donated to this worthy cause.

<https://www.jeansforgenes.org.au/>



The casual look on Jeans for Genes Day

### SCHOOL CAPTAINS DINNER

On Tuesday 8th August our School Captains Tamika and Harrison attended a Captains Dinner at NSW Parliament House in Macquarie Street at the invitation of Brad Hazzard MP, State Member for Wakehurst, Minister for Health and Minister for



Medical Research. The dinner was an opportunity for High School Captains and Head Prefects from selected NSW schools to meet and share information and experiences. We thank Tamika and Harrison for their representation of The Forest High School at this event.



Captains Dinner at NSW Parliament House

## Careers

### YEAR 10 WORK EXPERIENCE

Please note that the Year 10 Work Experience date has changed to **Week 9 of Term 4 (4th-8th December)** and the due dates for documents has moved forward to 3pm on Friday 17th November.

Chris Mansell, Careers Adviser

## Extra-Curricular

We're fundraising with *entertainment* and here's what's in it for you...

Still just **\$70** giving you over **\$20,000** of value!

"I love this Book! I'm discovering places I have never been before."

"I have the Entertainment™ Digital 'Book' on my smartphone and I love it!"

The *entertainment* Book **OR** The *entertainment* Digital Membership

Year 7 have adopted the **Entertainment Book** for their fundraising for the school and the new 2017-2018 book will be available from late March. Please support the school's fundraising by clicking on the link below to purchase one of the books and you can discover thousands of valuable up to 50% off and 2-for-1 offers for many of the best restaurants, arts, attractions, hotels, travel, shopping and much, much more! <https://www.entertainmentbook.com.au/orderbooks/200z485>

We thank you for your support!

### Attendance

Please note that "sleeping in" and "missed the bus" are not justifiable reasons for late arrival at school. These late arrivals will be marked and remain as unjustified absences on the Sentral attendance record.

Please encourage your students to make every effort to arrive to school on time - roll call begins at 8.35am.



### Uniform Shop - sale!

The Uniform Shop has an extended sale on the following items:

- Forest knitted jumpers (limited sizes available) - only \$20
- Boys grey shorts - only \$20

### New jackets and pants - available now!

The new style black jackets are in stock and available now in the Uniform Shop. They come in both male and female style and features include a mobile phone holder and pockets. Price is \$70. Pictured below are some of our SRC modelling the new jackets. Also available now are black pants for girls which are \$40 each.



## Year 11 and 12 Meningococcal Vaccinations

MenACWY vaccines are available at GPs. Students in Year 11 and 12 who missed out on getting the Meningococcal Vaccine at school can approach their GPs for this vaccination until the end of 2017. Any further questions regarding this vaccination program now need to be directed to GPs.

## Road Work Update



### The Forest High School is getting a 'facelift'

Work started at The Forest High School last year with some of the work completed during school holidays. The 'facelift' includes new and upgraded car parks, a new multi-purpose games court, stormwater drainage and other upgrades.

The project team meet regularly with the school representatives, including the Principal and key staff, to discuss progress and upcoming work. The program of construction work includes upgrading the front, western and rear car parks, the sports court, and stormwater drainage.

### Are you studying for the Higher School Certificate?

We are planning our future work program and would like to know if there are any students residing near the project area, who are sitting for the Higher School Certificate (HSC) examinations from Monday 16 October to Tuesday 7 November 2017. We would like to discuss options that we can take to minimise the impact of our work during that period. Options may include scheduling work outside of areas and times where students will be studying, carrying out less noisy activities, and providing specific noise mitigation measures where appropriate.

**If a member of your household is studying for the HSC, please contact our delivery partner Ferrovial York Joint Venture by 31 August.**

### Hilmer Street intersection upgrade from Monday 24 July

Roads and Maritime Services will upgrade the intersection of Hilmer Street and Warringah Road as part of the Northern Beaches Hospital road upgrade project. Work will start on Monday 24 July and will continue for about 10 weeks to upgrade the intersection of Hilmer and Warringah Road, Frenchs Forest. Some of this work will be carried out during standard construction hours between 7am and 6pm, from Monday to Friday, and between 8am and 1pm on Saturday, weather permitting.

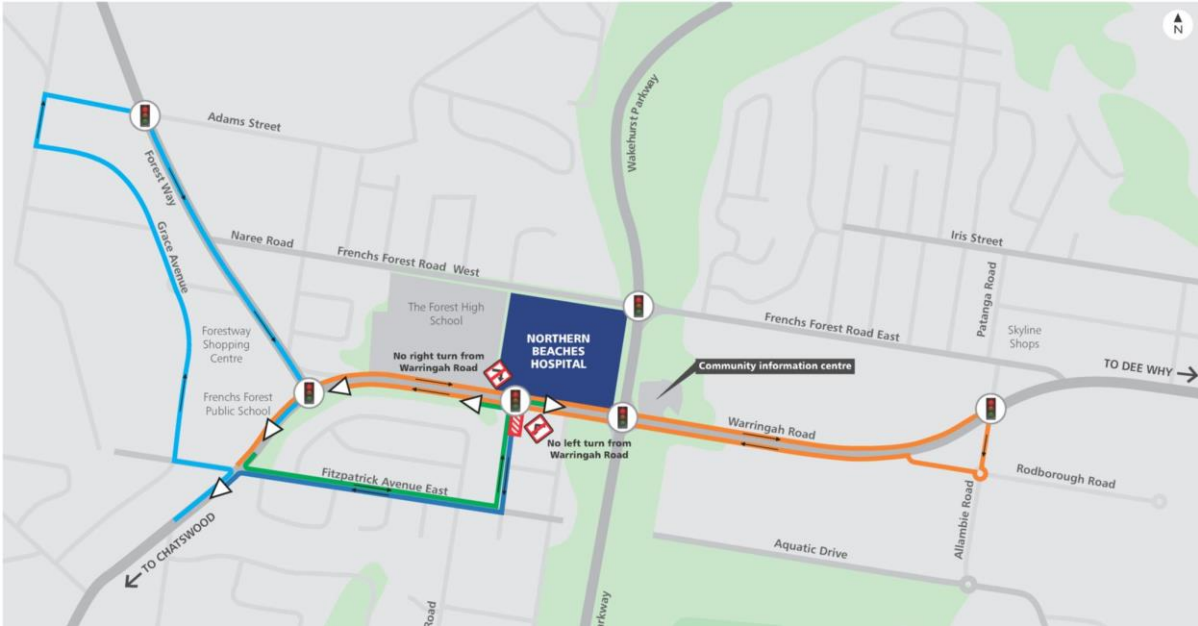
Due to the high volume of traffic and pedestrians in the area and to limit delays on the road network, some of the work will be carried out at night, between 8pm and 5am, Monday to Friday.

The work will involve:

- partially closing the Hilmer Street intersection
- installing temporary traffic controls and detour routes
- installing site fences to delineate the work area
- installing temporary footpaths
- demolishing and disposing of the existing concrete kerb, gutter and footpaths
- re-laying asphalt
- installing stormwater drainage lines
- installing new kerbs, gutters, footpaths and pavements.

During this work Hilmer Street will be **one-way only** northbound, from around 3 and 4 Hilmer Street. Vehicles will still be able to **exit Hilmer Street northbound** onto Warringah Road.

**Motorists will not be able to enter Hilmer Street from Warringah Road.**



**Contact**

If you have any questions, would like to register for project updates or have any feedback please contact Ferrovial York Joint Venture on:

**Call:** 1800 014 307 (free call 24/7)

**Website:** [rms.nsw.gov.au/nbh](https://rms.nsw.gov.au/nbh)

**Email:** [nbhcommunity@ferrovialyork.com.au](mailto:nbhcommunity@ferrovialyork.com.au)



# Community Notices

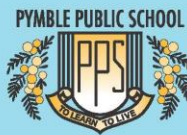


## Slow down to 40 when bus lights flash

In NSW there are thousands of buses that travel every day transporting students to and from school. Due to their size and mass busses they take more time to stop. Crashes involving buses often result in more severe outcomes for other road users. The Centre for Road Safety is committed to improving safety around buses and is implementing a tactical school bus safety campaign. This is a reminder for parents and carers that they always need to supervise their children and hold their hand when walking to and from the bus stop or interchange and when crossing the road. In addition, parents should not call their children across the road as it could lead to dire consequences.

The law states that a speed of 40km/h applies if passing a bus when the front and rear lights are flashing as the bus is picking up and setting down school children. Please slow down to 40km/h when bus lights are flashing. This is for the safety of all students.

If you want more information on this campaign please visit the Centre for Road Safety link: <http://roadsafety.transport.nsw.gov.au/campaigns/be-bus-aware/index.html>



# PPS SPRING FAIR 2017

CROWN ROAD - PYMBLE 2073

**27TH AUGUST 2017 - 10.00AM-3.00PM**



**CARNIVAL RIDES - SAUSAGE SIZZLE - CAKES  
STALLS - RAFFLES - AND MUCH MORE...**

Dealing with  
**ANGER &  
VIOLENCE** in the  
**TEENAGE YEARS**  
*A parent's forum*



Are you concerned about  
**ANGER, AGGRESSION or VIOLENCE**  
involving a teenager?

DATE: 31ST AUGUST  
PCYC Kingsway Dee Why  
6:15 PM - 8:45 PM

**SPEAKERS:**

Godelieve Hofman-Verkuy], Parenting and Youth Educator  
Police Youth Liasion Officer  
Tom Fegent, CatholicCare, Drug & Alcohol Youth Support Service

Bookings: The Burdekin Association 02 8976 1777  
Family Support and Community Program



## Cyberbullying and online abuse in the digital age

The Government has established the Office of the eSafety Commissioner to help tackle the issue of cyberbullying and poor cyber safety practice affecting young people.

To help parents, teachers and young people learn about online safety issues such as cyberbullying, image-based abuse and exposure to inappropriate content, the eSafety Commissioner, Julie Inman Grant and Federal Member for Mackellar Jason Falinski MP, are hosting an eSafety Community Seminar in our area.

The seminar is at 7pm-8.15pm on Monday 28th August at The Pittwater House School, 70 South Creek Road, Collaroy.

If you would like to attend please click here

[http://www.jasonfalinski.com.au/esafety\\_seminar?utm\\_campaign=esafetyforum&utm\\_medium=email&utm\\_source=mackellar](http://www.jasonfalinski.com.au/esafety_seminar?utm_campaign=esafetyforum&utm_medium=email&utm_source=mackellar)

Further information can be found at: <https://www.esafety.gov.au/>



### HELPING LEARNER DRIVERS BECOME SAFER DRIVERS WORKSHOP

Wed 6 Sep, 6.30 - 8.30pm

This workshop aims to increase the confidence and knowledge of supervisors who oversee learner drivers. The two-hour workshop provides practical advice about:

- Supervising learner drivers.
- Completing the Learner driver log book.
- Understanding the benefits and safety aspects of supervised on-road driving experience.
- Understanding of the licence conditions for learners and provisional licence holders.

Northern Beaches Council Civic Centre  
725 Pittwater Road, Dee Why  
Bookings: 9942 2447 or [roadsafety@northernbeaches.nsw.gov.au](mailto:roadsafety@northernbeaches.nsw.gov.au)

NORTHERN  
BEACHES  
COUNCIL

[northernbeaches.nsw.gov.au](http://northernbeaches.nsw.gov.au)



22 OCTOBER 2017



[www.roomtoread.org](http://www.roomtoread.org)

World Change Starts with Educated Children

[www.springtrek.com.au](http://www.springtrek.com.au)



*The average girl in a low income country walks many miles just to get to and from school each day. Frequently that journey is a precarious one, across long distances, unsafe terrain, and with challenging circumstances at home. She will often be the first girl in her family, or village to even attend high school.*

*Access to a quality education should not be so hard.*

In response, a team of amazing volunteers and professional trek hosts have created Spring Trek Sydney, an 18 or 30km trail event, set in the stunning Ku-ring-gai National Park where teams of three - six walk (or run!) together to support Room to Read.

Since the first event in 2015, over 100 family, corporate and friendship teams have raised more than \$250,000 for Room to Read through Spring Trek.

It costs just \$1 a day to provide a girl in a low-income country the support she needs to finish high school – that's 250,000 more days of school for girls who would otherwise have been forced to drop out!

With every step you take in the Spring Trek this year you will be directly supporting the young women in Room to Read's Girls' Education Program, taking them one step closer to achieving their dream of an education.



*Join us in 2017 and trek for world change:*  
[www.springtrek.com.au](http://www.springtrek.com.au)

Early bird registration  
open until  
26 April 2017



# GIVING BLOOD FEELS GOOD

Every donation can save three lives.

## Mobile Blood Service visiting: **Bunnings Belrose**

90 Niangala Close, Belrose

**Monday 21 August      9.00am – 2.30pm**

**Drink up!** Have 3 or 4 glasses of water or juice in the hours before you donate

**Eat!** Have a good sized breakfast or lunch

**Please bring photo I.D. with you**

To make an appointment call **13 14 95**  
or visit [donateblood.com.au](http://donateblood.com.au)

 Australian Red Cross  
**BLOOD SERVICE**



**Lifeline** Saving  
Lives

Crisis Support. Suicide Prevention.

# BOOK FAIR

Ted Blackwood Hall  
Jacksons Rd  
Warriewood

25 - 27 August

Fri 1-8, Sat 9-5, Sun 9-2

# TURRAMURRA HIGH SCHOOL



## Celebrating 50 Years

1967 - 2017



Past and present members of the school community  
are invited to join our celebrations.

### *Back to THS Day*

**Tuesday 19/9/17**

This is an all-day event held at school 9am to 6pm  
104 Maxwell Street, South Turramurra



### *50<sup>th</sup> Anniversary Celebration Evening*

**Friday 24/11/17**

Hornsby RSL Club  
4 High Street, Hornsby 2077  
7 to 10pm  
\$35 pp or \$65 p/couple



Ticket includes finger food, complimentary drink on arrival,  
cash bar available (*must be over 18 years to attend*)

RSVP for the evening event by: 10/11/17

Tickets: Ctrl click here - [www.trybooking.com/RFZV](http://www.trybooking.com/RFZV)  
or go to [trybooking.com](http://trybooking.com)



Back to THS enquiries: 9449 4233

50<sup>th</sup> Anniversary Celebration Evening enquires:

Nahid Kabir [50years@ths.community](mailto:50years@ths.community)

Alumni: [turramurrahighschool.com.au/content/alumni](http://turramurrahighschool.com.au/content/alumni)

THS Website: [turramurrahighschool.com.au/](http://turramurrahighschool.com.au/)

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You are receiving this email because you are a part of The Forest High School Community.

**Our mailing address is:**

The Forest High School  
135 Frenchs Forest Rd W  
Frenchs Forest NSW, NSW 2086Australia