

Newsletter Week 5 Term 3 2019

Principal's Report

Australian Education Awards 2019 On Friday 16th August I had the pleasure of attending the Australian Education Awards with Lucy Sturley, our Relieving Head Teacher Science and nominee and finalist for Education Rising Star of the Year. The event was held at Dockside, Cockle Bay Wharf, Darling Harbour and was attended by educators from all over Australia from both the public and private education systems. We were fortunate to meet Sandra Sully from Channel 10, who was Master of Ceremony of the event. I had the honour of presenting the award for Best Student Wellbeing Program, which went to Mount View High School in Cessnock. It was very exciting watching the videos prepared by the all the finalists in each category. Although Lucy did not win the award, which went to Lisa Scobie from Kurri Kurri High School, we were incredibly proud of Lucy as there were a very large number of nominees and being a finalist put her in the excellent category of Australian educators.



Trailblazers Program The Trailblazers Program was introduced this term to support our senior students with their Year 11 and HSC studies. Three of our high achieving 2018 HSC graduates have been employed as

School Learning Support Officers (SLSOs) to work in mentoring roles to improve study skills, subject knowledge and confidence in learning. Michelle Hutchings (Dux, 2018), Max Talintyre and Zali Van Der Veer are already working with senior students one-on-one and in small groups as well as assisting in classrooms when requested by teachers. The three SLSOs have expertise across a range of subjects and they are timetabled so that there is always one of them available to support students by appointment or on a drop in basis. The program is proving extremely popular with our seniors and the graduates are proving to be an excellent resource for The Forest High School.

Quotes from our Trailblazers:

“All students I have tutored or worked with have utilised my feedback to apply to their own learning goals and study. The program’s aims will maximise to their full potential with more awareness of the program...” Michelle Hutchings

“As soon as I began working at The Forest as an SLSO, it became immediately apparent how useful I could be not only as an in-house tutor, but as a study and guidance mentor. During my time at school I did not realise the sheer quantity of students who could use the assistance of another young person.” Max Talintyre

“I really believe in the integrity of this program, and feel it is a really effective way of providing students with the time, effort and in-depth personalised assistance they often lack in bigger classroom environments.” Zali Van Der Veer

Calling on Alumni from The Forest High School We are very keen to make contact with our alumni. We would like to know what you are doing now and how we can contact you. The Forest High School community wants to maintain the connections with our former students so that we can acknowledge your achievements and tap into your expertise and knowledge to support our current students.

Please email us at theforest-h.school@det.nsw.edu.au and let us know where you are and what you are doing now.

Road Safety I ask parents to please reinforce road safety rules with our students. I will be meeting soon with Northern Beaches Council and other community members to discuss strategies to keep our students safe on Frenchs Forest Road. There are two signalised crossings, one at the hospital and another at the western car park. Students are directed to use the crossings if they are crossing Frenchs Forest Road to walk home or catch the 136 bus. Students are supervised when catching school specials, but students who are walking or catching public buses need to do so responsibly. Teachers are on duty on Frenchs Forest Road to encourage safe behaviours. Unfortunately we have observed some students and adults from the hospital crossing without using the crossings thus putting themselves at risk of injury.

Rosemary McDowall, Principal

MICHELLE HUTCHINGS
Subjects:
English, Modern History, History Extension, PDHPE, Geography, Legal Studies
Days – Tuesday, Thursday

ZALI VAN DER VEER
Subjects:
English, CAFS, Society and Culture, Drama, Music 1
Days – Wednesday

MAX TALINTYRE
Subjects: English, Maths, Physics, Music, Business Studies, Economics
Days – Thursday, Friday

**TRAILBLAZER
TEAM**

2019

**COME TO THE
LIBRARY TO
BOOK A FREE
TUTORING
SESSION!**

Deputy Principal's Report

As a parent of three primary aged children, I sometimes feel bombarded by the number of permission notes, email messages and school Facebook updates that are published each week. I am grateful that I can receive all this information in a timely manner, but when there are substantive issues that require discussion I do not find the Facebook discussion boards particularly useful. It is for this reason I value the opportunity to participate as a parent in the P&C. This is the forum for discussion and decision-making on important issues. In our school democracy, every parent has a voice in our P&C. I encourage all parents to exercise this right twice a term. It is also an opportunity to receive updates from our faculties on the programs and opportunities available to students at The Forest.

A number of significant items will be presented at the P&C meeting on 28th August at 7pm.

1. A consultation session on our updated attendance procedures

Our 2019 Attendance Procedures update has been published on The Forest High School website. The update clarifies the roles and responsibilities of students, staff and parents in supporting school attendance. The document also contains links to policy documents from the Department of Education.

2. The Yondr phone free school initiative

Last term we conducted an investigation into the feasibility of implementing the Yondr initiative at The Forest High School. We are concerned about the mental health impact on children of social media and mobile phone use. This will be the last opportunity for parent feedback before an implementation decision is made.

3. SRC Uniform Initiative

Winter is a challenging time for managing the correct wearing of uniform. While compliance with the summer uniform has been excellent, and our senior students wear their school jerseys with pride, the challenge of promoting school spirit through the wearing of the correct jumpers and jackets continues to prove challenging. The Student Representative Council will be presenting some initiatives to support the wearing of uniform through the winter months. Having listened to their concerns and ideas, I believe the solution they are presenting will be both innovative and a celebration of Forest High pride.

Mathew Finley, Deputy Principal

Term 3 2019 Events

22 August	MADD Night
28 August	School Council 6pm P&C Meeting 7pm
29 August	Senior Soiree
30 August	Year 12 Elevate Colour Fun Run 1.30pm The Forest Festival of Lights 4pm
2-13 September	Year 10 VALID Testing
3 September	Year 10 A Day of Change Expo
6 September	Year 10 Young Men's Health Forum
12 September	Year 7 High Resolves Year 10 Lovebites Program
16-25 September	Year 11 Yearly Exams
16-20 September	Kindness Week
26 September	Year 12 Celebration Day
27 September	Year 12 Breakfast & Graduation Assembly Last day of Term 3
14 October	First day of Term 4 – students return

Wellbeing at TFHS
Don't go through it alone! Talk to any one of your class teachers or someone below:

Year Advisers

Ms McWhirter (HSIE) Miss Board (Eng) Ms Yam (Sci) Mr Fisher (Support) Miss Page (Maths) Mrs Diggins (TAS)

Assistant Year Advisers

Mr Hepburn (HSIE) Mrs Coleman (HSIE) Mr Rowland (Eng) Ms Sweeney (PDHPE) Miss Hepp (CAPA) Ms Nixon (Eng)

Psychological Support

Mr Fraser (MTW) Ms Martin (THF)

Welfare

Mr Goranosh (A.R.C.O. Languages) Ms Chaloner (Supervisor of Girls PDHPE)

Careers

Mrs Wilens (MTW) Mr Mansell (TAW)

Executive

Mr Floriano (HT Wellbeing) Mr Finley (Years 7, 9, 11) Ms Thompson (Years 8, 10, 12) Ms McDowall (Principal)

A busy start to the term with a number of activities happening throughout the school. Our Year Advisers are working hard to not only support our students but help them connect and thrive. Some highlights include:

Year 12 – The Finishing Line Mrs Diggins congratulates Year 12 for completing their Trial Exams. “Not long to go, keep up the effort and take the feedback from teachers.” Information on their final week including Graduation (students, parents and caregivers – 27th September at 9:00am) as well as School Formal (student and a guest – 14th November) will be distributed this week.

Senior Reminder Be the example – in the corridor, canteen and crossing the road. Unfortunately the public judge by what they see, not what they know.

Year 11 Care Week In preparation for their exams, another Care Week is planned for Year 11 next week. Sun and Solace, Cuppa Tea and a Breakfast are activities in store for them during each roll call. Check out some photos from our last Care Week.



Year 8's Great Work Ms Board is impressed by the great number of Certificate of Achievements for Effort and Attitude – keep it up. The annual Year 8 Sleepout is organised for 13th September – one of the best nights while in high school (Year 11 students want one for them again).

Year 7 House Challenge Year 7 competed in their first House v House Cup Challenge on the last day of Term 2. Students competed in "A Minute to Win It" style challenges to earn house points. It was a fun, loud and action packed afternoon. Congratulations to Zeus and Poseidon who tied in first place on the day.



Year 7's Wonderful Writing Year 7 have been developing a writing portfolio throughout the year. They recently participated in their first round of literacy conferences; reflecting on their writing, discussing strengths, weaknesses and setting personal writing goals. The literacy team was extremely impressed with the mature and dedicated approach Year 7 demonstrated throughout

Julian Floriano, Head Teacher Wellbeing

MADD NIGHT

**Music, Dance,
and Drama
performances
Visual Arts,
Photography, and
Video exhibition**

**Thursday 22nd
August, 2019**

**Exhibition
5:30pm D-Block
Performances
6pm The Hall**

**The Forest High School
135 Frenchs Forest Rd
Frenchs Forest NSW 2086**

Enquiries: ph. 9451 5111
 fax. 99753292
 theforest-h.schools@det.nsw.edu.au



English



Here is a photo of Ms Peachman's Year 7 English Elizabeth Banquet as they prepare to learn about Shakespeare and an Elizabethan recipe to make Sugare Cakes, a popular delicacy from that period.

To make Sugar Cakes

Take a pound of fine Sugar beaten and seared
with four Ounces of the finest Flour, put to it one pound of Butter well washed with Rose-water,
and work them well together, then take the Yolks of four Eggs, and beat them with four Spoonfuls of Rosewater,
in which hath been steeped two or three days before Nutmeg and Cinamon, then put thereto so much Cream as will make it knead to a stiff Paste, rowl it into thin Cakes,
and prick them, and lay them on Plates, and bake them;
you shall not need to butter your Plates, for they will slip off of themselves, when they are cold

TAFE NSW Netball Schools Cup

9/10 Boys - 2nd Place Overall for the Sydney Region



Left to Right – Miss Ciferson (Teacher/Coach), Daniel De Zeeuw, Roderick Dixon, Bailey Swain, Inan Asif, Lachlan Johnson, Dale Mapstone, Jono Davies, Willem Smit

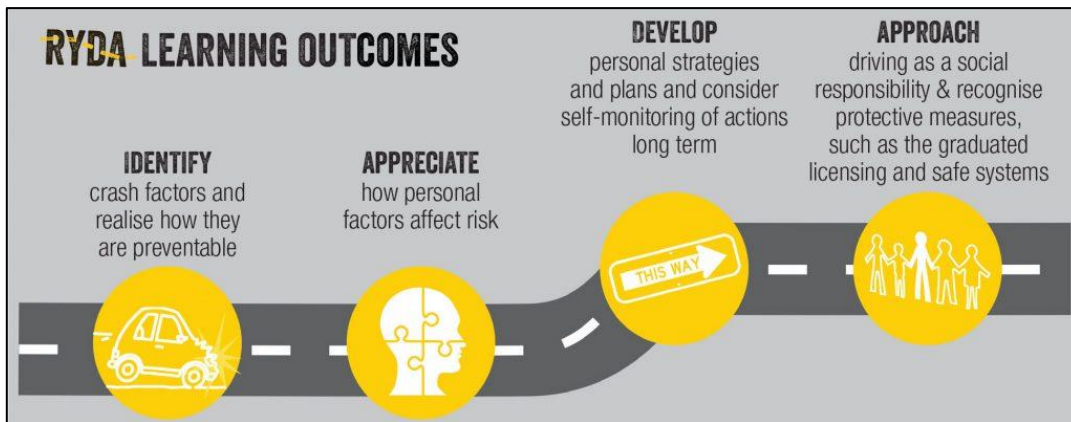
On Thursday 15th August the 9/10 Boys Netball Team made Phase 2 of the NSW TAFE Schools Cup played at Netball Central in Sydney Olympic Park. Their pool matches consisted of the following schools: CCDC (Chifley College Dunheved Campus) Snr, Davidson 1, DLS Revesby Heights Snr, Richmond High School, Regents Park 1 and The Forest boys went through undefeated. The Semi Final was against Sherwood Hills. Another win! The Grand Final was against Rosebank. This was the team that beat The Forest boys in Phase 1. Rosebank were again too strong and won by 2 goals. This placed The Forest boys in 2nd place overall. Unfortunately only 1st place on the day is taken on into Phase 3, the final round.

I cannot praise the boys enough for their determination, enthusiasm and conduct on the day and their dedication to improve themselves and the team by turning up for multiple lunchtime trainings and even a training session in the holidays! A big thank you to Emily Gudmunson in Year 9 who was our umpire for the day and Wanita Leatherby in Year 10 for her support as assistant coach/scorer.

Daina Ciferson, PDHPE Teacher



RYDA Driving Program On 15th August about 60 of our Year 10 students went to the RYDA Driving Program. The day was jam-packed with valuable information about preventing accidents, driving safely and tips when driving. Below is an outline from the RYDA website on how the day was structured.



Year 10 Ski Trip

In Week 3 40 amazing Year 10 students from the Fitness Leader course went on an excursion to Thredbo. Each student spent three days at the snow learning to either ski, snowboard or throw a mean snowball. It was great to see first-hand how resilient Year 10 are, from falling over regularly on Day One, to being able to carve down the mountain with ease. Thank you Year 10 for being well behaved and to Mr Pitt, Mr Neely and Ms Sweeny for organising such an amazing opportunity.

Dylan Fisher, Year 10 Adviser





Australian Schoolboys Football Team selection

Aaron Gurd in Year 12 has been sensationally selected for the Australian Schoolboys Football Team to tour in the UK in January 2020. After some rigorous trials against CHS, Catholic and Independent schools, a brilliant performance and goal at the final selection trials in Canberra saw Aaron parachute into the Australian squad. He will depart for the UK in January 2020 with the squad for 10 games over 21 days including internationals. On behalf of everyone in the Forest family we wish Aaron all the best in his endeavours. Aaron is pictured below in action at the National Tournament and back row 3rd from left.



Photo courtesy: NSW Combined High Schools Football

Science

Year 8 Rube Goldberg Machines Students across Year 8 have been using their critical and creative thinking to help them with their most recent assessment task. Students were set the challenge of creating a Rube Goldberg machine in which you turn a light switch on and then 20 seconds later a light bulb turns on. Students came up with a wide array of creative solutions to this problem and are to be commended for their commitment to their learning packing out the science labs for extra trial runs over many lunchtimes in the build up to the assessment task.



Year 10 Taronga Zoo Partnership At the beginning of Term 3 we launched our partnership program with Taronga Zoo for our Year 10 learning unit on human impact on the world. In Week 1 students learnt some background knowledge on major ways humans can impact the delicate systems in our world. On Friday Week 2 we visited the zoo to learn more about the science of behaviour change and how the zoo is designing its enclosures to promote positive changes that we as humans can make to improve the chances of different animals in the wild. Since coming back to school students have learnt more about the individual issues behind the different change campaigns at the zoo and are currently conducting an investigation to analyse the effectiveness of a specific campaign. Following on from this, students will be using the knowledge they have gained about changing human behaviour to design their own change campaign on an area of human impact they are passionate about. These projects will be showcased in the hall on **Tuesday 3rd September between 11.15am and 12.45pm**. We invite all members of our school community to come down and celebrate the world of our students on this project.



Year 10 VALID Testing In Week 8 on **Tuesday 10th September** all students in Year 10 will be sitting the VALID 10 Science online test. This assessment will focus on students' knowledge and understanding of science as well as their ability to apply the skills of working scientifically from across Stage 5 so will include **content from both Year 9 and Year 10**. There is a range of question styles including multiple choice, drag and drop and short and long written responses. **To prepare for this assessment students are advised to log on to Stile and access the VALID preparation folder** which is in the Year 10 Assessment 2019 folder. In this area students can find revision booklets for content from across Year 9 and Year 10 as well as past VALID assessments to use as practice examinations. On the day **students will need to bring: headphones that plug into the computer and a laptop full charged if possible.**

Science Week - Science in the City Excursion To celebrate National Science Week a group of Year 9 students enjoyed an exciting excursion to the Science in the City Expo held at the Australian Museum. During the day students enjoyed walking around a range of stalls at the Science Expo as well as a wide variety of workshops including sessions with 3M looking at making electricity, a "Career in Science" panel talk and concluded with a fun, practical science show.

Lucy Sturley, Relieving Head Teacher Science



NAIDOC at The Forest



Theme this year: Voice, Treaty, Truth

It came from the 2017 [Uluru Statement from the Heart](#) - a significant statement, put forth by Indigenous leaders, which calls for constitutional reforms. The Statement, which was delivered to the Prime Minister and Opposition Leader, requests three reforms:

- 1. Voice** - a First Nations voice to Parliament enshrined in the Constitution; (i.e. constitutional recognition).
- 2. Treaty** - a Makarrata Commission to supervise treaty processes; (i.e. uniting to work towards a treaty)

3. Truth - a process of truth-telling about Australia's history and colonisation (i.e. Recognition of our country's history)

The Forest High School recognises Aboriginal communities as the first peoples of Australia with a long-standing culture that remains a principal part of the Australian identity. As such it is a culture that is respected, valued and celebrated by our staff, students and in our surroundings.

We are committed to ensuring Aboriginal families and communities have access to services that are culturally responsive, holistic and comprehensive, engaging, well-resourced and flexible.

We recognise events of the past continue to cause pain and suffering for Aboriginal people and communities today. We acknowledge further conversations and action is necessary to truly heal the wounds of our shared history.

We celebrated NAIDOC week at The Forest by our annual BBQ, whole school assembly and activities throughout the week.

Les Pitt, Aboriginal Education/Student Coordinator





Robotics Project

Congratulations to Luca, Nicole and Anna, winners of the 2019 Year 7 Robotics Project. The top teams from each class presented their research and robot designs on how robotics is impacting medicine. Our judging panel included Jacinta Kilpatrick, Deputy Director of Nursing at The Northern Beaches Hospital, Dr Ray Eaton, Associate Dean of Engineering at UNSW and Rosemary McDowall, School Principal, who were all very impressed by the amazing work that all students produced.



Superhero Week

The Forest High School has supported Superhero Week since its inception and on Friday 26th July we held a dress up theme day. A huge thank you to all who came dressed in some creative costumes, and of course for the wonderful donations. We thank you for your generosity. If you wish to support our school as we fundraise for the amazing cause you can donate at the link below!

[The Forest High School Bear Cottage Superhero Week](#)

Bear Cottage, Manly is the only children's hospice in NSW, providing respite and end-of-life care for children with terminal illnesses and their families in a medically supported 'home away from home'. Bear Cottage gives them as much love, care, laughter, fun, and support, as they need.







Enrolment Policy - Information for Parents

Changes have recently been made to the School Enrolment Policy in order to support schools to manage all enrolment applications, encourage greater consistency in decision-making and make sure the enrolment choices are clear for parents. The new policy changes can be found at <https://education.nsw.gov.au/public-schools/going-to-a-public-school/media/documents/changes-to-the-enrolment-policy-for-parents.pdf>


WHOLE
SCHOOL
EVENT
COLOUR RUN
FROM 1.15PM

**THE
FESTIVAL OF
LIGHTS**

▶▶▶▶▶

Pay your \$10 and hand in
Permission note by Thursday 29th
August for a fun filled afternoon

The Colour Run is a whole school event, combined with a mufti day, to celebrate school spirit and the art of being involved. All students are anticipated to run/walk/skip/dance the course and finish covered in colour and smiling. Please pay your \$10 to the Library or online after you have completed the permission note which is available from the Library, via Sentral or from our school website. We look forward to the whole school having a fun filled afternoon!



**Save oodles
on your
Noodles
and
everything else**

FUNDRAISING WITH
entertainment

The Forest High School has again adopted the Entertainment Book for fundraising for the school and the new 2019-2020 book is now available from Ms Yam. Please support the school by clicking on the link below to purchase one of the books and save on restaurants, arts, attractions, hotels, travel, shopping and much more!

<https://www.entertainmentbook.com.au/orderbooks/200z485>

The Forest High School P&C

P&C NEWS

This year's P&C meetings have included wonderful presentations from teachers which allow us as parents to see what is available for our children. Presentations included Space Camp USA, careers information, the Autism Unit, High Resolves and Interactive excursions. These presentations showcase just how committed the staff are in every student's education and wellbeing for their time at school and beyond. Please come along and see, hear and experience for yourself the wonderful opportunities available at The Forest High School.

P&C meetings are the 4th Wednesday of the month starting at 7pm in the school library. If you have any ideas on what you would like to hear at the meeting please send me an email.

Thank you.

Amanda Shaw, P&C President Email amandamooshaw@gmail.com

P&C Meeting Dates 2019

28th August

6th November

4th December

Uniform Shop – opening hours:

Monday - 8.00am to 9.30am

Thursday - 2.00pm to 3.30pm



Scholarships for future teachers are now open

The NSW Department of Education is offering a range of scholarship opportunities for high achieving students entering education degrees after their HSC. Applications are now open for 2020 scholarships for future teachers.

The scholarship programs offer a range of benefits, including financial support whilst studying and a guaranteed permanent teaching position in a NSW public school on successful completion of studies.

The scholarship programs for future teachers include:

- [Teacher Education Scholarships](#)
- [Teacher Education Scholarships - Aboriginal](#)
- [teach.Rural Scholarships](#)

teach.MathsNOW Scholarships are now open

Parents and carers, this is for you. Do you know an industry professional or current university student in a career area requiring tertiary studies in mathematics - for example, in engineering, accounting, finance or IT - who would make a great secondary mathematics teacher? The [teach.MathsNOW Scholarship](#) offers an opportunity to change career path and retrain as a mathematics teacher in a NSW public school. teach.MathsNOW scholars will receive up to \$50,000 in equivalent upfront course contribution fees, paid part-time employment during studies and a guaranteed permanent teaching position in a NSW public school on successful completion.

To find out more about these and other great opportunities, please visit the [teach.NSW website](#) and follow the teach.NSW social channels ([Facebook](#), [Instagram](#), [Twitter](#))

PARENTING *Teens*

A one-day guest speaker event

7th September 2019 | 10:00 - 4:00pm
Manly Golf Club - 40 Balgowlah Road, Manly

THE PARENTING TEENS 2019 IS A LOCAL COMMUNITY ONE DAY EVENT

With a professional guest speaker forum covering the many important topics and challenges of raising teens that are common to all of us. The audience will hear from mentors, practitioners and community leaders about all the issues facing our local teens in the age in which we live. We were all teens once but perhaps in a very different world.

SPEAKERS



DR KRISTY GOODWIN
Digital Wellness



PAULINE FOLLARD
From Anxiety to Calm & Confident



MATTHEW JOHNSTONE
Mindset and Wellbeing



LEONIE SMITH
The Cyber safety lady



DIANNE LAVENDER
Building Resilience



GABRIELA BILIBIO
Building Resilience

WHAT TO EXPECT
Our intention is for you to leave the Parenting Teens event uplifted and confident about the road ahead. Feeling empowered and equipped with strategies, solutions and expert advice to help you and your teen navigate through the challenging years.

WE GRATEFULLY ACKNOWLEDGE THE SUPPORT OF...





TICKETS
Visit www.parentingteens.com.au to book your place now


www.parentingteens.com.au
[#parentingteens](#)
[@parentingteens19](#)

MEET THE EXPERTS

Effective Writing Using Plain English

A workshop for community groups to get your message across



THE EXPERT: Dan Kaufman is an editor with over 20 years of experience. He has edited almost every feature section at *The Sydney Morning Herald*; worked as an online content specialist, copywriter and workshop presenter; lectured at UTS and University of Sydney; and edited lifestyle, custom and technology magazines.

KEY INSIGHTS

- Write great headlines and introductions to improve readability
- Connect with your audience striking the right tone
- Focus, clarify and craft your core message
- Use plain English to be clear and persuasive
- Correctly use punctuation and grammar

EVENT INFORMATION

DATE: Tuesday 10 September, 2019

TIME: 6pm for 6.15pm – 8.45pm (refreshments on arrival)

PLACE: Terrace Function Room
Lower Ground Floor
Community Hub
1 Pottery Lane
Lane Cove

Handouts provided for each participant

**Free for Community Groups of Lane Cove, Mosman and North Sydney:
Committee Members, Managers and Coordinators, Staff and Volunteers**

BOOKINGS ESSENTIAL

RSVP Friday 6 September 2019 <https://www.trybooking.com/BDZAN>




Cate Sinclair 9911 3592
csinclair@lanecove.nsw.gov.au



Dianne Page 9978 4125
d.page@mosman.nsw.gov.au



Eric Poulos 9936 8193
Eric.Poulos@northsydney.nsw.gov.au



Lifeline

Saving Lives

Crisis Support. Suicide Prevention.

GIANT BOOK FAIR

Warriewood

Ted Blackwood Hall
Jacksons Road

August 23-25

Friday 12-8
Saturday 9-5
Sunday 9-2



THE UNIVERSITY OF QUEENSLAND AUSTRALIA



How Is Parenting For You?

If you have a child between 2 and 12 years, researchers from the University of Queensland are interested to know about your views on parenting and the services that are available to you as a parent. You will need to complete a short survey.

To find out more, visit our website:
<https://exp.psy.uq.edu.au/parenting>



Survey closes on the 31st August 2019







2019/2020 CRICKET SEASON

We offer cricket for all ages, from Junior Blaster (4-6-year olds), Master Blaster (7-8-year olds), Junior Cricket (Under 10 to Under 18 competitions) and Seniors.

We also proudly offer several girls-only options: Master Blaster, Under 11, 13 and 15.

Further information and registration details can be found on our website:

www.wakehurstredbacks.com.au

Registrations open from Saturday 27th July. We will be at the Glenrose Shopping Centre from 10am-2pm on Saturday 27th July if you have any questions.

The cricket season commences from Saturday 14th September for those aged U12 and up. Other age groups commence from Saturday 19th October.

We are all looking forward to another fun season, so register now and be part of a great cricket club.

Use your Active Kids voucher on registration!

Manly Warringah Little Athletics



Registrations now open!

mwlac.org.au

Fun! Fitness! Friends!



Do you want to make a difference in the life of a child?



Local foster carers needed

Family and Community Services are seeking people in the local area to provide short term and crisis foster care for children and young people 0-18 years that are unable to live with their own families.

Individuals, couples and families from varied backgrounds and cultural groups are required. Aboriginal and Torres Strait Islander people are encouraged to apply. All carers receive training, ongoing support and financial assistance.

If you are interested in making a difference and helping children reach their full potential, please call 8303 7644 or email CapsMetroCentral@facns.nsw.gov.au



ALLAMBIE HEIGHTS PUBLIC SCHOOL
SPRING FAIR
 BACK TO THE FUTURE
 60th ANNIVERSARY CELEBRATION
 PRESENTED BY AHPS P&C
FREE ENTRY
SPRING FAIR
SUNDAY 15 SEPTEMBER 2019
ALLAMBIE HEIGHTS PUBLIC SCHOOL FROM 10 AM TO 4 PM
 RIDES, CAMELS, MARKET STALLS. GAMES: HOOPLA, CHOC WHEEL, LOB-A-CHOC. FOOD, PETTING ZOO, GLITTER TATTOOS, 60th ANNIVERSARY MEMORABILIA DISPLAY, BOOKS, CAKES, ART EXHIBITION AND RAFFLE!
ENTERTAINMENT ALL DAY
 Proudly Supported by: solarpro, IGR ALLAMBIE HEIGHTS, HUMPHREYS, ELEVATE, Virginia active, Mortgage Choice, belle, jdh

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