



# Newsletter Week 10 Term 4 2018

## Principal's Report

**Congratulations to our 2018 Year 12 HSC High Achievers** Year 12 2018 is our last cohort of 3+3 HSC students. It is effectively half a cohort, a much smaller group doing half the number of HSC subjects. There were 12 students on the NESA Distinguished Achievers List and another 7 students who achieved a Notional Band 6 in an Extension Courses – 19 high achievers in total and 62 Band 5s, many of them high Band 5s achieving 88 and 89%. We are extremely proud of the Year 12 class of 2018. In 2017 this cohort received 8 Band 6 results and 40 Band 5 results bringing the totals they achieved to 29 Band 6s and 102 Band 5s. They have set themselves up for a bright future. More than 20 students received early offers for 2019 and we are sure there are many more to come. The following students received one or more Band 6 results in their examinations in 2017 and 2018.

- Gabriella Apostolou
- Hannah Christensen
- Michelle Hutchings
- Joseph Jelic
- Reece Johnston
- Andrea Malm
- Leah Miller
- Andy Pataki
- Jasper Schwarz
- Oscar Shen
- Max Talintyre
- Zali Van Der Veer

I would like to thank our School Captains, Zali Van Der Veer and Alexander Dixon, Vice Captains, Gabriella Apostolou and Luke Geddes, Performing Arts Captains, Mackenzie Brown and Angus Walsh, Sports Captains, Andrea Malm and Oscar McSorley, Environment Captains, Kandy Lee and Ryan Heaphy and Prefects, Robert Buttiglieri, Lachlan Clarke, Ginger In, Marko Paunovic, Jasper Schwarz, Zane Smuts and Megan Walsh for their impressive leadership in 2018.



**Thank you to the P&C and School Council** I would like to highlight the support that our School Council and the P&C has provided to the school in 2018. The executive and members of these groups always give their positive support to school planning and organisation and are interested to learn about our term by term improvement and activities. Funds raised by the uniform shop, staffed by P&C members, plus P&C school contributions paid by parents, allows the P&C to donate funds towards programs and projects within the school. Such initiatives in the past 12 months have been the continued financial support of the High Resolves program, Presentation Night prizes and funds dedicated to the maintenance of our grounds and gardens. I thank them for this support on behalf of the students and staff at The Forest.

**Thank you to the Staff** I would like to thank each one of our staff for a wonderful year. We are indeed very fortunate to have such diverse, talented and committed teachers and support staff at The Forest High School. It is very important at this time of the year to publicly acknowledge the sustained and considerable dedication of the deputy principals, executive, classroom teachers and support staff to our students' welfare and learning. Thank you.



**Staffing Update** Mr Cameron Rowland has been permanently appointed to the English Faculty for 2019.

**Hospital Opening** The Hospital Opening was on 19th November. Cathy Thompson and I attended with our Captains, Elizabeth Raffin and Joshua Short along with Vice Captain, Emma De Zeeuw and Prefects, Hannah Keeler and Sean Stephens. Our Year 12 Jazz Combo including: Lachlan Clarke, Joseph Jelic, Christopher Longford, Jasper Schwarz and Max Talintyre accompanied by James Moore provided the opening musical items for the event.

The school was positively acknowledged by several of the speakers including local Member and Health Minister, Brad Hazzard. They spoke of the school's partnership with the hospital. The Jazz Combo played exceptionally and I thank Melissa Yea and James Moore for preparing them for the event at such short notice. I would like to note that Joseph Jelic has received an early offer to the Conservatorium of Music as a result of his Practical HSC Music Examination and Christopher Longford has also been offered a place at the Conservatorium of Music to major in Musicology.



**Happy Holidays** Finally I wish students, staff, parents, carers, family and the community compliments of the season and a relaxing and safe holiday. Staff returns to school Tuesday 29th January. Years 7, 11 and 12 return Wednesday 30th January and all other students return Thursday 31st January.

**Rosemary McDowall, Principal**

## Deputy Principal Report

After another amazing year at The Forest I would like to wish all of our students, families and friends a wonderful relaxing break over our festive season. Even at the very end students and staff continue to work wonders in the work they do. Here are a few examples of this from the last week.

**Cathy Thompson, Deputy Principal**



Year 10 Visual Art students designed and painted this mural outside Deputy Mr Finley's office. After this was completed they went on with a team of helpers to design and paint a mural outside my office.



On 12<sup>th</sup> December there was an evening performance – Stage 4 Mini-MADD – students performed music and dance items and exhibited their artwork in the Assembly hall. Such talent!





One of our talented music students performing the ukulele at Stage 4 Mini-MADD Night



Students from Ms Nixon's Year 8 English class studied Titanic. They used Inquiry Based Learning strategies to research the history behind the story and produced a range of ingenious products to demonstrate their understanding of the topic. A jigsaw puzzle can be seen here.



Students worked individually or in small groups. Pictured above a game of Titanic Guess Who. Other items presented included Titanic-Monopoly, a recreation narrative and a short scene play.



Pictured above one of our students who produced a Q&A game. Amazing effort by students and Ms Nixon.

## **Congratulations to our students who received awards at the Silver Ceremony on Tuesday 27th November**

Students received certificates in recognition of excellence, effort, achievement and participation in a range of school and extra-curricular activities including the Enrichment Program, NSW Premier's Reading Challenge, School Band, Maths Competitions and Sporting Competitions



# Term 1 2019 Events

29 January 2019	School Development Day – staff only
30 January 2019	New students enrolment Years 7,11,12 & Peer Support Leaders return
31 January 2019	Full school resumes
6 February 2019	Welcome Back Dance 6.30pm-9.30pm
11 February 2019	Swimming Carnival
12 February 2019	2019 Graduate Assembly
19-22 February 2019	Year 11 Camp
21 February 2019	Zone Swimming
27 February 2019	School Council – 6.00pm P&C Meeting – 7.00pm
28 February 2019	Year 7 Parent Evening & Relationships Australia
1 March 2019	Schools Clean Up Australia Day
6 March 2019	Open Night 5.30pm-8.00pm
7 March 2019	School Photographs
8 March 2019	Zone Swimming
9 March 2019	GAT Testing
11 March 2019	GAT Testing Makeup
12 March 2019	Year 7 & 12 Parent Teacher Interviews 3.45pm-7.30pm
18-20 March 2019	Year 7 Camp
21 March 2019	Harmony Day
25-29 March 2019	Kindness Week
27 March 2019	School Council – 6.00pm P&C Meeting – 7.00pm
4 April 2019	Year 9 & 11 Parent Teacher Interviews 3.45pm-7.30pm
8 April 2019	Year 7 Vaccinations
12 April 2019	Cross Country Last day of Term 1
29 April 2019	School Development Day – Staff Only
30 April 2019	Students Return Anzac Day Assembly

Full details of all school events are available on the school calendar on the school website [www.theforest-h.schools.nsw.edu.au](http://www.theforest-h.schools.nsw.edu.au)

## Year 7 Report

Congratulations for completing your first year of high school Year 7 students! What a rewarding year it has been - developing new friendships, understanding new subjects and generally navigating the ins and outs of high school life. You are to be commended for consistently demonstrating the school values of Respect, Responsibility and Personal Best.

**Year 7 Reports** The final Year 7 reports were a pleasure to read and reflected the great improvement in attitude and effort that has been observed over the past semester. Year 7 have clearly been working on improving their organisational skills and application to their studies. Many students improved on their academic marks from Semester 1, highlighting their developing organisational skills and academic maturity. I hope this attitude will continue into Year 8 and beyond.

**Presentation Night** was held last Tuesday to recognise the outstanding academic and sporting achievements of students. A great number of high achieving Year 7 students received awards and all recipients are to be congratulated on their exceptional achievements in 2018. The Academic Excellence awards for each subject, as well as the P&C awards for academic achievement, reflect students' diligent approach to their studies, whilst the various sports awards reflect students' talent at local, regional, state and national levels. It was a truly wonderful night celebrating the brilliant achievements of our students.

**Year 7 Swim School** Year 7 recently enjoyed two days of swim school at Manly Boy Charlton Aquatic Centre. With the assistance of Year 9 Fitness Leaders, students' swimming skills were improved and a lot of fun was had in beautiful weather. The third day of swim school was spent at Long Reef Beach where students learnt surf education and spent the day boogie boarding and surfing.

I would like to wish all Year 7 students and their families a safe and enjoyable holiday period. I am looking forward to being your Year Adviser as you enter Year 8 and I cannot wait to see your achievements in 2019. Happy holidays!

**Kate Board, Relieving Year 7 Adviser**



## Year 8 Report

Congratulations to Year 8 as a year group for receiving the highest number of Silver Awards at this term's Silver Ceremony. It was very encouraging to see that we are reflecting the values of the school by consistently being Respectful, Responsible and always striving to do our Personal Best.

Our Year 8 students also received a large number of awards for academic, sports and musical accomplishments at our annual Presentation Night. More fantastic demonstrations of our students' creative and performance successes were on display at the final Mini-MADD night.

To celebrate the end of year we held a couple of fun events. After so many students enjoyed themselves at the Sleepout event earlier in the year we had another similar event on 23rd November, but without the sleeping over. Although this pizza and games night did not have as many students attend as the Sleepout, we had a lot of fun playing various indoor and outdoor games. The combined trip to Wet 'n' Wild with Year 9 at the end of Week 9 was also a relaxing and enjoyable way to celebrate the end of year.

I hope that everyone has a joyous Christmas season and a restorative New Year holiday ready to return to school refreshed with some clear goals for more great achievements in Year 9.





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**Georgia Yam, Year 8 Adviser**







## Year 9 Report

**Senior Subject Tasters** Earlier this term our Year 9 students participated in several senior subject taster lessons. The students were able to select two or three subjects to visit during a Year 12 lesson to get a better feel for both the content delivered in the course, and the general senior classroom 'vibe'. The taster lessons were very popular, and very successful. Thank you to the students who attended for your enthusiasm and respect towards the teachers and students of the lessons in which you participated. There will be another opportunity to complete subject tasters prior to Stage 6 course selection next year, so for students who missed the opportunity this time, it is highly recommended that you try to get one in next time.

**Classroom visit – Year 9 Food Technology: Food product development** This term I visited Year 9 Food Technology during the preparation and presentation of their Food Product Development task. After studying the process that the food industry follows to develop new food products, the students designed and prepared a unique food product. I was very impressed by the lengths that some of the students went to, to design and prepare their products, as well as their beautiful presentation and styling of their products. I think that they also were very proud of their efforts! Well done Year 9.





**Peer Support** Our wonderful Year 9 Peer Support leaders welcomed our 2019 Year 7 students for their Orientation Day earlier this term. They participated in their first activity as leaders with great pride and enthusiasm and demonstrated care and empathy towards the Year 6 students who were stepping out of the comfort of their primary school and friendship groups to experience high school life for the first time. It was lovely to see them interacting with them and guiding the students through the school. We have a very considerate and kind-hearted group of leaders for 2019. Year 7 2019 will be in great hands for their first term of Year 7. Don't forget, our leaders need to be at school with the new Year 7s on their first day 30th January, 2019.

**Wet 'n Wild** A very wet and wild day was had last Friday for our end of year celebration! Year 8 and 9 descended on Wet 'n Wild as well as several thunderstorms. We were pulled out of the water a couple of times due to lightning activity. Our students, while disappointed, handled themselves well and sought comfort in the cafes. The park's management has provided us with complimentary tickets due to the lack of time spent in and on the rides and we have put these aside to use for participating students in Term 1, 2019.





**House Captains** The school recently elected House captains for 2019, as part of a new initiative to build school culture and spirit at The Forest High. I am very proud that Year 9 students were elected to two of the four positions. Both Kai Johnston (Ares) and Lachlan Johnson (Poseidon) were elected as House Captains and have begun working with Ms Nixon on a range of whole school activities. The first major event will be held on the last day of school - *The 2018 Yarrabee Film Festival*. Thanks to Ms Nixon for coordinating this initiative and providing leadership opportunity to both Kai and Lachlan.

**Apologies and Congratulations** I would like to offer both my apologies and congratulations to students who received awards at our Presentation Night last week. A very long list of very worthy recipients in Year 9. Well done. Thank you to Mr Floriano for stepping in to fill my place while I was attending my own child's Presentation Evening!

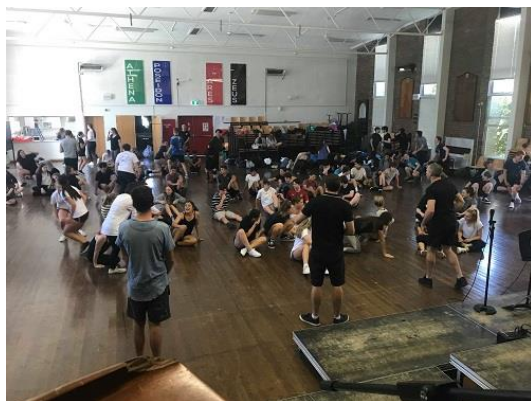
**Happy Holidays** After a very full year of academic, sporting, creative arts and community service achievements, I would like to wish all of our Year 9 students and their families a very happy and safe holiday season. I look forward to seeing everyone return refreshed and excited for Year 10 in 2019!

**Amanda Walsh, Year 9 Adviser**

## Year 10 Report

What a year! We are so proud of how far you have all come this year and look forward to seeing you all again in the new year as seniors!

**Year 10 Retreat** The Year 10 Retreat was a roaring success – so a massive thank you to all who were involved and made those days what they were! It was lovely to see the students mingle and work with their friends and others in the year, and come together as a year group.



**Jerseys** We are organising jerseys for next year – so start thinking of what to put on the back! We will sort these out early Term 1 so that hopefully they will be ready for the cooler weather in Term 2.

**Year 11 Camp 2019** Another reminder that Year 11 Camp 2019 has been booked for 20th February to 22nd February 2019 (Week 4). Students will receive a permission note this week and this can be paid for over the holidays. If there are any issues at all with payment please let me know and I can sort this out. It will fly around in no time, so please keep this in mind.

Year 10 – you've been the best. Have a safe and fantastic holiday! Below are some photos from the lovely Year 10 Celebration Evening held on 27th November at Miramere Gardens, Terrey Hills.

**Hilary Page, Relieving Year 10 Adviser**





## Year 11 Report

Well, HSC workload and assessments have well and truly played a part in the end of year exhaustion factor! Congratulations to the students who have demonstrate fantastic time management and worked hard to do their best on each task and hand the work in on time. You have only got three more terms to go so I encourage each of you to maintain your enthusiasm and commitment to do your best. Last Tuesday we celebrated Presentation night and it was lovely to see so many Year 11 students receiving academic, cultural and sport awards. Thank you also to our magnificent members of the band who always perform brilliantly.



Congratulations to Zack Pierce who was voted in as one of the schools House Captains, to join the leadership team to assist with raising school spirit by participating in events like the Yarrabee Film Festival and the Year 11 v Year 10 cricket 20/20 game.

Finally, I wish all families a very happy Christmas and a restful break from the daily grindstone. I look forward to seeing your happy faces in late January.

**Clare Diggins, Year 11 Adviser**



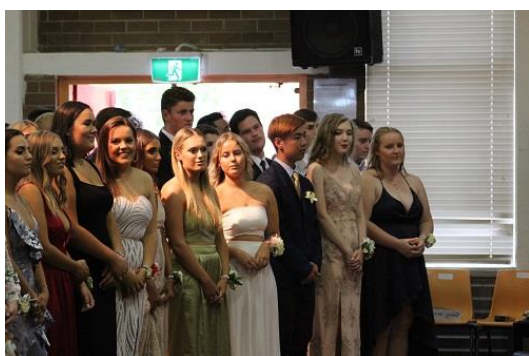
We are proud to announce that Tara Mapstone in Year 11 has been awarded a Dee Why RSL Academic Scholarship for 2019.

The scholarship is open to local students going into Year 12 for the 2019 year of study and students can receive up to \$2,000 to assist them in achieving their utmost potential while completing the HSC.

Recipients are selected based on their academic performance, contribution to school and community as well as interest and participation in extracurricular activities. Tara received her award at an awards function on the 4th December. We congratulate her on this wonderful achievement.



# Year 12 Report



We would like to acknowledge all of our Year 12 students who worked so diligently in preparation for their HSC examinations. Congratulations on your efforts and results. We wish all of you continued success on your new journeys. The Graduation and Formal was enjoyed by all and a fitting way to say goodbye to the year group.

I would like to thank Mr Julian Floriano, Head Teacher Welfare, Mrs Jenny Power, Head Teacher PDHPE, Mrs Helen Emery, Year 12 Adviser and Mrs Pam King who works in our School Office for organising this wonderful event and other members of staff and students who also assisted on the day.

Wishing you and your families a wonderful festive season and all the very best for the future.





**Congratulations to our House Captains for 2019!** The roles of the House Captains have been re-vamped for next year. This year we invited nominations from Years 10, 11 and 12. We had a phenomenal increase in voting and we are pleased to announce the following House Captains:

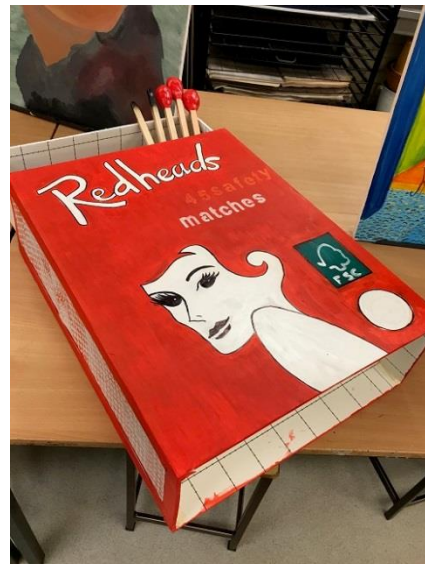
- Zack Pierce for Zeus
- Kai Johnston for Ares
- Lachie Johnson for Poseidon
- Megan Huston for Athena

Not only will they be involved in the Sports Carnivals throughout the year they will also be committed to raising school spirit, with lunch time activities and promoting the first ever Yarrabee Short Film Festival.



## CAPA Report

**Class of 2019 Preliminary Showcase** The beginning of Term 4 saw the HSC Class of 2019 celebrate their achievements in the creative and performing arts faculty. This evening was held in the Performing Arts Centre (PAC) and Lower G Block art rooms and showcased our talented musicians, dancers, actors and artists. Audiences saw a range of performances including dramatic monologues, dance compositions, classical soloists and a diverse selection of music ensemble pieces. Our artists displayed magnificent appropriated self-portraits, pop art sculptures and photography compendiums. Thank you to our comperes Joshua and Katie. An extra special thank you goes to the parents, friends and teachers who came to support our students.







**Forestville RSL performance** On Saturday 1st December, our outstanding dance students performed for a very appreciative audience for the Forestville RSL dinner dance. Students who performed were those in Years 7, 8 and 9 in our dance ensemble and some of our 2019 HSC dance students. Pieces that were performed included items that have been performed at the Sydney North Regional Dance festival, student compositions and items choreographed by Ms Bailey. Katie S and Danielle L both spoke incredibly well about our growing Dance program and information about the dance items being performed. A heartfelt congratulations goes to all of the students and Ms Bailey who gave up their Saturday evening to perform at this event. The audience was thoroughly impressed by the standard of performances and the professionalism with which they conducted themselves.



**Mini MADD** Our youngest performers were given their opportunity to showcase their amazing talents in Music, Art and Dance at last week's Mini MADD. We were treated to a broad range of performances including small music ensembles, vocalists, a ukulele duet, dance ensemble performances, and a dance duet that was self-choreographed. Our artists in Years 7 and 8 showcased their talents through a range of Cubist still life paintings, ceramic Pop Art busts, environmental sculptures and elements of Art artworks. Tommy Skecic and Erin Steele acted as our comperes for the evening and did a splendid job. Thank you goes to our audience for supporting these students. A special thank you goes to our performers and artists who were brave enough to showcase their works so confidently.





**Melbourne Band Tour** Our Band Tour to Melbourne from 12th-16th November was a great success and an amazing experience for our music students and staff who had the wonderful opportunity to go. Our students took part in performances and sharing music experiences within the Melbourne community; a sightseeing walking tour which included the Melbourne Arts Precinct, St Kilda beach area and the Australian Institute of Music; tram rides; markets and the '234 Fund Galore' games afternoon. The tour was a fabulous celebration of all they have achieved throughout the year and a fantastic way to say goodbye to our seniors and to welcome junior band members in to our band family.









**Meet The Music** Some of our music students recently had the opportunity to attend two very special events. The final concert in the 2018 Meet the Music series was held at the Sydney Opera House Concert Hall. This concert included a spectacular percussion concerto which had Australian percussionist Claire Edwardes literally running around stage to cover a huge variety of new and traditional percussion instruments. Year 11 and 12 music students have thoroughly enjoyed these wonderful Sydney Symphony Orchestra concerts.





**Piano Recital** On Saturday 10th November some of our senior music students witnessed a spectacular recital by Russian pianists Andrey Gugin and Arseny Tarasevich-Nikolaev. The recital was held at the Verbruggen Hall at The Sydney Conservatorium of Music. The evening began with a pre-concert talk for this select group of students. Following the recital they were treated to a meet and greet with the performers. A huge thank you to the organisers of the Pianoforte program from the Sydney International Piano Competition for providing this wonderful experience for our students.



**Senior Photography** On Friday 9th November the Year 12 Photography class took part in location shoots around Sydney Harbour between Manly, Circular Quay, the Botanical Gardens, the Sydney Harbour Bridge and Luna Park. The class explored the use of the digital camera and various photographic themes to produce a vast body of images to select and manipulate in photoshop. A great day was had and they even saw Bill Murray!







**Schools Spectacular** A few months ago, I was lucky enough to be chosen as one of two applicants from hundreds across NSW as part of the Specialist Audio Program for the 2018 Schools Spectacular production. This meant I would be working with many industry professionals, applying my knowledge of the entertainment industry and representing my school in a professional environment. I was so excited and couldn't wait until the first combined rehearsals.

I attended five rehearsals at Qudos Bank Arena where I was required to shadow the head audio technician and assist him in setting up equipment for the performers, sound checking the show and then running the audio desk for the entirety of the rehearsals. These were huge 12 hour days, but I learnt so much and loved every second of it. Four weeks later it was show time. Every morning we were briefed and got given badges and security codes to have access to the venue. We did a matinee and night show each day and I worked 15 – 16 hours both days. From Schools Spectacular I have walked away with two more secured worked experience opportunities in the field, made contacts with industry professionals and have gained a substantial amount of new knowledge of some impressive equipment. Examples include but are not limited to the science behind radio microphones, the importance of a functioning organised system in every field and aspect and most importantly, the crucial role of team work.

The intense atmosphere, early mornings, late nights, endless coffees and the crazy long hours, along with the incredible people I met in the Audio Specialist Program, have offered me a great insight in the field and has definitely made me want to pursue a career in the entertainment industry.

**Lara Sava, Year 11**



## English Report

Year 10 English had fun participating in a series of theatre-based activities as part of the current unit on Storytelling. There were a lot of laughs as students played games such as 'Pop Up Story Book' and acted out a variety of improvised short stories.



**Year 12 HSC English Studies** The Year 12 class has had a reflective and exciting term engaging with the Common Module, *Texts and Human Experiences*. We have viewed the film *Billy Elliot*, read a selection of personal essays from the collection *Nevertheless We Persisted*, and participated in a selection of challenging "human experiences", including Mixed Martial Arts at the Wimp2Warrior Training Academy, Rock Climbing at Northern Beaches Rockhouse and a special ballet class run by ex-student Alanna Elliot.

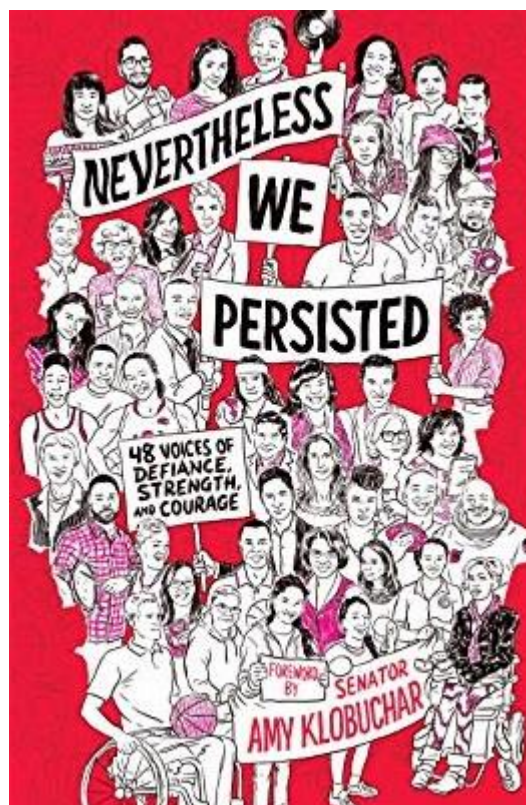
These classes made us face some fears - fears of falling, fears of not being strong enough or good enough, and the fear of embarrassment. What we learned from these experiences was the importance of failure to success, and how resilience and a growth mindset are more important than simply being "good" at something.



Students will be producing a visual representation and a reflection statement on this unit and we look forward to sharing these works with the school community.

Congratulations to all students for their whole-hearted participation, and a huge thank you to Alanna Elliot and Richie Cranny from Wimp2Warrior for providing these experiences to our students free of charge and supporting their local public high school.

**Sarah Peachman, Head Teacher English**





## HSIE Report

**Year 7 History** Year 7 have been learning about Ancient Egypt and in Week 7 they had an experiential class of going through the mummification process. Students were given a book of the death, amulets, canopic jars and bandages to recreate their mummies. Students really enjoyed the hands on learning, as you can see.



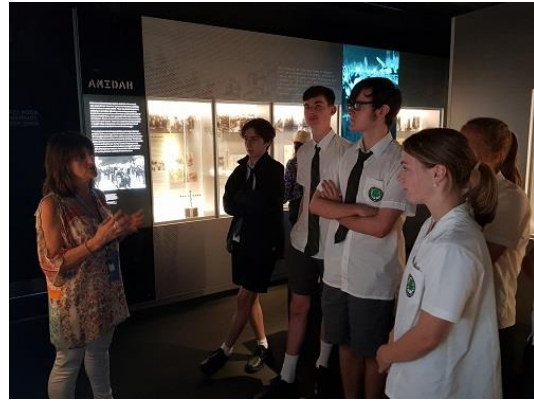




**Senior Wetlands Excursion** Students from Year 12 Geography conducted fieldwork at Careel Bay Wetlands in Pittwater in Week 7. A guide from the Coastal Environment Centre and Mr Tesoriero led the class through techniques to gather data. The students were able to view the functioning and characteristics of this ecosystem, which they are studying in class. They will also be able to use the data and specific examples gathered on the day as a case study in their HSC examination. The excursion was both educational and enjoyable.



**Sydney Jewish Museum Excursion** Year 10 and 11 History students visited the Sydney Jewish Museum on Friday 14th December to learn about the Holocaust and the rise of Nazi Germany. Hearing about the experiences directly from a Holocaust survivor was an amazing experience for all the students involved.



## Maths Report

**Congratulations!** We are very pleased with our results from the Mathematics Olympiad and Mathematics Competition this year. In the Olympiad we had William Zhang from Year 7 and Dale Mapstone from Year 8 both coming in the top 10% of entries. We also had 7 other students in the top 25% of entries. We were very excited this year to have Akito Koike from Year 9 receive a prize in the Mathematics Competition. A prize is the highest award possible and places him in the top 100th percentile. We also had 4 Distinctions and 21 Credits.

**Seniors** The Year 11 students have now begun Year 12 work. New textbooks will be issued that cover the Year 12 content. The first HSC assessments will be in Week 9 for Mathematics and Standard 1 and 2, Week 8 for Extension 1 and Week 10 for Extension 2.

**Year 10** In Week 6 we will be sending a team of four Year 10 students to the World of Maths Day at UNSW hosted by Adam Spencer and Eddie Woo. The students will have a day full of challenge and fun. From Week 6 we will rearrange our Year 10 classes to better support the students for the level of Mathematics they have chosen next year. Please check all textbooks are returned before Week 6.

**Years 7, 8 and 9** Please remind students that they are required to bring their workbooks, pens and calculator to each class.

### **Class requirements for 2019:**

**Junior students** - 200pg A4 grid workbook, calculator, ruler, scissors, glue, pens, pencils.

**Senior students** - A4 150pg book with ring binder holes if you are using a folder. We do not suggest separate folder sheets. Calculator, ruler, scissors, glue, pens and pencils.

If a new scientific calculator is needed we use the Casio fx-82AU PlusII. These are available from most shops and also from school for \$20.



**Over the holidays** - Mathematical skills can be gained in many ways. Play some games like Yahtzee and Monopoly which both improve addition skills. When teaching probability there are many students not familiar with the suits and numbers in a pack of cards. Any card games would provide this understanding and be fun. The students are able to access Mathletics and Mathsonline over the holidays and these programs would be a great way to consolidate key concepts.

**Farewell** – We are sad to say goodbye to Mrs Nicci Frykberg (pictured below) and wish her well in her new school. We thank her for her dedication and enthusiasm over the past 5 years.

Enjoy the Holidays from the Mathematics Staff - Mrs Gourlay, Mrs Blair, Mrs Frykberg, Mrs Barry, Miss Wallace, Mrs O'Donnell, Mr Shaw and Miss Page.

**Karen Gourlay, Head Teacher Mathematics**



# Languages Report

**Japanese Film Festival** Our Year 10 Japanese students went to the Japanese Film Festival at Event Cinema George Street on Friday 23rd November to see "Oremonogatari" (My Love Story). There were 1460 Japanese language students from 50+ schools in attendance across 3 cinemas. After the movie the students went for lunch at the Japanese restaurant Mizuya. It was a very rewarding and enjoyable day.



# Science Report

**Year 10 VALID Testing** In Term 3 all Year 10 students sat the VALID 10 Science test. This is a state-wide examination used to assess students' knowledge and understanding of scientific concepts as well as their working scientific skills. Students also sit the VALID 8 test in Year 8 which allows schools to assess students' achievements in Stage 5 at the end of Year 10 and also assess students' level of growth between Year 8 and Year 10.

This year we are thrilled with the efforts of the current Year 10 cohort with 83% of students achieving expected or above expected growth between VALID 8 and VALID 10. The VALID 10 results are given in levels ranging from Level 1 to 6 with 6 being the highest. This year the number of students achieving Level 6 tripled from last year which is an amazing achievement. The results were above state average and above results from statistically similar school groups for overall level of achievement. Looking more specifically at aspects of the test, students scored well above state and statistically similar school groups in all questions within the sections of knowledge and understanding, problem-solving and communicating.

I would like to take this opportunity to congratulate all students in Year 10 for their hard work over recent years to achieve these fantastic results. In addition, I would like to acknowledge the hard-work and dedication of the teachers in the Science faculty that has enabled so many of our students to grow significantly in their science understanding and skills while studying at The Forest High School.

Results for VALID 8 for the current Year 8 cohort will be released in the New Year to students.

**Lucy Sturley, Relieving Head Teacher Science**



# TAS Report

These lovely Christmas decorations have been made by our clever TAS students this term.



## Interact Club

The Interact Club has recently held elections for the Board positions for the next year. Congratulations go to Ingrid for President, Sam for Vice-President, Amelia for Treasurer and Terry who is remaining as Secretary. They have all shown great motivation and enthusiasm while carrying out their roles this year and we are very proud of what they have achieved.

Our members have continued taking turns to go to Glenrose Shopping Centre to raise money for our international project, ShelterBox. We are now more than half-way to our fundraising target of \$1000, which will be enough to supply one ShelterBox full of supplies to support up to 10 people with aid including a tent, sleeping bags and lifesaving equipment in response to natural disasters such as an earthquake, volcano, flood, fire, hurricane, cyclone, tsunami or conflict.

In the lead up to Christmas the Interact members are joining with members from Belrose Rotary (our sponsoring club) to collect money for Bear Cottage at the Borgnis Street Christmas lights. The first night raised \$588.50 and it is anticipated to increase as we get closer to Christmas and more people visit the gorgeous lighting display. Over the holidays Rachael and Ingrid will be working on their anti-plastic program and will be launching this in the New Year with Clyde the turtle as the mascot.

**Amanda Walsh and Georgia Yam, Interact Club Coordinators**



Pictured L-R: Sam Kosack, Ingrid Frew, Rachael Harper



Pictured L-R: Aliyah Loomes and Charlotte McGann

# Careers

**Year 10 Careers Morning** As part of our Careers program Year 10 took part in an interactive workshop called "Where To From Here?" which aims to connect our aspiring young minds with local business people from different industries to share their journeys, answer questions and encourage growth and development. The session also included personality profiling to identify likely career pathways. The students were very engaged and found it very valuable.



# Library News

**The Library is getting a face-lift!** As part of the ongoing maintenance and care of the school library, the carpet in the fiction area in the lower part of the library is to be replaced during the holidays. Students are still able to borrow books over the holiday period and E-Books are also available to download for great holiday reading.





**Festive Fun!** Last week students were able to have their photos taken each day with Santa in the school library - pictured below are Santa Millar, Santa Thai, Santa Rowland, Santa Dodds with his assistant elf Mr Pitt, Santa Shaw and Santa Moore with his elves Miss Heap and Ms Constantin from CAPA.



Our Christmas Assembly was held on Tuesday 18th December with everyone getting into the Christmas fun and spirit with Christmas singing, dancing, a Battle of the Bands between Mr Dodds and Mr Rowland and the traditional teacher Christmas wrapping. Mr Dodds' blow-up Santa suit was the hit of the show!





## SRC

The Forest High School SRC students have been spreading Christmas cheer to their new neighbours. Over three days, a number of students have visited patients in Paediatric, Maternity and other wards at the new Northern Beaches Hospital. Their aim was to lift the spirits of the people they met and to hand out candy canes and Christmas decorations.







## Year 7 2019



**Year 7 2019 Orientation Morning** On Tuesday 4th December we welcomed to the school our new Year 7s who will be starting with us in 2019. We held an Orientation morning with a host of fun activities including a "Sorting Ceremony" in the hall, presentation of the "House Cup" program linked to our PBL values and the first House Cup challenge - The Spaghetti Challenge. Our Peer Support leaders organised "Get to know you" games and took the new students on a school tour, finished off with a sausage sizzle lunch. Students and parents were also entertained by our Junior Wind Ensemble and Junior Dance Ensemble. We look forward to welcoming these lovely new students to our school community next year.





## The Forest High School P&C

Can I firstly just say a huge thank you to Tracy O'Shanassy who will be leaving the P&C Executive this year. Tracy has worked so hard for the last five years in many roles, the main one being President. Thank you Tracy for your dedication and we will all miss you. Thank you to the executive team for all your support and hard work over the year including the wonderful uniform shop ladies.

To Rosemary, Cathy, Mathew, office staff and teachers - thank you for all your support over the year, have a wonderful break and see you all in 2019.

To all our wonderful Forest families, have a safe break and see you next year.

**Amanda Shaw, P&C President**



### **Uniform Shop – January 2019 opening hours:**

**Saturday 26<sup>th</sup> January 2019 – 8.30am to 12.00pm**

**Wednesday 30<sup>th</sup> January 2019 – 8.00am to 10.00am**

**Thursday 31<sup>st</sup> January 2019 – 8.00am to 9.30am and 2.00pm to 3.30pm**

### **Regular opening hours from 1<sup>st</sup> February 2019 will be:**

**Monday - 8.00am to 9.30am**

**Thursday - 2.00pm to 3.30pm**

Are you on Facebook and would you like to stay up to date with the latest Forest High P&C news and updates? Please visit our P&C Facebook book page by cutting and pasting the following URL in your browser:

[https://www.facebook.com/groups/1894258124123121/?ref=aymt\\_homepage\\_panel](https://www.facebook.com/groups/1894258124123121/?ref=aymt_homepage_panel)

The P&C Committee updates this page as an informative and useful destination for all parents of The Forest High School community. If you would like specific information to be added to this Facebook page, please contact either Myrna Van Pelt or

Clodia Heffernan via the P&C Committee

### **P&C Meeting Dates 2019**

**held on 4<sup>th</sup> Wednesday of each month at 7pm in the School Library**

**27<sup>th</sup> February**

**27<sup>th</sup> March (AGM)**

**22<sup>nd</sup> May**

**26<sup>th</sup> June**

**31<sup>st</sup> July**

**28<sup>th</sup> August**

**6<sup>th</sup> November**

**4<sup>th</sup> December**

# Community Notices

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You are receiving this email because you are a part of The Forest High School Community

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