



NEWSLETTER



Education

WEEK 10 TERM 2 2021



PRINCIPAL'S REPORT

Rosemary McDowall, Principal

EXTERNAL VALIDATION

On 3 June 2021, The Forest High School participated in external validation. In preparation for this meeting the school prepared, reviewed and annotated a body of evidence that verified the school's Self-Assessment in relation to the School Excellence Framework. This evidence bank was submitted for external validation by a Principal School Leadership and Peer Principal, who validated our self-assessment across all of the elements with the exception of Learning Culture and Educational Leadership, where the panel confirmed that our evidence indicated that our school is operating at the Excelling stage.

A number of elements were identified by both the school and the panel for future improvement:

Wellbeing

Build a collective sense of purpose and use of strategies to support student learning and well-being through a systemic approach to support staff and students. Support staff to effectively implement our positive behaviour for learning model and their understanding and application of the Behaviour policy. Teachers are integral to the success of well-being and learning. Enable differentiated learning opportunities for all staff to support their needs through staff supporting staff.

Curriculum

Explore integrated opportunities to target disengaged students. Further develop opportunities for High Potential and Gifted Students.

Educational Leadership

Identify coaching and/or mentoring opportunities through developing school leadership practices for all staff.

Data Skills and Use

Develop teaching experts to better understand individual learning needs through use of data to inform practice. Starting with the baseline of what students know and then taking student to the next level of understanding through a range of data including well-being data.

I want to acknowledge and thank the External Validation Team led by Ms Mirjana Simic, who developed the evidence sets and our final submission, for their hard work and dedication.

NAIDOC AND RECONCILIATION

I would like to acknowledge and express appreciation to our Aboriginal students, Ms Lee Chaloner, Aboriginal Education Team Leader, the Year 11 Aboriginal Studies class and Miss Sophie Harper, their teacher, for leadership of a moving combined NAIDOC and Reconciliation assembly. The performances and personal story that were shared were inspirational and deeply appreciated by the students and teachers.



SILVER CEREMONY

It was pleasing to see such a large number of students recognised for demonstrating the values of The Forest High School. These ceremonies have grown each year, with larger numbers of students being recognised for merit awards.

I thank the team of teachers who, under the leadership of Mrs Karen Gourlay, organised this event and I thank the parents and family members who attended to support the students.



THE FOREST FESTIVAL OF LIGHTS

Congratulations to the SRC, Nicole Murray for the The Forest Festival of Lights and celebration of the school's 60th Anniversary. The SRC did an outstanding job with the organisation and management of the event. It was a fantastic showcase of student talent and entrepreneurship and a huge success.

I wish everyone a restful break and enjoyable holidays.



ROSEMARY McDOWALL
PRINCIPAL





DEPUTY PRINCIPAL'S REPORT

Mirjana Simic, Deputy Principal

It's been a busy time as Term 2 comes to an end. We have had a number of exciting events occur which staff, students and the community took part in. Firstly, our school completed the external validation process. It was an honour to lead such a strong team where together we celebrated our school's successes before a panel. We received such positive feedback about all the wonderful things we have been doing. The panel expressed how impressed they were with our submission, highlighting that we are a school with high expectations and they identified that we are excelling in a number of areas.

SILVER CEREMONY

It has been a great pleasure celebrating student success and achievement this term. Congratulations to the many students who received a Silver Award at the Silver Assembly ceremony. It was also wonderful to see the many parents who also came to the assembly to support their child's success. Students whose attendance has been excellent during Semester One will take part in a reward initiative where they will leave class early and receive a reward to acknowledge their excellent attendance.



SCHOOL REPORTS

Congratulations to all the students who received excellent reports this term. As part of our high

Expectations initiative, we introduced a new way to distribute reports to students. This involved teachers discussing with each student their report and collaboratively setting a SMART goal which students will be aiming to achieve by the end of the year. Both students and teachers have found this new process invaluable.



TERM 2 ACTIVITIES

Our students have been participating in a number of engaging activities this term. Congratulations to our talented musicians who performed so well at our Stage 5 Music Night and to our Aboriginal Dance Group who performed a wonderful dance during our NAIDOC week assembly. Also, congratulations to our SRC students who organised Pyjama Day at The Forest where students and staff wore their PJs to school for a gold coin donation to support the Environment Committee.



The broader community was invited to help celebrate our 60th birthday alongside the Festival of Lights last week. There was a large turn out where the public could see the school on show and view a memorabilia display in the library. The evening was amazing! Thank you to all the staff, students and community members who were involved in the organisation for the day.

Lastly, next term there will be the Year 8 into 9 Subject Selection Evening as well as the Introduction to Senior Studies for all Year 10 students. This is a great opportunity for both Year 8 and Year 10 students to start thinking about some of the important decisions they will need to be making in regards to what subjects they will be undertaking, going in Stage 5 and Stage 6 of their learning. Information about both evenings will be emailed to parents as well as be available on our school website.

I hope everyone has a well earned and restful break.

MIRJANA SIMIC
DEPUTY PRINCIPAL



Here are Year 10 students Brandon and Anakin from our T2 Support class selling beautifully gift-wrapped lip balms to raise funds for The Forest Festival of Lights.

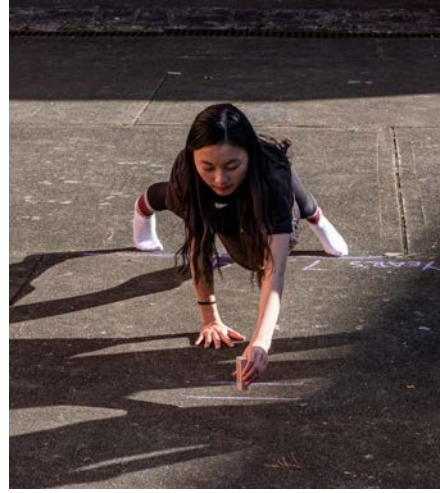


THE FOREST FESTIVAL OF LIGHTS



It was a step back to the 60s on Friday 18 June when we celebrated The Forest High School's 60th Anniversary at our Festival of Lights. There were some wonderful memorabilia displays in the library along with entertainment, food trucks, light displays and activities. Past students were also welcomed in to visit their old familiar classrooms. Everyone enjoyed the fun and it was a memorable evening to mark this momentous birthday for the school! Congratulations and thanks to all the students and staff who put in so much hard work to make the Festival happen.

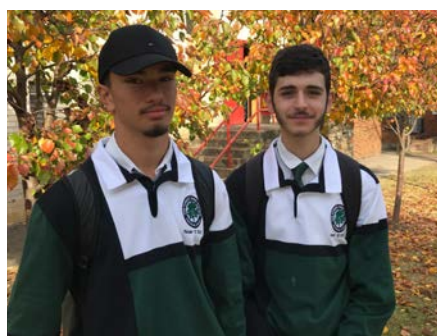






Silver Ceremony

TUESDAY 1 JUNE 2021



Meet the Principal



Friday 23 July: 9.00am
 Friday 6 August: 9.00am
 Friday 27 August: 9.00am
 Friday 8 October: 9.00am
 Friday 5 November: 9.00am

Numbers are limited to 10 bookings per session.

Book online at
<https://www.picktime.com/TFHS/MeetThePrincipal>

Informal sessions that give parents and students who are interested in coming to The Forest High School the opportunity to meet with our Principal Ms Rosemary McDowall, have a school tour and ask questions about The Forest High School and starting high school.

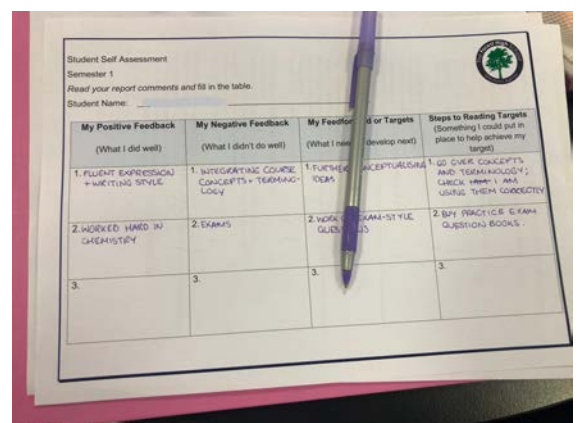
YEAR 11 AND 12 REPORTS

On 27 and 28 May Year 11 and 12s participated in our new report distribution process, designed to encourage goal setting and reflection, and in alignment with our high expectations of our senior students.

They began the day in the hall, collecting their paper reports and hearing from the Deputy Principal and Year Adviser, who checked all the reports and made some insightful observations about the strengths and weaknesses of the relative cohorts. Through the day they were assigned small groups and a teacher mentor who discussed their GPAs, their reflections and observations of their results, and helped them set SMART goals which are logged on Sentral so that students are accountable for meeting those goals.

I was very impressed with the assiduous and focused attitude of all students who participated in this process. Well done Year 11 and 12.

SARAH PEACHMAN
 HEAD TEACHER ENGLISH





WELLBEING

THE CHAMPIONS PRESENTATION

In Week 9, Year 10 students attended Nic Newling's Champions Presentation. Nic strives to reduce mental health stigma and to lower the barriers of seeking help by encouraging ongoing conversations. He shared his own personal experience with mental illness and students participated in an engaging Q&A session. An overwhelming number of staff and students felt that the presentation was inspiring, empowering and helpful. We are very thankful to Nic and Gotcha4Life Foundation for this opportunity.

ROADSET

Over 2 days, all Year 9 students participated in an online road user awareness course called RoadSet. They were able to use the interactive app to learn about different road environments including cities and rural areas. They also had to think about what kinds of distractions they might encounter that would put them in danger as a pedestrian and as a passenger and driver, and how they could minimise risk while near the road. Year 9 said that they enjoyed it, and it was great to start thinking and learning about being road safe, as they soon begin learning how to drive!

OUTSTANDING ATTENDANCE

Congratulations to our students in Years 7-9 who have had excellent attendance this semester. This is a great achievement, worthy of acknowledgement! Keep up the good work and we hope you enjoyed the hot chocolate!

ERIN McWHIRTER
HEAD TEACHER WELLBEING





CAPA

Term 2 has been an exciting and event filled term for the Creative and Performing Arts faculty. Once again, our rooms have been filled with students at recess, lunch and after school preparing for a variety of curriculum and extracurricular activities.

Frozen the Musical

In the middle of May, a group of Year 12 Drama and VET Entertainment students were lucky enough to be able to go to the Capitol Theatre to see Frozen the Musical. Not only were they wowed by the amazing vocal and acting performances by the cast but also by the set and lighting that seemed to always be changing and responding to what was happening in the narrative.. This was such an inspiration considering that all the students who attended were vitally involved in the process of our school musical in 2020 which unfortunately was not able to be presented to our community. What a fantastic experience to be able to enjoy live theatre again!

Year 8 Photo-a-gogo

Over the last 3 weeks, our Year 8 Visual Arts students have been participating in a junior photography project called Photo-a-gogo. This gives the students an exciting opportunity to create their own photograms and experience the photography dark room. Year 7 will be working through the project early next term. We can't wait to see what they create!

Sydney North Public Schools Dance Festival

A group of students in Years 9 - 12 have been rehearsing at lunch at least twice a week participating in the dance ensemble program. Thankfully this year the Sydney North Public Schools Dance Festival was able to go ahead, albeit in a slightly different cinematic format. Our dancers went to the Glen Street Theatre on Friday Week 9 to film their work. All of our dancers performed beautifully and represented our school with pride. This year they performed a work titled Asleep At Last. We look forward to being able to present this work to our school at the upcoming MADD Night being held next term.

REBECCA CONSTANTIN
HEAD TEACHER CAPA



STAGE 5 MUSIC NIGHT

How wonderful it is to be able to enjoy live music again?

Friday 4 June saw our talented Year 9 and Year 10 music students take to the stage. With last year's Stage 5 Music Night cancelled due to COVID restrictions, for many students this was the first time they had ever had the opportunity to perform in front of a public audience. The corridors and classrooms were buzzing with rehearsals in the weeks leading up to the concert and as always, our students impressed us with excellent performances and fabulous attitudes on the night. The program was a rich, eclectic mix of contemporary and classic music, with our students working in a range of styles and different ensemble settings. Thanks to everyone who attended this concert, for supporting our students and providing them with a wonderful experience.



MELISSA YEA
CAPA TEACHER

Term 3 2021 Events

- 12 July - School Development Day
- 13 July - First day of Term 3 - students return**
- 14 July - Year 8 into 9 Subject Selection - 5pm
- 14 July - Introduction to Senior Students - 6.30pm
- 21 July - School Council 6pm; P&C Meeting 7pm
- 23 July - Meet the Principal - 9am; HSC Drama Performance Night - 6pm
- 26 July - 6 August - Year 12 HSC Trials
- 3-6 August - Year 10 Fitness Leader Ski Trip
- 3 August - Year 7 Gala Day
- 12 August - MADD
- 18 August - School Council - 6pm; P&C Meeting 7pm
- 19 August - Senior Soiree
- 6 August - Meet the Principal - 9am
- 23 August - 3 September - Year 10 Valid Testing
- 27 August - Meet the Principal - 9am
- 6-15 September - Year 11 Yearly Exams
- 16 September - Year 12 Farewell Breakfast & Celebration Assembly
- 17 September - Year 12 Graduation; Last day of Term 3**
- 4 October - Labour Day Public Holiday**
- 5 October - First day of Term 4 - students return**

ENGLISH

HOMESCHOOL CLUB

Over the course of the semester, Sam Milton, Laura Bancroft and myself have been running the homework club during Tuesday lunchtime for EAL/D (English as an Additional Language or Dialect) students. The club has been effective in harnessing their speaking skills. It has been wonderful to see so many of the students thrive, working collaboratively in the homework club. We have been fortunate to receive a substantial sponsorship from Chargrill Charlies at Forest Way Shopping Centre, providing catering for our students. Franchisee owner Luke has even visited the students to see how they are progressing at school. We are grateful for his contribution to our students.

CAMERON ROWLAND
ENGLISH TEACHER



INSPIRED LEARNING FOREST STUDENTS LEADING THE WAY

This term we had a very exciting opportunity to work with North Balgowlah Primary school and present a workshop to Gifted and Talented Year 5 and 6 students from across the Northern Beaches. Four of our most talented Year 11 students - Jackson Brown, Zara Stewart, Chelsea Nash and Dylan Thurbon, were chosen to lead a two hour presentation about creative writing and social advocacy! The following is their feedback from the project, which will also be featured in Peninsula Living, The Northern Beaches Advocate, Pittwater Online and many other news outlets - as the program of inspired learning by 'Forest kids teaching kids' was a story that no one wanted to miss! It was an incredible success, and I couldn't have been more proud; especially as our next showcase has already been booked for Term 3, so stay tuned! A very special thank you too, to Ms Simic and Ms Peachman for making this all possible!

LAUREN WEATHERALL
ENGLISH TEACHER





L-R: Jackson Brown, Dylan Thurbon, Zara Stewart, Chelsea Nash

The session went even better than we ever could have anticipated! The children were super receptive to our teaching, drama activities and sensory exercises; and the staff at North Balgowlah were so impressed with how we controlled and instructed the group. The whole experience was so worthwhile! We learnt not only about how well children are able to learn from us and each other, but also how passionate they are about global societal & environmental issues. The kids were extremely talented in the field of English, but also super passionate about the world around them, which was great to see; very refreshing.

Our big takeaways from the day:

"We got to experience a form of teaching first hand, benefiting our knowledge and insight on teachers' experiences and we were successful in engaging and helping everyone of the kids to explore not only English but global societal issues"

Jackson Brown

"Younger kids can learn more from us than I initially thought, and in a more interactive and receptive way"

Zara Stewart

"The kids were able to learn from both of us and each other, and how passionate they were about English"

Chelsea Nash

"It was amazing to see just how talented the kids were and witness first-hand the making of some of the future leaders of this country"

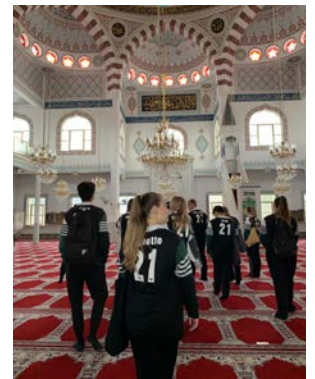
Dylan Thurbon

HSIE

YEAR 12 SOCIETY AND CULTURE AUBURN GALLIPOLI MOSQUE VISIT



On Tuesday 8 June Year 12 Society and Culture students, along with Ms Anwar and Miss Harper, travelled to Auburn to visit the Auburn Gallipoli Mosque. The excursion was a fantastic way to wrap up the Depth Study on Islam. Students had the privilege of receiving a tour around the beautiful mosque, which was designed to replicate the Blue Mosque in Turkey. The class were welcomed in with warmth and generosity. They learnt a lot about Islam and everyday worship, further deepening their knowledge of the topic. After the visit to the mosque, students enjoyed Lebanese food at Jasmin 1 for lunch.



YEAR 11 ABORIGINAL STUDIES ABORIGINAL HERITAGE OFFICE EXCURSION



On Wednesday 9 June Year 11 Aboriginal Studies visited Freshwater for lunch and a visit to the Aboriginal Heritage Office. Students spent some time being shown around the bush tucker garden and displays by Karen, the Aboriginal Education Officer at the museum. There were some great displays and dioramas that documented the history of the local area and all of Australia. Students and their teacher are planning on returning to read some of the books in the collection at the museum.

SOPHIE HARPER
HSIE TEACHER



YEAR 11 GEOGRAPHY GIBBERAGONG EDUCATION CENTRE

Year 11 Geography students visited Gibberagong Education Centre in Bobbin Head to undertake fieldwork in Week 9. They were able to put their skills into practice and learn about the biophysical interactions within a couple of different natural environments. The students enjoyed beautiful winter weather and participated actively in all activities.

SCOTT TESORIERO

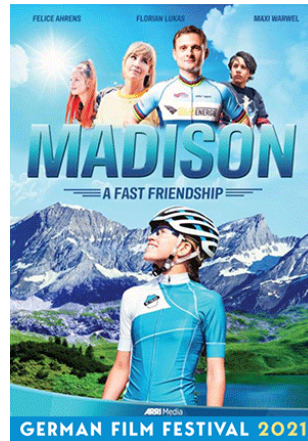
RELIEVING HEAD TEACHER HSIE



LANGUAGES

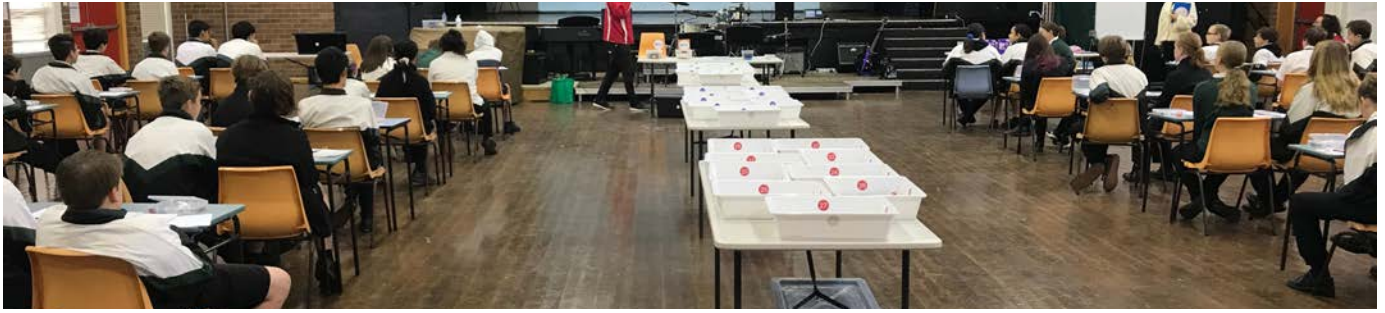
German Film Festival

Here are Madeline, Scarlett, Jack, Kye, Tom and Leander, some of our Year 11 German students who attended the German Film Festival at Palace Cinemas, Leichhardt on Friday 4 June. They enjoyed watching the movie "Madison, A Fast Friendship". The excursion was organised by their German teacher Mr Golanoski.



TAS Year 11 VET Hospitality

Our Year 11 VET Hospitality students excelled themselves with the delicious hummingbird cakes they made in class in Week 8. Deputy Principal Mr Finley and the school office ladies were lucky enough to sample these delights fresh from the oven. Thanks Jesse and Jack!



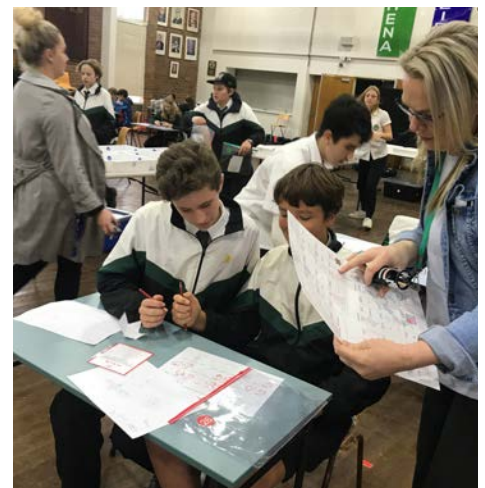
MATHS

YEAR 7 AND YEAR 9

I would particularly like to thank Year 9 and Year 7 for their excellent behaviour and effort during the NAPLAN tests in Weeks 4 and 5. This was our first year with the online version and the students all did their best and we were able to solve quickly any technical issues. The results will be available in Term 3.

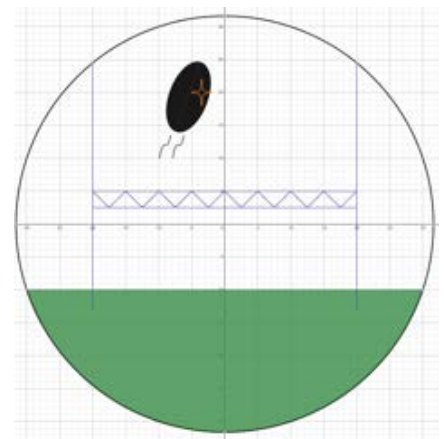
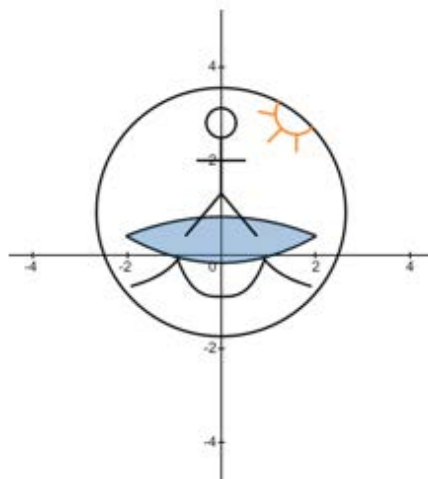
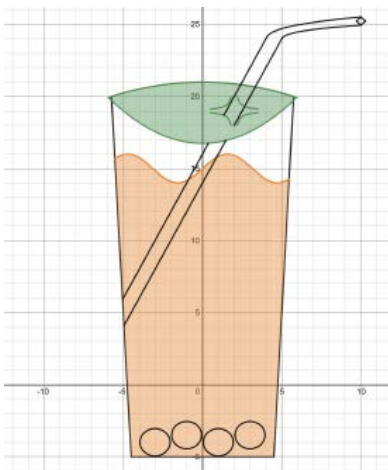
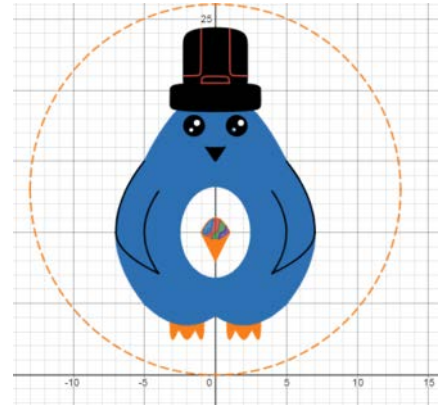
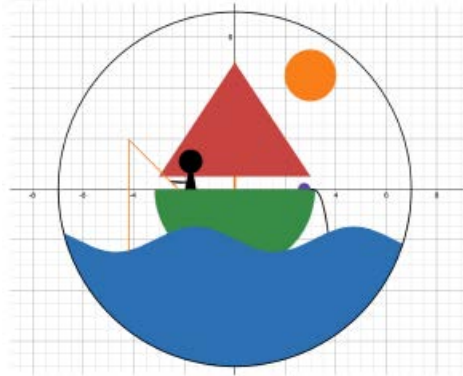
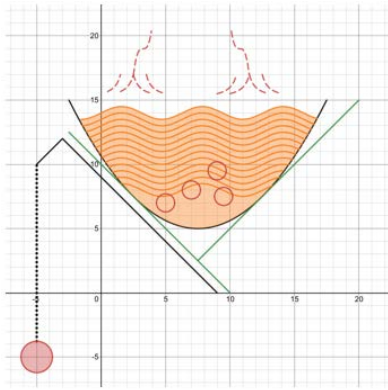
YEAR 8

In Week 8 all Year 8 students participated in the Patterns, Pictures, Puzzles and Problems day. The students enjoyed the practical nature of the activities and we all enjoyed watching the engagement and enthusiasm of the students. Below are some pictures of the students at work.



YEAR 11

This term our Yer 11 students completed their first Research Style Task in line with the new HSC assessment guidelines. The Standard students research the maths behind buying a car. Information included the factors to consider when choosing a car, the details and specifications, the safety rating, the additional costs when purchasing and insurance. The Advanced students researched various functions using Desmos and were asked to design a logo for a company using a variety of graphs restricting the domains to form their logo. Below are some of the results.



YEAR 12

Year 12 – This term our Year 12 Standard students did their Research Task on Networks which is one of the new topics included in Standard Mathematics. They were asked to design Networks for school called Mathmore High School to best lay computer cables. This was a difficult concept and we were very pleased with the results submitted.

The Advanced classes did an investigation task on Statistics and researched the Wisdom of the Crowd theory and looked at correlation. We were very impressed with the range of different ideas from the make up of colours to baseball scores and the perimeter of computer generated shapes.

KAREN GOURLAY
HEAD TEACHER MATHEMATICS

PDHPE

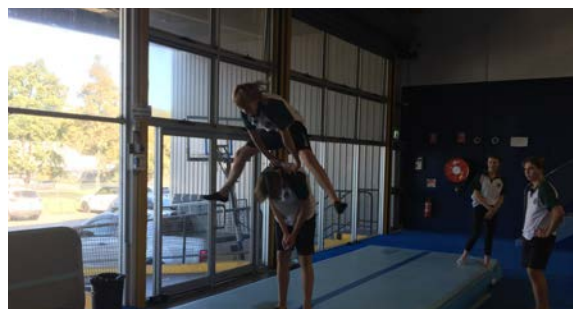
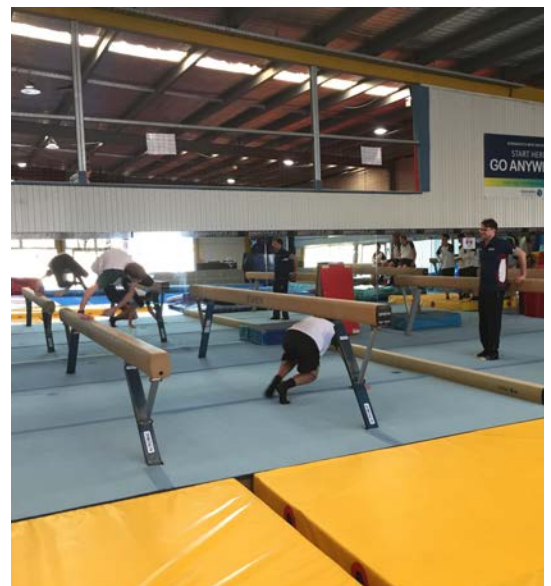
YEAR 11 FIRST AID

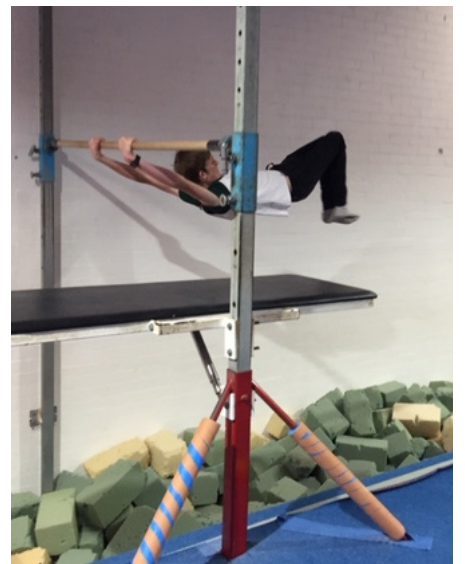
On Friday 11 June Year 11 PDHPE students participated in a Senior First Aid course run by The Royal Lifesaving Society of Australia here at the school. The PDHPE Year 11 course requires the students to acquire their Senior First Aid Certificate and the course comprises an e-module and practical examination - here are some of them in action



Year 9 Fitness Leader

Our Year 9 Fitness Leader students have had a great time at Bubble Soccer and their classes at Manly Warringah Gym this term







GIRLS RUGBY LEAGUE DAY

On Tuesday 25 May 18 Forest High girls participated in the NRL Girls Rugby League Day. The morning was spent on tackling skills and in the afternoon a round robin competition was played. Forest teamed up with Cromer to win a bunch of games and Shanarlii also propped up the Mater Maria side. It was a great day for the girls.

LEE CHALONER
PDHPE TEACHER



Zone Cross Country Results

Congratulations to the following students who represented the North Shore Zone at Sydney North Cross Country on Friday 4 June 2021:

- Toby Jacobs
- Jake Hutchings
- Dale Mapstone
- Kai Johnston
- Cooper Heriot
- Emelia Nagle
- Zoe Castle
- Ashleigh Windsham
- Charlotte McGann
- Jade Brennan

Well done to:

- Kai Johnston
- Ashleigh Windsham



who have all progressed to compete in the Sydney North Team at the NSW CHS Cross Country Championships

Pictured: Cooper Heriot and Charlotte McGann

**Special congratulations to Zone Age Champions:
Zara Hurley - 13 Years Girls Keith Solis - 13 Years Boys**

Zone Athletics Results

Congratulations to the following students who have qualified to represent the North Shore Zone at The Sydney North Athletics Carnival on Monday 19 and Tuesday 20 July next term:

- Hiromi Akines
- Lily Beharrell
- Gabriel Bertozzi
- Adriana Brown
- Gus Duffield
- Zed Duffield
- Dylan Parker
- Isabelle Frew
- Zara Hurley
- Joshua Lloyd
- Dale Mapstone
- Ben Milham
- Jamison Seale
- Keith Solis
- Sam Wells
- Ashleigh Windsham



SCIENCE

YEAR 10 SCIENCE EXPO

On Tuesday 8 June students from across Year 10 presented their change campaigns in the Science Expo in the school hall. Students worked in groups to research an environmental issue and then create a campaign that can be used to see positive change in human behaviours that will alleviate or eliminate their environmental issue of choice. Students from across Years 7-9 visited the Expo to find out about the different ways they can make a difference everyday to help build a better future environment. The following prizes were awarded:

- Peoples Choice Award - Lily R, Audrey H, Melis I, Charlotte J
- Judges Choice - Highly commended campaign- Holly S, Megan H, Isabel M, Haylee L
- Judges Choice- Best Campaign- Piper S, Saige B, Monica K - Awarded \$25 Westfield voucher each



After the Expo students enjoyed a fun Science show called Tick Tick Boom! The show focused on explaining fun demonstrations in Science and included a few fizzes and big bangs for good measure. Well done to all Year 10 for their effort compiling their projects over the last few weeks. It was lovely to talk to so many passionate students about their understanding around the need to change to better look after the world around us.

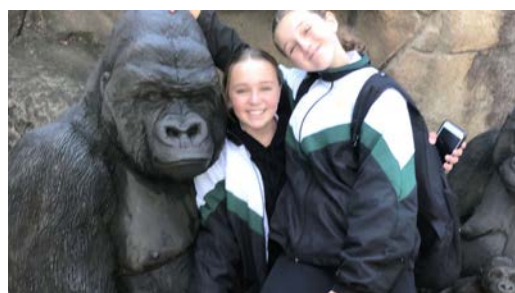
LUCY COLLINS
HEAD TEACHER SCIENCE



YEAR 7 SCIENCE TARONGA ZOO

On Friday 11 June all of Year 7 participated in an excursion to Taronga Zoo. The weather forecast looked grim but turned out just fine in the end. Each class took turns to visit one of the Immersive Classrooms themed around rainforest, desert and woodland habitats at the Taronga Institute. During these lessons the students were able to have close-up encounters with a few of the animals adapted to those environments whilst reinforcing what they had already learnt at school about animal adaptations and classification. For the remainder of the day, the students enjoyed the sunshine and each other's company whilst searching for various animals to investigate enclosure designs and how they relate to the adaptations of the animals in them and identify the common characteristics of the different classes of animals.

GEORGIA YAM
SCIENCE TEACHER





YEAR 11 SCIENCE GIBBERAGONG EXCURSION

On Friday 18 June, 45 students were dragged away from the 60th anniversary celebrations (sorry about that by the way...) for a day at the Gibberagong Education Centre at Bobbin Head. It was the field study part of the major depth assessment for the Biology students who are looking at the impact of Southern Brown Bandicoots on the ecosystem. They had to do a comparative assessment on two locations to determine which is the most likely area to find the Bandicoots as part of a fox abatement program. This involved a super fun 5 km hike through the beautiful National Park and the hands on use of a number of scientific instruments to determine biotic and abiotic conditions for each site. Next term, the students will need to produce a scientific report of their findings. We ran into some of the colourful wildlife of the region (Kangaroos and Parrots - not snakes, spiders or ticks fortunately) and got a special perspective on the Aboriginal connection to the area.

KATE ROBERTS
SCIENCE TEACHER



ABORIGINAL EDUCATION

RECONCILIATION AND NAIDOC ASSEMBLY

On Tuesday 15 June we held a combined Reconciliation and NAIDOC Assembly. NAIDOC Week is 4-11 July and the theme this year is Heal Country! Staff and students who attended the assembly were treated to some wonderful performances from our Aboriginal students. Photos taken by Year 9 students Toby Banks and Noah de Groot



Bangarra Dance Company - Sydney Opera House

Our Aboriginal students enjoyed an afternoon at The Sydney Opera House watching all Aboriginal and Torres Strait Islander Dance Company Bangarra perform Sandsong.

LEE CHALONER
PDHPE TEACHER

PYJAMA DAY

Thursday 3 June was Pyjama Day at The Forest. Students and staff wore their PJ's to school for a gold coin donation to support the Environment Committee - they are hoping to work on improving the bin situation at the school



P&C NEWS

60TH ANNIVERSARY FESTIVAL OF LIGHTS

I am feeling so proud right now to be a member of this wonderful school community. The Festival of Lights was such a joy to be a part of. I left the school on Friday evening with the music still in my ears and an armful of candles, cakes and beeswax wraps! As the parent of a Year 8 student this was my first experience of a Forest school event on this scale. I witnessed students, teachers, parents and members of our broader school community working together to create this fun event. I hope all those primary school band performers and their families felt the same energy and will be enrolling at the Forest High school over the coming years.

If you missed out on the festival itself, you can still buy raffle tickets and the commemorative sweatshirt. All funds raised go back into the school and into making events such as these possible.

While the Festival itself was indeed a celebration it is important to shine the light on the successes that are occurring on a daily basis. At our last P&C meeting Rosemary McDowall, Principal, shared the results of the school's annual self-assessment according to the School Excellence Framework. The Forest is "excelling" in the areas of both Learning Culture and Educational Leadership. Mathew Finley, Deputy Principal, also shared data that shows the majority of our Year 11 students are performing above the state average. These are results to be proud of. Thank you to Rosemary and all of the staff at Forest. We wish you a well-deserved break at the end of this week.

P&C MEETINGS

SOCIAL MEDIA

Thank you to Mathew Finley, Deputy Principal, for his informative presentation last week on Social Media. A copy of Mat's presentation is available on request. Mat's presentation focused on the rights and responsibilities of students, parents and teachers. The message was clear that supporting our young people in the use of social media is a shared responsibility.

Other practical resources for young people, parents and teachers are available on the ReachOut website:

<https://au.reachout.com/collections/social-media>

<https://schools.au.reachout.com/social-media>

Policy documents, including anti-bullying, can be found on the school website under the "Supporting our Students" tab <https://theforest-h.schools.nsw.gov.au/supporting-our-students.html>



<https://www.rafflelink.com.au/forest-high-lights>



<https://www.tfhsuniformshop.com.au>

CANVAS AND SENTRAL

Back in Term 1, Kylie Coleman, Learning & Support Teacher, gave a presentation about the two online platforms used by the school to communicate with parents/carers and students. Due to popular request Kylie has now created a short introductory video to help us get a better understanding of how to use both platforms. Please use this link to watch the video <https://bit.ly/3v9yjY4> . Thank you Kylie!



Sentral is our parent portal that has been available for a while. Here information is shared between home and school, for example parents/carers can access daily notices, submit absence notes and more.



Canvas is the school's academic platform. Here information is shared between your child and their teachers. Your children will already be familiar with this but there is more parent/carer information to come.

INCLUSION

We are looking to establish a sub-committee next term for parents and teachers who are interested in discussing what inclusion means to you, why it's important and what we can do together to support it. If you are interested please email me at info@tfhsuniformshop.com.au with Inclusion in the subject line.

TERM 3

The P&C meetings are held in the school library from 7pm but at our last meeting we also gave parents the option to join via Zoom. It was great to see parents taking advantage of both and we will continue to do this for future meetings. We might be moving to Microsoft Teams instead of Zoom but will let you know next term.

Please contact us at info@tfhsuniformshop.com.au with any agenda items or requests for presentation topics.

Dates for Term 3 are:

- **Wednesday 21 July**
- **Wednesday 18 August**

On behalf of the rest of the P&C committee, have a good break and we look forward to seeing you in Term 3.

SARAH BUTCHART
TFHS P&C PRESIDENT



CWA Manly Community Day

Saturday, July 17th 10am to 2pm

Learn from our experts

St Matthews Church Courtyard,
The Corso Manly

Showcase your beautiful
work

Adult and junior sections

Contact us for the Competition Schedule

manlycwa@yahoo.com

 CWAmanlybranch

Northern Beaches Cookery and Handicraft Competitions



MANLY WARRINGAH BASKETBALL

JULY HOLIDAY CAMP

COME ALONG AND LEARN BASIC, FUN SKILLS

DATES: 7TH, 8TH & 9TH JULY, 2021

TIME: 5 to 9 Yrs old 9:00 to 12:00pm

10 to 14 Yrs old 1:00 to 4:00pm

VENUE: Northern Beaches Indoor Sports Centre

AGES: broken into age groups

COST: \$105 (If camp is cancelled, total refund)

No SINGLE DAYS MUST PAY FOR 3 DAYS

PLEASE BRING LIGHT SNACK & WATER

Due to Covid-19 restrictions there will be limited numbers, & No spectators. MWBA Will provide sanitised balls on the day. No balls to enter the stadium.

[HTTPS://WWW.TRYBOOKING.COM/BRLZK](https://www.trybooking.com/BRLZK)

THE FOREST HIGH SCHOOL
135 FRENCHS FOREST ROAD
FRENCHS FOREST NSW 2086

t. 02 9451 5111

f. 02 9975 3293

e. theforest-h.school@det.nsw.edu.au