



PRINCIPAL'S REPORT

Nathan Lawler, R/Principal

HALFWAY MARK

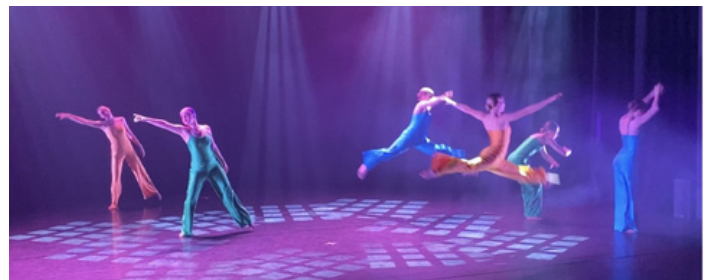
I have thoroughly enjoyed my first 6 months at the Forest High School. This week we had a fashion show, Year 12 on camp, Naidoc celebrations, a strike, evening dance performances at Glen Street Theatre and many other activities. A chance to recharge the batteries is needed.

Friday's amazing morning tea was supplied by our parents. This was such a nice way to end the term and mark the midway point of the year. We have a community that looks out for one another, is unified and moves forward together. What a school!

SYDNEY NORTH DANCE FESTIVAL

On Wednesday evening our very talented dance ensembles performed at Glen Street Theatre as part of the long running Sydney North Dance Festival. The first Festival was held at Allambie Heights Community Centre in 1981. The following two Festivals were conducted at the Greenhalgh Theatre, Ku-Ring-Gai College of Advanced Education. From there, the Festival moved to the Glen St Theatre, its home now, for more than 30 years.

It was clear from the polished performances that our two dance ensembles worked really hard when



preparing for their performances. First up we had our more senior ensemble comprising of students in Years 7-11 - Charlotte J, Mindy M, Mia G, Matilda S, Ava S and Dimity M.

They performed to my new favourite song by Andrew Bird 'Pulaski at Night'. Our Year 7 and 8 ensemble took to the stage at 8:00pm. This group included: Abigail F, Katherine H, Phoebe L, Ruby M, Eliana P, Maeve W, Jade C, Aishwarya K, Bridie M, Jessie M, Annika M and Kennady S. Again, I was blown away by the very high standard. A huge congratulations to Mrs Constantin (Dance Teacher and Head of Creative and Performing Arts). Her choreography and coaching meant that each of the girls new their roles and were able to showcase their talent.

FASHION SHOW

On Tuesday, students in our Textiles classes presented their work in the form of a fashion show. Under the guidance of Ms Aroyan, Mrs Horton, Ms Canham students have been designing and making various garments. Thanks to Mr Moore for his multimedia expertise, also to Mrs Stuart in CAPA and our VET



Entertainment students who provided audio and video for the show and to Mr McGrath in CAPA for organising photography. The standard was exceptional. Many of our students quickly turned into runway models, strutting the stage to the cheers of their classmates. I look forward to the next wave of designs from this group.



NAIDOC WEEK

Many thanks to Ms Chaloner and our Indigenous students for coordinating our school's celebration of Naidoc Week. On Tuesday, we were fortunate to have local elders Uncle Neil Eavis and Aunty Viv come in and perform a Smoking Ceremony. This was followed by a BBQ lunch enjoyed by many with Indigenous artists playing over the speakers. Many staff commented on the respectful nature that students approached this important annual event.



YEAR 12 ACADEMIC SUPPORT

We are wanting our Year 12 students feeling supported as they move into Trial exams which will run early term 3. For many students this will be their final school based assessment before sitting their HSC exams in October and November. Over the holidays our Library will be made available to Year 11 and 12 students so they can study in small groups or individually. We will also have some past student tutors who are part of our Trail blazer program on site to assist students preparing for the exams. In addition to this, some Year 12 teachers will be running workshops for students. Many thanks to our P&C for sharing the financial cost of this initiative. It really is appreciated.

NATHAN LAWLER
R/PRINCIPAL



DEPUTY PRINCIPAL'S REPORT

Mathew Finley, Deputy Principal

YEAR 10 SUBJECT SELECTION

Year 10 recently commenced their subject selection process for the Higher School Certificate.

This process commenced with report and target setting interviews. This involved an analysis of report results and small group target setting for semester two. The most striking data was around the reduction in negative incidents, down to a record low for a Year 10 group. Conversely, students demonstrating consistent respect, responsibility, and personal best in their report outcomes continues to exponentially grow. Our Year 10 Adviser, Ms. Courtney Turner, has done an outstanding job working with these students during this difficult phase of adolescents, and they are developing into mature young adults. We are so very proud of them.

Students and parents attended an information evening, Navigating the HSC, that explored the different course options, the difference between the HSC credential and an Australian Tertiary Admission Rank, and how to select a pattern of study that is right for you.

Students have also received advice from the Careers Adviser on different HSC and post-school options, including University, TAFE, Private Colleges, Traineeships, Apprenticeships, and School Based Apprenticeships.

Year 10 students then embarked on a week of work experience where students received placements in fields as diverse as medicine, construction, architecture, hospitality, media, and retail.

On their return from work experience students and their parents met with teachers to discuss their options for HSC study and these preferences

have been inputted into our timetable system. Our preference-based system ensures our timetable reflects the interests of all students. Students will find out which HSC courses are running early in Term 3.

Finally, the Stage 5 Music Night was the absolute highlight of the year to date. The diversity of performance and the professionalism of the musicians and entertainment crew drew rapturous applause from the capacity crowd throughout the evening. It was also wonderful to see so many students in the audience to support their friends. Footage of the evening is currently being edited by our entertainment crew and we would look forward to sharing this with our whole school community.



YEAR 12 TRIAL EXAMINATIONS AND CAMP

Year 12 are about to enter the final term of their HSC study. This is an exciting and nerve-wracking time for many.

Our Trial Examinations take place in Weeks 3 and 4 of Term 3. Students have been issued with a timetable for their Trial Examinations and have received guidance on how to prepare for their examinations. In a nutshell, visit the NESA examinations website, practice past papers, and use the standards packages* to understand the different range of answers. Our Trial Examinations are run by the same team of HSC invigilators who will be running the HSC later this year, so every aspect of this experience will be a replica of what students can expect in October.

We encourage all students to make individual or group bookings with our Trailblazers in preparation for their examinations. Their expertise in high impact strategies is invaluable. Year 12 students will also have a study day on Friday July 29th, so no timetabled classes will be running on this day.

Year 12 also had their much belated Year 10 camp. It was awesome to see so many excited faces depart for The Great Aussie Bush Camp on June 27th. Their patience and understanding of the challenges and delays we have faced made this camp even more special.

**A standards package has samples of real student work from HSC examinations, with the marks they received. The packages have different standards of student work, so you can see a range of band results.*

YEAR 8 SUBJECT SELECTIONS

Year 8 will have much to look forward to next term. Most importantly, they will have the opportunity to choose three elective courses to commence their Stage 5 studies in 2023. Students will select two electives from our 200-hour course options (studied over two years) and one elective from our short course options (studied for one year and open to students in years 9 and 10). Keep you eye out for important dates and information on this process at the start of next term.

Thank you to all parents and carers for your support throughout a challenging start to the year.

MATHEW FINLEY
DEPUTY PRINCIPAL

Term 3 2022 Events

18 July - School Development Day - staff only

19 July - First day of Term 3 - students return

20 July - P&C Meeting - 7pm

21 July - Year 9 Wellbeing Day

25 July - Year 8 & 10 Subject Selection Information Sessions

Year 8 - 5.00pm to 5.45pm; Year 10 - 6.00pm - 7.30pm

26-29 July - Year 10 Fitness Leader Ski Trip

26-27 July - Sydney North Athletics

27 July - Maths Olympiad (Years 7 & 8)

1-12 August - Year 12 Trials

3 August - Year 7 Cybersecurity Workshop

3 August - Year 10 Subject Selection Interviews

4 August - Mathematics Competition

9 August - Year 7 Gala Day

17 August - P&C Meeting - 7pm

18 August - MADD

24 August - Senior Soiree; Year 10/11/12 Minimum Standard Testing

12-20 September - Year 11 Yearly Exams

15 September - Year 10 Careers Day

20 September - Bob Philpott Cup

21 September - Year 12 Rehearsal and Celebration Assembly

22 September - Year 12 Graduation & Formal

23 September - Last day of Term 3

10 October - First day of Term 4 - students return



WELLBEING

Kate Board
R/Head Teacher Wellbeing

Report Distribution

In the final weeks of term, students in Years 10, 11 and 12 were involved in a Report Distribution Day. This process firstly involved a presentation from the Year Adviser reflecting on the cohort's reports and highlighting general strengths and areas for improvement. Students then received a paper copy of their report and individually completed a reflection sheet; they were encouraged to focus on their academic success and also the 'Attitude' component of their report, which focuses on the values of 'Respect', 'Responsibility' and 'Personal Best'. After this, students broke into small groups accompanied by a teacher mentor. Students discussed their reflections with the group and individually set SMART goals. These goals were recorded and will be revisited in the Report Distribution Day in Semester 2. This valuable process helps students to recognise their success, reflect on their progress and strive to achieve their personal best in Semester 2. Thank you to Ms Peachman for organising these days, the Year Advisers, Ms Yam, Mr Hendy and Ms Turner for their wonderful presentations, and all the teachers involved in the small group workshops. We look forward to a modified version of this process for our junior students next term.

Distinguished Achievers Luncheon

Following the Report Distribution Day, the inaugural Distinguished Achievers Luncheon was held to recognise the academic success of our students in years 10, 11 and 12. Students who achieved in the top ten percent of their year group, based on their GPA, were invited to attend the luncheon to celebrate their achievement. At the lunch, students were awarded a certificate of achievement and celebrated with a pizza lunch. Congratulations to all students who received a certificate, your consistently outstanding results are recognised and we are proud of your efforts.

Thank you to Ms Simic for your organisation. It is always wonderful to be able to recognise and celebrate the achievements of our students. Next semester, we will celebrate the academic achievements of our students in Years 7, 8 and 9.



Year 10 Subject Selection

In Week 8, Year 10 students and parents attended the Year 10 Subject Selection Evening, outlining the expectations and requirements of Years 11 and 12. Our Deputy Principal and Year 10 Adviser spoke about the challenges and opportunities of the coming years and the subject selection process. Students and parents then had the opportunity to ask teacher representatives from all faculties questions about the large array of subjects on offer at The Forest High School.

On Tuesday of Week 10, students and parents met with a teacher mentor and selected subjects for next year. Thank you to Ms Turner for your exceptional organisation of the events despite this busy time!

Year 11 Jerseys

Year 11 have finally received their long awaited senior jerseys! If you forgot to order and pay for your jersey in the first round, we will be organising a second round of jerseys to be ordered in Week 1 of Term 3.

Year 12 Camp

At the time of writing, Ms Yam and her Year 12s have just left for camp. There was a buzz of excitement in the air this morning as Year 12 students boarded the bus to The Great Aussie Bush Camp. After numerous rescheduled attempts over the past two years, we are delighted that Year 12 can experience one final high school camp with their peers. We wish you a fun, exciting and safe time! Thank you for your tireless organisation Ms Yam.

Year 12 Camp





The Great Aussie Bush Camp





Performances are back!

Stage 5 Music Night

On Friday 17 June we were once again treated to some phenomenal performances by our Year 9 and 10 Music students. Leading up to this evening, the music rooms have been filled with nervous students, many who have not performed for a live audience in the last 12 months and a few that had never performed before! Despite this, all students worked incredibly hard to present performances that left the audience in awe of just how talented our students are. Students performed in a variety of ensembles and a wide range of songs was heard including "Sweet Disposition", "The Final Countdown", "If I Ain't Got You" and "Just The Two Of Us". Congratulations to all our talented performers for such a special evening of music. A special thank you goes to our music staff Mrs Stuart and Ms Yea for all of their hard work and effort in readying students for this performance. A final thank you goes to our Year 11 VET Entertainment students and comperes who helped to ensure a smooth performance night.

Sydney North Regional Dance Festival

Our two dance ensembles participated in the Sydney North Region Dance Festival on Wednesday 29 June - performing on stage at the Glen Street Theatre with a live audience for the first time in 2 years! They performed beautifully and I look forward to reporting on their successes next term.

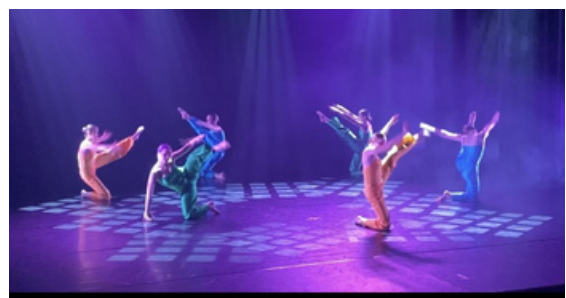


Band Program Update

Very pleasingly our Concert Band, Stage Band and Wind Ensemble have all performed this term at a variety of events and festivals. First up was the NSSWE Autumn Concert series held at our school hall. Wind Ensemble, conducted by Mr Ben Dickson, showcased new pieces "Down Under" and "Zeal". Concert Band, conducted by Ms Lemin Luu, beautifully performed the works "March of the Trolls" and "Canakkale Bazaar".



Concert Band and Wind Ensemble performed at the Northern Beaches Instrumental Festival Monday 30th July at The Pittwater High School. The festival attracts over 150 ensembles across two weeks from all over the Northern Beaches to perform their works for an appraiser and receive a workshop on stage to encourage students to continue working on their ensemble development.





Both ensembles performed brilliantly and received amazing comments from their appraisers.

Stage Band performed at the Silver Assembly held at school and again wowed the audience with their level of performance.

The final performances were last week at the NSSWE Winter Concert series held in our school hall. Just like all of the other performances they have been involved in this term, all our students impressed the audiences with their level of professionalism and skill. It has been so wonderful to see our bands performing after such a long hiatus and prove that our program continues to grow from strength to strength.

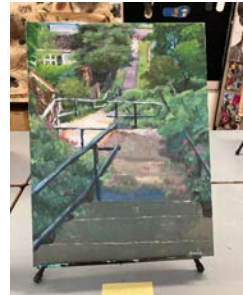
**REBECCA CONSTANTIN
HEAD TEACHER CAPA**



Isaac C. Year 9



Charlotte B. Year 9



Charlie B. Year 9



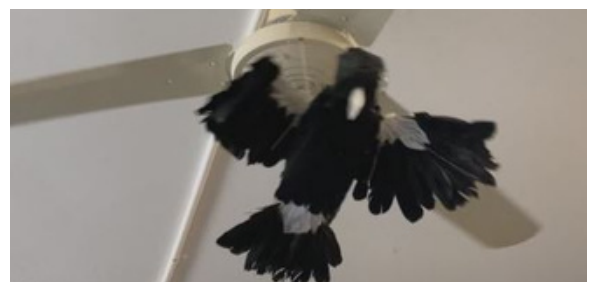
William B. Year 9

Year 9 and 11 Visual Arts

In Visual Arts this term Year 9 students have completed a unit on Impressionist painting - they painted an artwork in the style of the Impressionists - shown above.

In their unit "Postmodern ready-made sculpture", Year 11 students were given a pair of thongs, something considered typically Australian, and tasked to reimagine the thongs to remove them from their function and make a comment about Australian culture. Here are the works of Charlie H. who created a magpie and Tenzin N. whose ship was created in the style of ships from the First Fleet era.

**JESSILLA ROGERS
VISUAL ARTS TEACHER**



Charlie H. Year 9



Tenzin N. Year 9

ENGLISH

EAL/D End of Term Celebrations

Wow, what an exciting end of term for our EAL/D students, with a delicious lunch last Friday, joined by some of our P&C members and our friends at Biala. This was followed by a rocking day out at Brookvale Rock Climbing and a celebratory feast with our friends from the Original Burger Co. The students scaled new heights, as they learnt how to climb up and abseil down a range of rocky walls; with many students bringing out their adventurous (and competitive) sides, in attempts to defy gravity. Students laughed and cheered as they worked in pairs to both challenge and support each other, and for all involved it was inspiring to see both old and new friends work together to encourage bravery and tenacity to overcome many fears and physical challenges throughout the day. We even had a few very enthusiastic climbers who initiated a series of speed climbs... and definitely proved to everyone, that ANY obstacle can be defeated. Thanks EAL/D Team for another wonderful term!

SARAH PEACHMAN
HEAD TEACHER ENGLISH





LANGUAGES

Year 10 Japanese

On Wednesday 1 June our Year 10 Japanese students had a Zoom session with students at Chiba Keiai High School, our sister school in Japan. They conducted interviews with one another, one on one, via Zoom. This was a great way for the students to interact with each other across the world and continue our long association with Chiba Keiai.



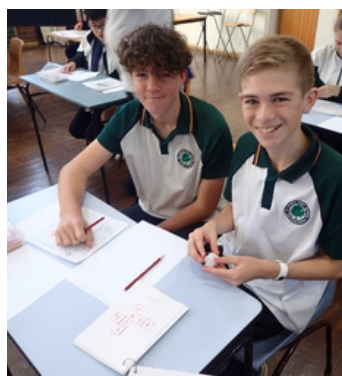
MATHS

Year 7 and Year 9

I would particularly like to thank Year 9 and Year 7 for their excellent behaviour and effort during the NAPLAN tests in Weeks 3 and 4. The students all did their best and we were able to solve quickly any technical issues. The results will be available in Term 3.

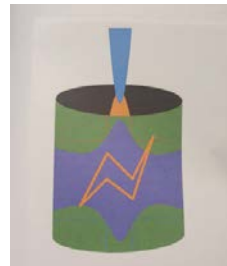
Year 8

In Week 8 all Year 8 students participated in the Patterns, Pictures, Puzzles and Problems day. The students enjoyed the practical nature of the activities and we all enjoyed watching the engagement and enthusiasm of the students. Below are some pictures of the students at work.



Year 11

This term our Year 11 students completed their first Research Style Task in line with the new HSC assessment guidelines. The Standard students researched the maths behind buying a car. Information included the factors to consider when choosing a car, the details and specifications, the safety rating, the additional costs when purchasing and insurance. The Advanced students researched various functions using Desmos and were asked to design a logo for a company using a variety of graphs restricting the domains to form their logo. Below are some of the results.



"Lightning Paint Services" by Jackson L.



"Unina" by Nina V.



"Ice Scream" by Chansatha Chor

Year 12

This term our Year 12 Standard students did their Research Task on Networks which is one of the new topics included in Standard Mathematics. They were asked to design Networks for school called Mathmore High School to best lay computer cables. This was a difficult concept and we were very pleased with the results submitted. The Advanced classes did an investigation task on Statistics and researched the Wisdom of the Crowd theory and looked at correlation. We were very impressed with the range of different ideas.

KAREN GOURLAY
HEAD TEACHER MATHEMATICS

SPORT

Sydney North Cross Country

On 16 June, the Forest High School had 18 students compete at the Sydney North Cross Country carnival in Gosford. These students were representing our school as part of the North Shore Zone. Two of our students Ellie C and Ashleigh W came 5th in their age groups and have qualified for the NSW CHS carnival on 22 July. Congratulations and best of luck!



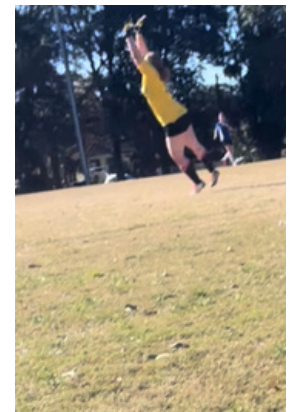
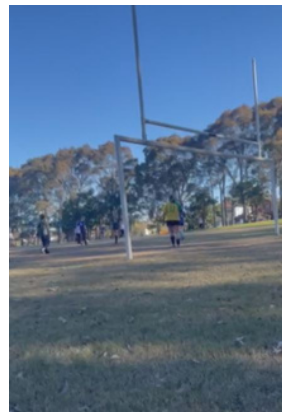
Ashleigh W. Year 10



Ellie C. Year 7

Grade Sport

The North Shore Grade Sport competition started in Week 4 this term and is into the second round of the competition. With a bit of shuffling around we have managed to get most of our games on and hopefully the wet weather can stay away. We have several teams including our Junior Boys Soccer, Junior Girls Netball and Junior Boys Basketball all leading their competitions. The competition will run until Week 5 next term, where there will be a final of the North Shore Zone and this winner will go on to play in the super zone final against the winners of the Warringah Zone.



Grade Soccer - Senior Girls in action

Sydney North Athletics Carnival

The Sydney Athletics Carnival is coming in Term 3 Week 2. We have 16 students who have qualified for the two-day carnival at Sydney Olympic Park. Good luck to all our competitors!

KURT NEELY
PDHPE TEACHER/SPORTS CO-ORDINATOR





SCIENCE

Year 10 Day of Change Expo

During Term 2, Year 10 have been studying mechanisms to change human behaviour to improve the environment. In groups, they have been designing a 'change campaign' of their choosing - picking an issue that means something to them and trying to change human behaviour surrounding the issue. The culmination of this was the Day of Change expo held in the hall on today. Groups manned their stations as teachers and junior classes made their way around the displays. Some excellent examples included campaigns on buying fruit that is in season, wearing sunscreen that won't bleach coral reefs, and adopting a pet rather than buying one. All groups were competing for a variety of prizes, including the coveted people's choice - decided by the audience of junior students. This was a month-long project and Year 10 have put in a massive effort for some amazing results - congratulations to all.

JAMES GOODWIN
R/HEAD TEACHER SCIENCE



TAS

Year 10 Food Technology

These wonderful cakes were baked by our Year 10 Food Technology students for their 'Food for Special Occasions - It's Part Time' independent research and presentation task. We're sure they tasted as delicious as they look!





Excursion to Ultimo TAFE Fashion Technology

The day started with travel to Ultimo TAFE and upon entering we were directed to the graduates' Fashion Showcase. The students' work, arranged in spacious booths decorated to their liking, showed the high quality of work, experience and understanding in areas of fashion and business. We were encouraged to make our way through the exhibit, which featured works with intricate embroidery and detailing.

Vishisht K. Year 10

In the Fashion Showcase at Ultimo TAFE NSW, Forest High School students participated in a fashion design and illustration workshop, led by some of the designers that teach at TAFE NSW. We were provided access to a drawing tablet, computer and a body template. We were given the opportunity to design digitally using the drawing tablet. This reflects the thorough, in-depth and industry-standard process that students of the TAFE go through when designing a textile item.

Isaac C. Year 9



The drape workshop at Ultimo TAFE was incredible. Their facilities are vast and extensive, with plenty of sewing equipment to go around. They taught us how to produce patterns, which is a very useful skill to have, especially if you want to go into Design when you are older. We learnt how to produce a pattern for a peplum, how to take the exact measurements, and we got to see what our final product would look like once pinned to a garment. The entire workshop was very interactive and interesting, and I would recommend this course to anyone who wants to get into fashion design.

Rebecca A. Year 9





The 2022 Fashion Show

The Fashion Show at the Forest High School was a collaborative event between TAS and CAPA faculties. Year 9 Multimedia students produced creative videos introducing each textile project. Year 11 VET Entertainment students attended various areas, including staging, lighting, audio and technical operations, and the Textiles students from Years 8 to 11 showcased their creative design projects. This year the project themes included 'In the Hood', 'Funky Pants', 'Twirling Around', and individual pieces inspired by various cultures, including from France, Scotland, The Philippines and Mexico. Congratulations to all participants for their effort and positive attitude.

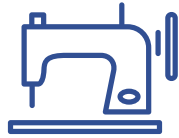




Term 2 Fashion Show



Year 8 Textiles in the Hood



Look at the wonderful hoodies our Year 8 students have made this term in their Textiles class. Just perfect for the winter weather!



ENRICHMENT

Year 6 Enrichment Program

Throughout the past six years we have hosted a selection of primary school students who would benefit from extension activities. The Enrichment Program sees four students from each of our local feeder primary schools come to our school each Wednesday for a 10 week period. They experience opportunities that are not the norm in primary school such as cooking, science labwork and woodwork. On Wednesday 1 June, students presented their work to their parents, primary principals and our staff. I would like to thank our Enrichment Program Coordinators Mrs Gourlay and Ms Simic who combined to run such a successful program. All of the teachers of the class have done an amazing job over the past 10 weeks, organising amazing lessons and totally captivating the Year 6 students.

Thanks also go to our Enrichment teachers Ms Roberts (Science), Ms Wallace (Mathematics), Ms Turner (HSIE), Mr Ye (Languages), Ms Constantin (Creative and Performing Arts), Mr Moore (Technology and Applied Science) and Ms Weatherall (English).



Year 7 Enrichment Program

On 6 June, Year 7 students presented their Enrichment projects to their peers, visiting parents/carers and some staff. Students were asked to design projects in response to a research question which they designed themselves. Mini project booths were set up in the hall and students were marked on their projects. A special mention to Miki L, Sophie H, Sienna D and Zoe D who went above and beyond with their projects. Our Dance Enrichment class performed for the first time in front of their peers and staff. They were brave, well-rehearsed and as a result put together a strong performance.



ABORIGINAL EDUCATION

Yarning & Weaving

Last week Aboriginal students and friends enjoyed an afternoon of yarning and weaving whilst discussing plans for NAIDOC Week. It was great to have Ms Simic and Ms Harper join the group. It was also lovely to have Sophia from The Biala Hostel join us.

LEE CHALONER
HEAD TEACHER PDHPE/ABORIGINAL EDUCATION COORDINATOR



Year 12 Aboriginal Studies Showcase

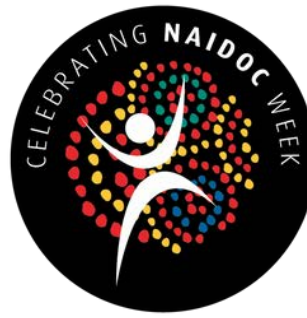
In Week 9, the first Year 12 Aboriginal Studies held a showcase of their major projects. Community members, parents, staff and students enjoyed the range of work on show. The students have done incredibly well and should be proud of their outstanding achievements!

SOPHIE HARPER
ABORIGINAL STUDIES/HSIE TEACHER



NAIDOC Week

On Tuesday 28 June, in recognition of NAIDOC Week, some of our staff and students participated in a smoking ceremony and raising of the Aboriginal flag. We were delighted to welcome Elders Uncle Neil Eavis and Aunty Viv to our school to be part of this important event. There was also a delicious bbq provided. A big thank you to Ms Chaloner for her superb organisation.



GET UP! STAND UP! SHOW UP!

3-10 JULY 2022



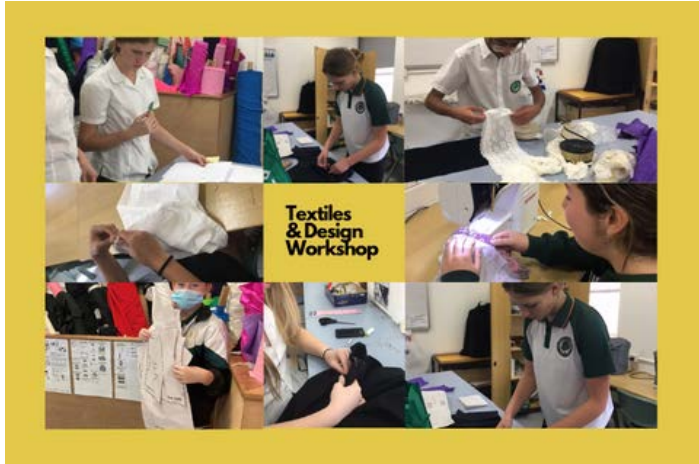
Clubs & Activities



Dungeons & Dragons



GET INVOLVED!



Textiles & Design Workshop

COME ALONG AND JOIN IN THE FUN!!



Chess club



Art Club

SOMETHING FOR EVERYONE!



Forest Fitness

MAKE NEW FRIENDS



Conversation Club

COME ALONG FOR CHATS AND GUEST SPEAKERS



Interact Club

CLUBS & ACTIVITIES AT TFHS

Duke of Edinburgh
SEE MRS COLEMAN IN THE LEARNING HUB IF INTERESTED

Dance

SEE MS CONSTANTIN IN THE CAPA STAFF ROOM



Year 7

MONDAY RECESS & LUNCH
GYM & LEARNING HUB

WED & THURS - PHYSICAL
ACTIVITIES AT LUNCH

LIBRARY EVERYDAY

MONDAY



Concert Band

7.15 - 8.30AM IN THE PAC

School 'Zine

CONTRIBUTE TO NEWS/ART/EVENTS FOR THE SCHOOL MAGAZINE A WEEK IN A1022
SEE MS MAY IN ENGLISH

Textiles Workshop

A WEEK LUNCHTIME IN A1001 WITH MS AROYAN

Senior Study Sessions

AFTER SCHOOL UNTIL 4.15PM IN THE LIBRARY

TUESDAY



Wind Ensemble

7.15-8.30AM IN THE PAC

Yarning Circle

COME FOR A KNIT AND A CHAT IN THE SHADE AT SOUTH END OF E BLOCK OR E0013 IF WET

Conversation Club

LUNCHTIME IN THE DBLC COME ALONG FOR A CHAT & GUEST SPEAKERS

Dungeons & Dragons

LEARNING HUB E BLOCK

WEDNESDAY



Textiles Workshop

A WEEK IN A1001
8.10-8.40AM
WITH MS AROYAN
FUN & CREATIVE - ALL WELCOME!

Stage Band

3-4PM IN THE PAC



THURSDAY



Choir

THURSDAY 8.00AM IN D1010

Anime & TCG Club (Trading Card Game)

ANIME - A WEEK LUNCH D1001
TCG - B WEEK LUNCH D1001

Yarning Circle

KNIT AND CHAT - SOUTH END OF E BLOCK OR E0013 IF WET

Debating/Public Speaking

LUNCHTIME - SEE MS BANCROFT IN ENGLISH A BLOCK

Dungeons & Dragons

LEARNING HUB E BLOCK

Beyond the Bell Homework Club

3-4PM IN THE LIBRARY
HOMEWORK & ASSESSMENT HELP
ALL STUDENTS WELCOME
EVERY WEEK

FRIDAY



Forest Fitness

WITH MR LAWLER & MR BARBAT 7.30AM ON THE OVAL

Interact Club

LUNCHTIME WITH MR ARGUE
LEARNING HUB E BLOCK
LEADERSHIP SKILLS & PROJECTS

Art Club

LUNCHTIME IN D0050
ALL WELCOME

Maths Help Desk

LUNCHTIME IN E1007
ALL WELCOME

Chess Club

(and other games)

LUNCHTIME IN G0001 WITH MR GOODWIN & MS ROBERTS

Textiles Workshop

B WEEK LUNCHTIME IN A1001 WITH MS AROYAN

EAL/D Homework Club

LUNCHTIME IN THE LIBRARY



Friday Art Club

Here is our Art club in action - experimenting with clay and oil bars for the first time. In Art Club, which meets during Friday lunchtime, students are able to work on class tasks or create artworks for personal interest. Come along to D0050 - all welcome!



Interact Club

Earlier this term Mr Argue established a school Interact Club. These youth clubs are linked with Rotary and they play an active role in helping others and working as a team. Their first achievement since forming only a few weeks ago was strong support for the Red Shield Appeal. Thank you to the 14 Forest High students who volunteered at Forestway shops over the weekend of 28-29 May. They raised \$3703.50, which was an amazing effort. Congratulations.



Yarn Yard



Yarn Yard has been enjoying the more recent fine weather and the opportunity to sit outside on the grass and knit under the tree that we are planning to wrap with our practice squares. As students develop their skills, they will be knitting squares for the Wrap With Love Australia charity. No experience necessary and it's a great opportunity to meet some fellow students that enjoy the relaxing benefits of knitting.

KYLIE COLEMAN
LEARNING & SUPPORT TEACHER

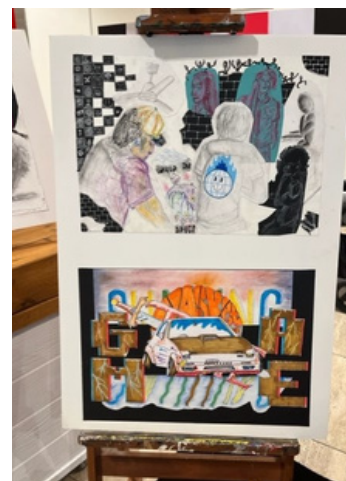


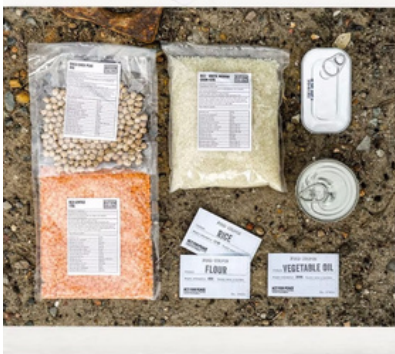
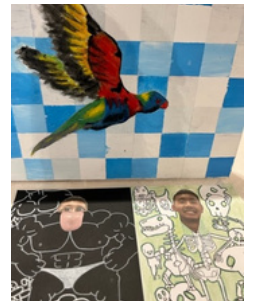
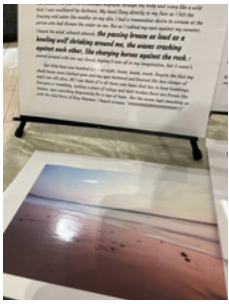
Refugee Week

19-25 JUNE

Last week, our EAL/D Coordinator Ms Weatherall and our EAL/D students had a display at Warringah Mall. The display was an evocative and emotional depiction of the experiences of students who are refugees settled in Australia, and included both artworks and creative writing from Forest High students. We are so proud of the students featured, and our EAL/D team for getting this up and running to showcase our multicultural school community.

On Tuesday 21 June at lunch we ate the same rations as a refugee for one meal, and raised money for Act for Peace during Refugee Week. In one week a Syrian refugee living in a camp in Jordan receives just a small amount of rice, beans, oil, flour, fish, lentils, and chickpeas. Woolworths, Frenchs Forest generously donated bread, fruit and poppers to go with our kidney bean and hummus dips - made from ingredients supplied in the ration pack.

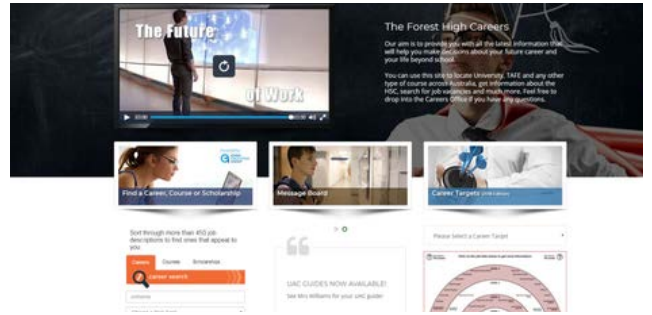






CAREERS

Annika Williams
Careers Adviser



www.theforestcareers.com

Year 10 Work Experience

Last week our Year 10 students took part in one of the most exciting opportunities of the year, school Work Experience.

Despite the challenges of Covid and the resulting WFH situation for many employers, almost every student in the year group was able to join the workforce for a week and experience the exciting and challenging world of work! The feedback on our students was wonderful and many have been offered jobs as a result of their work experience placement. Congratulations Year 10!



School Careers Website

Our school has a School Careers Website. You can find it at www.theforestcareers.com. It's a "One Stop Shop" for your child's needs with their career planning, information on HSC and post-school options and much more. Students can also use it to create and save their resume.

The site is also designed with you, the parent/caregiver, in mind to provide you with all the information you need about your child's career planning and post-school options – and the information is constantly changing in these areas. This is a great opportunity for parents, particularly those with students in the senior years, to keep abreast of current offerings for our students, including university/ TAFE/private college open days, study sessions, GAP year programs, work experience and job opportunities.



SRC

Opportunities to share ideas for our Senior Leadership Team

On Friday 10 June our Senior Leadership Team had a busy day on Friday attending two seminars, both student driven with a focus on mental health.

Jono, Jesse, Beth, Halle, Jami and Jackson attended the Leading Wellbeing Conference held by Ravenswood Schools for Girls and Knox Grammar School whilst Emily, Dylan, Lily and Liam headed to Dee Why PCYC for the Northern Beaches Council "Have your Say Day" to discuss issues relating to youth on the Northern Beaches.

Great ideas were collected that we hope to bring to the school body.



Leadership Day with NSW Parliament

ON THURSDAY 9 JUNE OUR CAPTAINS JONO AND EMILY VISITED GOVERNMENT HOUSE FOR A LEADERSHIP DAY FOCUSED ON WELLBEING WITH NSW PARLIAMENT. SOME INTERESTING IDEAS WERE DISCUSSED WHICH THEY HOPE TO BRING BACK TO FOREST HIGH.



P&C NEWS

I cannot believe we are halfway through 2022! I am so proud to be a part of an amazing school community and I thank you for your support in Term 2.

At our meeting in June, we had a lot of staff attend. We truly appreciate the additional time you dedicate to the school given that you all have families and lives of your own. It was wonderful to hear about the incredible opportunities that you provide for our students. On behalf of our school community, we thank you, and we appreciate all your contributions to our meetings.

We will be hosting a thank you morning tea for our staff on Friday 1st July. Thank you to Karen Smedts, Jodie Gale, and Karen Pritchard for providing food.

Thank you to Lorenza Grotti for joining me with the cooking club that is starting next term. We are excited to share recipes with the students each Monday.

It was wonderful to be involved in Refugee Week. Our student's artwork and stories were displayed at Warringah Mall to showcase their work and engage the broader community. Thank you to Michelle Alchin and Sally Boas for helping with the set up and pack up each day. We are so grateful to Ms Weatherall for her dedication and sharing her talents with our students.

Thank you to all our Executive Team for the work they do behind the scenes that largely goes unseen. I also thank every contribution from the larger school community that continues to make our school a better place.

I wish all our families a lovely holiday break and let's all look forward to the exciting events happening in Term 3.

Happy Holidays!

KELLY BARR-JONES
P&C PRESIDENT



COMMUNITY NOTICES



MANLY WARRINGAH BASKETBALL JULY HOLIDAY CAMP COME ALONG AND LEARN BASIC, FUN SKILLS.

DATES: 6TH, 7TH & 8TH JULY 2022

TIME: 5 to 9 Yrs old 9:00 to 12:00pm

10 to 14 Yrs old 1:00 to 4:00pm

VENUE: Northern Beaches Indoor Sports Centre

AGES: broken into age groups

COST: \$105 (If camp is cancelled, total refund)

Booking: <https://www.trybooking.com/BZAWR>

**NO SINGLE DAYS,
MUST PAY FOR 3 DAYS**



THE FOREST HIGH SCHOOL
135 FRENCHS FOREST ROAD
FRENCHS FOREST NSW 2086

t. 02 9451 5111

f. 02 9975 3293

e. theforest-h.school@det.nsw.edu.au