



PRINCIPAL'S REPORT

Nathan Lawler
R/Principal



YEARLY WRAP UP

It didn't take me long at the start of the year to realise how lucky I am to be leading the Forest High School.

This is a great school with a diverse range of students, supportive parents, and highly effective staff.

Having a strong staff team when combined with parental support has meant we have been able to achieve excellent results in 2022.

Students here are regularly told that they belong, that we are with them and we will work alongside them.

We want our school to be a place where student feel excited to come and can make connections with other students and teachers both within and outside the classroom. We are continually looking at ways to embed a sense of belonging.

This year we publicised what is on each week across the school.

We also added a number of clubs and groups to the list of extra-curricular activities on offer.

Student take up was high.

Students could be seen getting involved in:

- Before school Friday morning fitness sessions
- Art workshops during lunch
- Parent led Cooking classes
- Lunchtime Yoga classes
- Afterschool study and literacy assistance in the library with Trailblazers and staff
- Chess club
- Interact Club which has seen students working in partnership with Belrose Rotary
- Debating and public speaking teams,
- Dungeons and Dragons
- Conversation Club
- Band, Choir, Dance
- Yarning circles, Trading Card clubs
- Textiles workshops
- Home work clubs

Next year there will be a parent led Coding club each Wednesday morning.

Driving all of these events and initiatives are staff (and in some instances parents). We are very fortunate.

At the same time of building strong connections across the school we also continually spoke to students about working towards their personal best.

We had our library open over two of the holiday breaks. In partnership with the P&C we employed our Trailblazers (past high achieving students) to come in and support students with their study.

We are constantly looking at how we can show students we believe in them whilst building on a culture of learning and high expectations.

After the first reporting cycle we introduced a high achievers morning tea. Those students who achieved grades at the top of their cohort were invited to a lunchtime awards ceremony with pizza. In semester 2 we widened the net to ensure our investment reflected our values. Students who had shown significant improvement with their effort and attitude to learning were also rewarded along with our high achievers.

Again the message to students is that your efforts are seen and valued.

For those of you who came along to see our school musical last week I'm sure you were impressed. It was only mid last term that Ms Constantin approached me about running a musical. The turn around was extremely short. The Musical for me highlighted what this school stands for. We may not have the prettiest buildings and our kids don't always fit a certain profile, but we get in the trenches better than anyone. Staff, students and past students – yes past students came and gave hours of their time. There were over 100 students involved in the production and many staff lent a hand. We had dancers, the band, actors all in sink. The final product was amazing.

In 2022, we have had incredible support from our P&C. Kelly has been an amazing P&C President. She leads by doing and as such other parents and carers want to join her. Nothing is too hard. There are simply too many areas that the P&C has provided support to mention. Here is a very short summary:

- Monday cooking classes for students.
- Thank you morning teas for staff each term
- Interview panels
- Representation on the Project Reference Group for the school relocation
- Running our Uniform Shop.
- Displays down at Westfield's for our new school magazine, Refugee Week and when showcasing student creations in textiles.
- Dissemination of our new school magazine – titled the 'Scrub Turkey'.
- Funding many initiatives such as having tutors over the holiday break, each Monday afternoon and in our Library over the breaks; a Coffee cart for our students wanting to learn Barista skills, Wednesday League soccer matches... I could go on.

In partnership with Sarah Butchart, Kelly has also co-led the Inclusion and Diversity Sub-Committee meetings throughout 2022. These meetings have provided a safe forum for parents and carers to speak directly with our Senior Executive and Learning and Support teacher Ms Coleman. I look forward to these continuing in 2023.

A huge thank you to Mrs Gourlay who along with our Admin staff organised Tuesday evening's Presentation Night. This was a nice way to end the year and celebrate our students.

Wishing you all a safe and happy break.

NATHAN LAWLER
R/PRINCIPAL



Clubs & Activities

PREMIER'S BACK TO SCHOOL NSW PROGRAM

Dear Parents and Carers,

As we prepare for another year of learning in 2023, you can now apply for the Premier's Back to School NSW program, offering \$150 worth of vouchers (3 x \$50 vouchers) to help pay for school supplies like school uniforms, shoes, bags, textbooks and stationery.

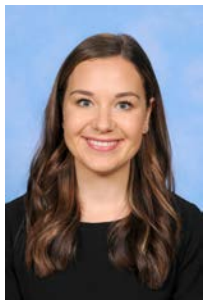
Every primary and secondary school student in NSW is eligible for the vouchers.

[Click here](#) to read the letter from the Premier about the program and the vouchers.

You can apply for and access your vouchers in your MyServiceNSW account, in the Service NSW app, by calling Service NSW on 137788 or by [visiting your local Service Centre](#)

To be eligible, your child needs to be a NSW resident and enrolled in a NSW primary or secondary school in 2023.

For more information, visit the [Service NSW website](#)



WELLBEING REPORT

Kate Board
R/Head Teacher Wellbeing



REPORT DISTRIBUTION AND LUNCHEON

Years 10 and 11 thoughtfully engaged with the Report Distribution process. In this process, students read through their report, making careful note of their achievements and areas for improvement. They then had a presentation from their year adviser, outlining some of the cohort's strengths and weaknesses. Next, students worked with a small group and a leading teacher to discuss their goals and what they would like to work towards on their next report. Junior year groups had a modified version of the report distribution, involving a presentation from their year adviser in year group meeting time, and the chance to think about some academic goals for 2023.

We celebrated the success of students across all years with a delicious pizza lunch. Students were recognised in three areas: academic success, most improved results since semester one, and most consistent positive attitude towards learning. Congratulations to all students who received an award.

RAGING WATERS

On Wednesday of Week 10, Year 9 students went on an excursion to Raging Waters. This was a fantastic day out, enjoyed by all who went. Year 9 had an awesome time on the many slides, pools and attractions at the park, and enjoyed the chance to bond with friends. Thank you for your excellent behaviour and attitude, Year 9!

RELATIONSHIPS AUSTRALIA

Relationships Australia have been working with our school throughout 2022 to deliver a range of programs to our students. Most recently a new program for a small group of students in Years 8, 9 and 10 concluded; students in this group developed stronger relationships, confidence, and resilience. The School is grateful for the opportunity to work with wonderful providers like Relationships Australia to help develop important life skills for young people. Thank you to Mick for all the work he has done with our wonderful pupils this year.

CYBER SECURITY WORKSHOP

In Week 9, students in Year 9 participated in Digital Balance workshops, facilitated by Optus. During the workshop, students explored the positive uses of technology on our wellbeing and discussed taking steps to improve digital wellbeing through streamlining what our devices can do for us. This engaging presentation gave students plenty to consider, and many were genuinely surprised to look at their own phone and device use. We learnt about how devices can be a valuable tool for helping us stay focussed, healthy and efficient in our study at times, but how they can also have harmful effects on our physical and mental wellbeing if they are not used effectively.

YEAR 10 END OF YEAR ACTIVITIES

Year 10 have been participating in so many activities to boost their social and emotional wellbeing, and learning some important life skills.

They have done a workshop with Tomorrow Man/Tomorrow Woman, which focuses on breaking down barriers and stereotypes, becoming vulnerable and trusting each other, and working on how to support one-another during times of need. All students who participated said that they felt closer to their friends and classmates after the presentation.

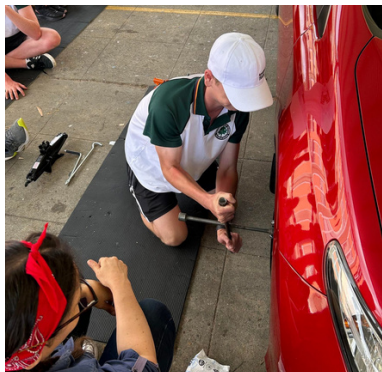
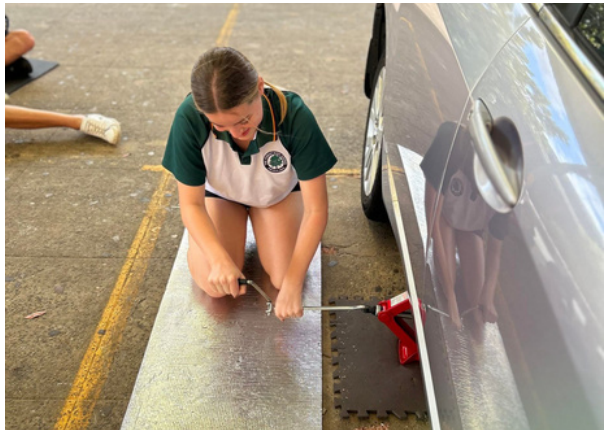
Students also participated in a range of careers workshops, working on interview skills, career pathways and an excursion to Macquarie University.

Many thanks goes to the P&C for sponsoring two more workshops; The Champions Presentation run by Nic Newling, speaking about his struggles with mental health and how to get help; and Galmatic Car Maintenance incursion, where students learnt to fix flat tires, change oil and check the engine.

These activities were such a great way for Year 10 to end the year, and sets them up for success in their future, no matter their future.

COURTNEY TURNER
YEAR 10 ADVISER



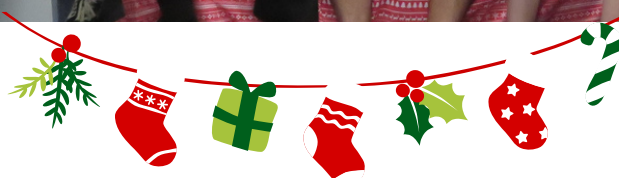




CHRISTMAS IN THE LIBRARY



The Christmas photo booth was in action again this week in the library - students were able to have their photo taken with their favourite Santa!



Term 4 2022

19 December - School Development Day (staff only)
20 December - School Development Day (staff only)

Term 1 2023

27 January - School Development Day (staff only)
30 January - School Development Day (staff only)
31 January - Years 7,11,12 Peer Support return
1 February - Years 8,9,10 return

3 February - Swimming Carnival
7 February - 2022 Distinguished Achievers Assembly
6 February - Meet the Principal - 9am
20 February - Meet the Principal - 9am
8-10 March - Year 7 Camp
9 March - Zone Swimming Carnival
15-24 March - Year 7 & 9 NAPLAN
20-22 March - Year 11 Camp
20 March - Sydney North Swimming Carnival
28 March - Year 8 Vaccinations
7 April - Last day of Term 1

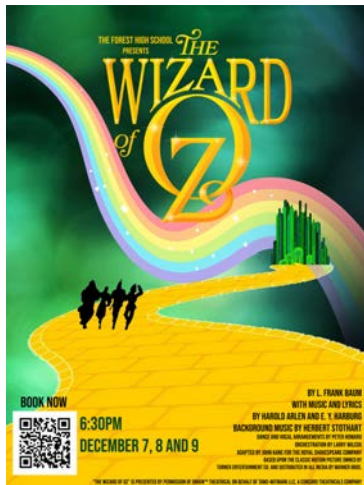
CAPA



Band Tour 2022

Despite last minute changes due to the flooding across the Great Western Highway and Bathurst, our CAPA staff did a remarkable job to ensure Band Camp still went ahead. After morning rehearsals at school and a lunchtime performance at Manly Vale Public School, students stayed overnight at school on Tuesday evening, setting off for Standwell Tops the following morning and visiting Symbio Wildlife Park along the way. Over the next 4 days students rehearsed and performed to a range of audiences. They also visited Stanwell Tops lookout, Kiama blowhole and the Kiama Christmas markets. A special thanks to our very talented Band Conductor Lemin Luu.





The Wizard of Oz

Wow, what an incredible journey the audience was taken on as they followed the story of a young girl, Dorothy, who avoids a cyclone and finds herself in a magical land meeting whimsical characters as she follows the yellow brick road to find a way home. This production was led by a small team of teachers – Ms Constantin, Mrs Stuart and Ms Yea along with trailblazers Sam and Zali – who believed in telling this amazing story and providing a fantastic opportunity for our students to showcase their talents. And talents we certainly did see!

Some interesting facts about our production:

- The show came together in a mere 14 weeks (half of the time we usually prepare in)
- Approx. 65 costumes were hired for use in this show, including the iconic Tin Man costume
- Costume pieces and props came from as far away as Goulburn and Melbourne
- The last prop to arrive on the day of the opening show was the iconic Witch's Broom
- The TAS faculty came to the rescue, ensuring that set pieces including trees and stairs were fixed and braced (meaning they could stand up by themselves)
- The band rehearsed for a total of 9 weeks!
- Nearly 30 different sound effects were used throughout the show
- 8 past students of TFHS came back to be involved as assistant directors, sound operators, head mechanists, musicians, follow spot operators and lighting
- There are 28 scenes in total and Dorothy was in 26 of these scenes!
- Many many classes and students assisted in painting set pieces, making head pieces, steaming costumes

Thank you to everyone who came and supported our show.

Thank you to the teachers who willingly put their hands up to come and help out in numerous ways.

Thank you Mr Lawler for allowing us to create such a show.

Thank you to every single student involved – band, cast and crew – you have been so wonderful to work with and we do hope that you always have fond memories of your trip down the Yellow Brick Road to Oz!

REBECCA CONSTANTIN
HEAD TEACHER CAPA





Visual Arts

LOOK AT THE WONDERFUL CREATIONS OUR JUNIOR VISUAL ARTS STUDENTS HAVE MADE THIS TERM

- YEAR 7 CUBIST STILL LIFE PAINTING
- YEAR 8 POP ART CERAMIC BUSTS

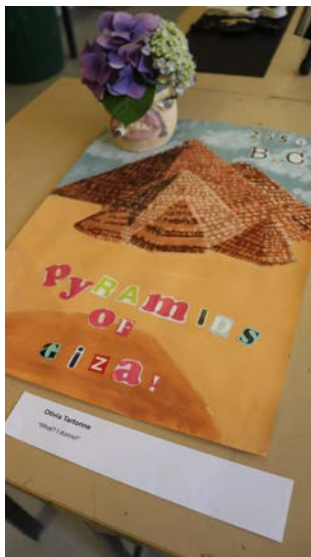


Year 10 Art

THIS SEMESTER, YEAR 10 VISUAL ARTS EXPLORED THE PURPOSE AND DEFINITION OF ART THROUGH HISTORY BEFORE CREATING THEIR OWN HISTORY PAINTINGS. FINISHED WITH THE PAST,

THEY MOVED INTO THE CONTEMPORARY ART WORLD TO ASK AND ANSWER THE QUESTION "WHAT IS ART?" WITH A UNIQUE, AMBITIOUS, AND HIGHLY SUCCESSFUL POP-UP EXHIBITION. WE CAN'T WAIT TO SEE WHAT THEY DO NEXT AS THEY MOVE INTO THE SENIOR SCHOOL!

CONGRATULATIONS, YEAR 10!





ENGLISH

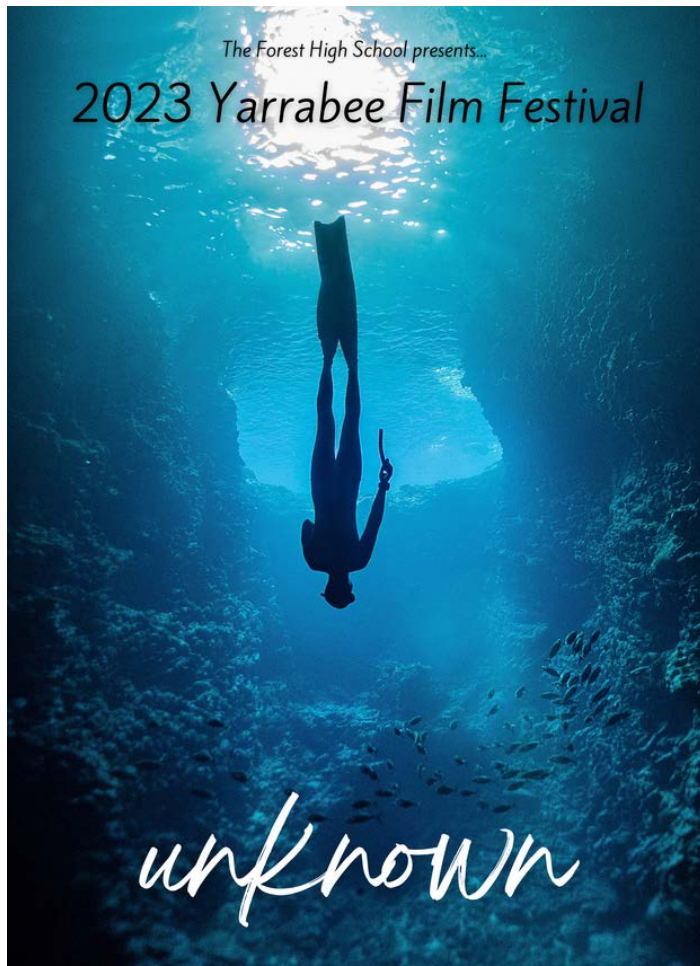


Digital Dynamites

We are so proud to congratulate Ms Lauren Weatherall and the Digital Dynamites Year 9 and 10 electives class on their publication of the first ever teen magazine on the Northern Beaches, The Scrub Turkey! The launch was accompanied by a fabulous display at Warringah Mall and the magazine will be available at Warringah Mall, our local libraries and many other locations. All content is by Forest High students and we are impressed by the high quality of the articles they have produced. We are grateful to Kelly Barr-Jones and the P&C for their generous support of this project and special thanks to Kim and Craig Kelso-Ferrier at IPS Printers and Michelle Alchin.

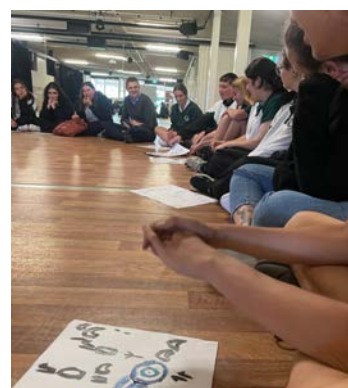
SARAH PEACHMAN
HEAD TEACHER ENGLISH





See Ms Nixon in the English staff room or check Sentral for entry details

HSIE



Bush to Bowl

On Thursday 17 November Bush to Bowl came to teach Cultural Studies and our Aboriginal students about Australian native plants. Cultural Studies students have been learning about 'Culture and Food' this term, so it was a good experience to translate learning into a real-life experience. A select group of students attended a presentation and learnt about the ways in which plants can be used for food, medicine and protective mechanisms against animals. We walked around the campus, and Wakka from Bush to Bowl showed us some edible plants around the school. After the walk, students painted some stories using symbols that Wakka taught the class. At the end of the incursion, students and teachers sat in a circle and shared the stories they had painted.



Cultural Studies

Cultural Studies students created a dish of food to share with the class. We had a fantastic selection - macarons, pizza, nachos, a charcuterie board, dumplings and much more! Students explained their dishes to the class and visitors. We had a fantastic time relaxing and eating with the class.

Year 12 Society and Culture

Year 12 Society and Culture have been hard at work this term! They've been attending workshops for their major project, an excursion to the city for a conference and cooking to share food with the class. We have been studying Afghanistan as our first topic, which students are thoroughly enjoying.

SOPHIE HARPER
HSIE TEACHER



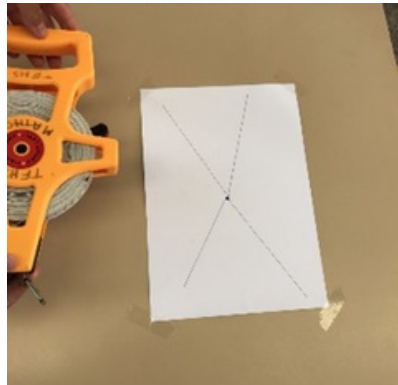
MATHS

This year we are sad to say goodbye and thank you to Mrs O'Donnell. She has given over 30 years to public education with 25 of those years being at The Forest High School. In that time she has been involved as the Peer Support Coordinator, a Year Adviser, organised the Christmas Party and taught all levels of Mathematics. She has always put the needs of her students first and motivated them to achieve their best. Who can forget her famous excursion "Shopping the O'Donnell Way". She has been open to learning new technologies including Powerpoint when that came out and very proudly presented the staff her PPP – Pythagoras Power Point that she spent all of the Christmas holidays making. Denise has been a mentor to many up and coming teachers including myself and has always given me the confidence and support to move into higher rolls. We know that we will all keep in contact with her and the students will still see her smiling face as a casual throughout next year.



YEAR 10

Over the past few weeks Year 10 have been doing topics in preparation for Year 11. The students doing Advanced have been focusing on their algebraic skills. The students doing Standard have done a unit on surveying focusing on Non-Right Angled Trigonometry. Below are some photos of Mrs Gourlay's class putting what they learned into action.



CLASS REQUIREMENTS FOR 2023

Junior Students

200pg A4 grid workbook, calculator, ruler, scissors, glue, pens, pencils.

Senior students

a4 150pg book with ring binder holes if you are using a folder. We do not suggest separate folder sheets.

All students

Calculator, ruler, scissors, glue, pens and pencils.

If a new scientific calculator is needed we use the Casio fx-82AU PlusII. These are available from most shops and also from school for \$30.

OVER THE HOLIDAYS

Mathematical skills can be gained in many ways. Play some games like Yahtzee and Monopoly which both improve addition skills. When teaching probability there are many students not familiar with the suits and numbers in a pack of cards. Any card games would provide this understanding and be fun.

ENJOY THE HOLIDAYS FROM THE MATHEMATICS STAFF

Mrs Gourlay, Mrs O'Donnell, Mr Leung, Mr Corner, Ms Locket, Ms Wallace, Ms Dawson, Mr Shaw

KAREN COURLAY

HEAD TEACHER MATHEMATICS



PDHPE

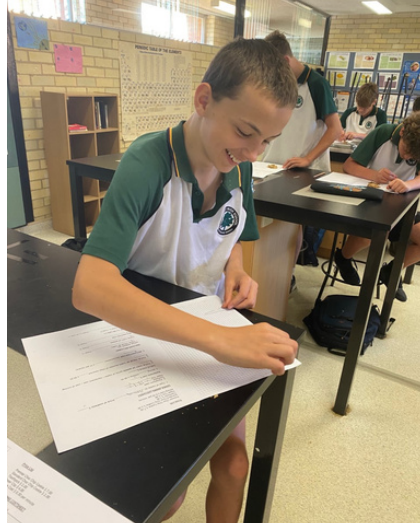


Year 7 Swim School

Year 7 had Swim School in Weeks 9 and 10. At Swim School students learn to swim or improve their lifesaving abilities over a three day program - two days in the Manly Boy Charlton pool gaining skills in the water and the third day spent at Long Reef beach learning general swimming, surfing and surf rescue skills. Thank you to our Year 9 and 10 Fitness Leader students who helped out.

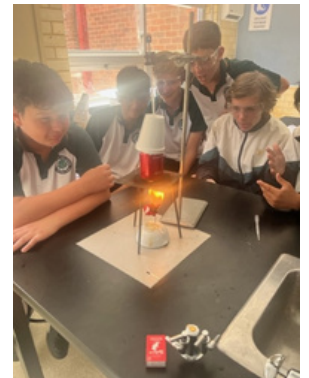
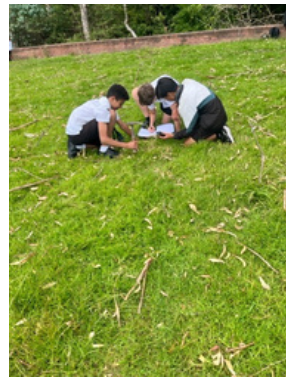


SCIENCE



Year 7 Science

This term Year 7 have been learning about resources in Science and the types of resources we mine for everyday use. In Week 7, to support their understanding of the process of mining, they mined for chocolate chips from cookies. Students had to account for the cost of purchasing land (cookies), mining tools (paperclips or toothpicks) and the labour cost to mine. The aim was to make the most profit possible during the mining session. Congratulations to Josh C for achieving the highest profit of \$29 from an initial \$25 investment.



In the Year 7 topic of Earth resources, students are understanding the importance of non-renewable resources. Biofuels, like different types of vegetable oils were tested to determine which oil boils the water the best. Year 7 Science E students used a biofuel to boil water in an aluminium can. Students were successful by measuring the change of temperature with a thermometer.

Year 7 Science C students on the oval analysing the pH and temperature of the soil. In the topic Earth resources, students were understanding how geologists search for resources on the school oval.

LUCY COLLINS
HEAD TEACHER SCIENCE

Year 9 Science

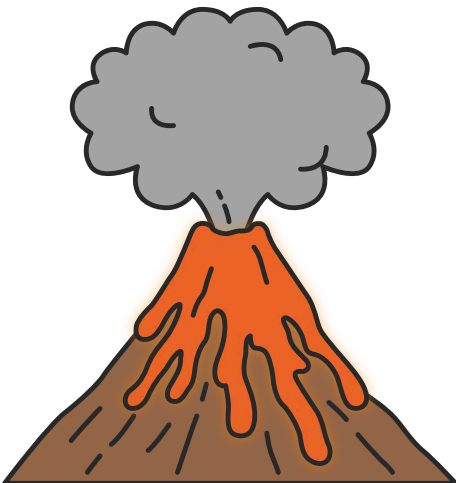


On Tuesday, Year 9 Science B completed their final experiments of the year. 9B students are learning how natural disaster, such as a volcano, can destroy an ecosystem. Students created dioramas of particular ecosystems and got the opportunity to create a volcanic eruption inside their ecosystem. Students built:

- A Mt St Helen's volcano - this eruption of vinegar and baking soda managed to flow over the top
- An excellent Iceland's Eyjafjallajökull volcano representation diorama. The eruption was created by using the Elephant's toothpaste experiment
- An amazing ecosystem of the shores of Hawaii - the shield volcano produced a slow eruption, as depicted from Hawaiian volcanos

Congratulations 9B!

SASHA PARKER
SCIENCE TEACHER



Space Camp 2024

We are looking into running a Space Camp in 2024.

Here are some memories from Ms Roberts, one of our Science teachers, from the last Space Camp we ran in 2019 to give you an idea of what a fantastic opportunity this is for our students..



In 2019, Mr Dodds and I took 17 Forest students to The U.S. for a trip of a lifetime – Space Camp. The two-week April school holiday adventure included:

- One week at Space Camp Huntsville, Alabama – where the students trained as basic astronauts, designed and built rockets, completed weightlessness training, defeated obstacle courses and flew on simulated missions to space
- Three days in Washington D.C. – where we visited several of the famous Smithsonian museums, had a guided tour of the Senate building (with way too much marble) and a night bus tour of the highlight the city has to offer
- Three days in Orlando, Florida – here we didn't stop with indoor skydiving, shopping, airboats on the Everglades, visit to Kennedy Space Centre to have lunch with an astronaut and a full day at Universal Studios



The success of the trip cannot be underestimated.

Proudly, completing with 10 other teams, The Forest was awarded one of only 3 prizes at the end of their training – Best Team Award. This is an even greater accomplishment due to the students being from 5 different year groups (8 to 12) who had not worked together before the trip yet came together so successfully as a team!

We are looking into a possible future trip during the April holidays in 2024 .

Any interested students can see Ms Roberts in the Science staff room.

SUPPORT

Chinese Garden of Friendship

This week students from our Support Unit visited the Chinese Garden of Friendship and a restaurant in Darling Square afterwards. Year 7 & 8 students fund-raised for the excursion selling spices and Christmas puddings within the school.



TAS

Christmas has come early in TAS - thank you to the P&C for providing funds for new power tools, 3 brand new Bernina sewing machines and 3 industrial standard mannikins. Our students will greatly benefit from these. Here's Mr Moore with their pressies!



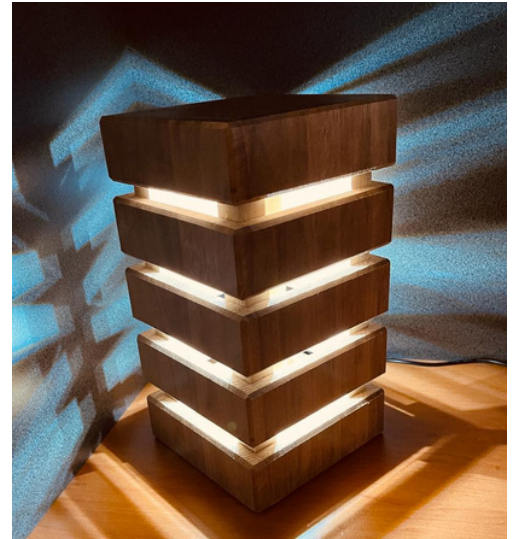
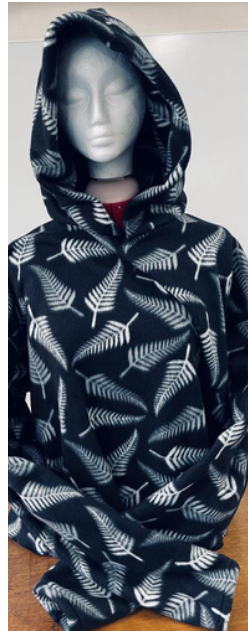
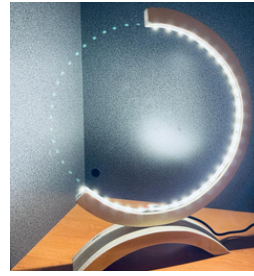
Year 10 Timber

Congratulations to Sahara W, Jai J and Brooke B in Year 10 who have made these wonderful side tables in their Year 10 Timber classes this term. These students have shown great skill to produce work of this standard. Well done!

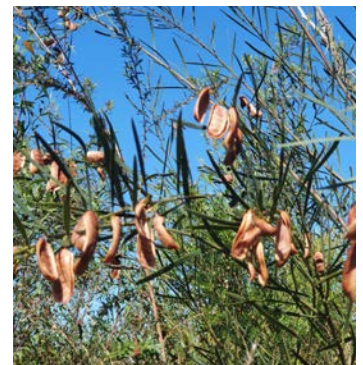


Year 8 Technology Mandatory

Here are some of the Eco Lamps and Hoodies Year 8 have made this term in their Technology Mandatory classes



ABORIGINAL EDUCATION



Bantry Bay Rock Carvings

In Week 6 the local Aboriginal Heritage Officer took The Forest High School Aboriginal students on a guided tour of the Bantry Bay Rock Carvings. She spoke to students about caring for country, protecting Aboriginal history and sacred sites and careers as Aboriginal Rangers and Parks and Wildlife Officers.



Go Foundation Graduation and Scholarships

Nateya Tai celebrated her graduation from high school and the Go Foundation Scholarship Program for Aboriginal students last Thursday night at The Australian Museum. Adam Goodes and Michael Harrigan presented Nateya with her graduation sash and gift. Ms Chaloner, students and staff from the Biala Hostel, Nateya's Mum and sister all enjoyed celebrating her success and wishing her well as she transitions into the next stage of her life.

Congratulations to Keazia Hunt, Indianna Saunders and Paige Cosentino who have all been awarded Go Foundation Scholarships for 2023/2024.

TIBETAN FUNDRAISER

What a fantastic fundraiser we had on 2 December, to raise money for the Tibetan community of the Northern Beaches. It was a hugely successful day for all involved with One Meal Brookvale kindly paying for the hire of the commercial kitchen and over 20 Tibetan families, including the President of The Tibetan Organisation, making the mammoth effort to come and cook over 1,000 dumplings - which were sold to the school community.

The cooking process itself took over 7 hours and there was an incredible show of school spirit coming together to ensure we raised as much money as possible for families in need. School leaders from the SRC and Year 12 came cheering to promote the festivities and we were also honoured to have members from Dr. Sophie Scamps' party and Community Northern Beaches attend the event. Fundraising will still continue until school resumes in 2023, with thousands of dollars already raised! Such an incredible effort and thank you again to all our partners at Community Northern Beaches, the Tibetan Organisation Northern Beaches and The Forest High School P&C.



CAREERS

Careers Week

In Week 8 Year 10 participated in a number of exciting Careers activities with the view to inspiring their senior studies and beyond. In class, they learnt about different job opportunities related to their elective subjects, as well as spent time considering their future through careers research. They also completed vocational profiling to help them find career directions suited to their personal interests, values and skills.

A number of guest speakers from different industries such as psychology and social work, business, law, design and the trades presented to students about opportunities within their industry and shared their career journey. Students also completed an Interviews Skill workshop, helping them to feel confident about what employers are looking for and how to approach and prepare for an interview. A group also visited Macquarie University to see a 'Day in the Life' of a university student. These students were so inspired by this visit and felt it really motivated them to achieve their goals.

ANNIKA WILLIAMS
CAREERS ADVISER



Year 8 Girls Basketball Grand Final Winners

For the past two years Phi,ippa G, Aysha H, Alana H, Lexus C, Lizzy B and India W from Year 8 (plus two non-Forest girls) have been playing in a Monday night basketball competition run by Manly Warringah Basketball. They finished the season in 3rd place in Division 2 and beat the No. 2 ranked team Stella Maris in the semi-finals, winning by a convincing 22-10. They then went on to play in the Grand Final on Monday 28 November and beat the undefeated Northern Beaches Christian School 22-6 to be crowned competition champions. An amazing effort!

The girls displayed incredible determination, resilience, composure and sportsmanship and we are very proud of them. Congratulations!



P&C NEWS

Our P&C is ever so proud of the achievements and contributions we have made in 2022. We feel it has been a year where we as a P&C have worked in partnership with our school and because of this we donated money or items that support our students learning, including:

- Year 12 Wednesday League
- Rice Cooker for student celebrations
- Year 11 Student Jerseys
- Meeting Owl
- Refreshments for two Working Bees
- Hired whipper snippers for working bee
- Refreshments for P&C meetings
- Staff morning tea
- Refugee Week Lunch
- Scanning Pens x20
- Mardi Gras celebration
- Lunchtime Knitting Club
- Trailblazer program
- Mobile coffee cart
- School banner
- School holiday Trailblazer support
- Mindful Mondays lunchtime yoga
- Year 10 Car Maintenance Workshop
- \$5000 on tools for TAS Faculty
- 3 mannequins for Textiles classes
- Sewing machines valued at \$6000
- Year 10 resilience training
- School magazine printing

This year has shown true community spirit with parent support and involvement in:

- Working Bees
- Refugee Week Warringah Mall display
- Thank you staff morning teas
- Sensory Sydney donations
- Conversation Club guest speakers
- Cooking Club
- Textiles display at Warringah Mall
- Open Night
- Uniform review
- New School planning team
- Diversity and Inclusion Committee
- Uniform Shop volunteers
- School Magazine
- Movie Night
- World Teachers' Day morning tea
- School Musical



Thank you for your support in 2022. We wish you all a Merry Christmas and look forward to an awesome 2023

Kelly, Sarah, Sue, Karen and Michelle



Yarn Yard

The Yarn Yard group, run by Mrs Coleman, have wrapped one of our school trees to indicate to other interested parties where they gather each Tuesday and Thursday. The group is working towards making squares that can be stitched together to make colourful blankets for the charity 'Wrapped with Love'. Many students and staff have come throughout the year to have a go at learning to knit or add some labour to one of the shared squares if they are experienced knitters. Regulars throughout the year have been Charlie A, Jamie M, Kosta B, Lachlan N, Owen L and Ilya S. They hope to have more student contributing to the project next year.

KYLIE COLEMAN
LEARNING & SUPPORT TEACHER



Uniform Shop

Uniform Shop additional opening times:

2023

Saturday 21 January 2023 - 9.00am till 3.00pm

Saturday 28 January 2023 - 9.00am till 3.00pm

Monday 30 January 2023 - 9.00am till 12.00pm

Tuesday 31 January 2023 - 8.00am till 12.00pm

All these dates will be by appointment only via our website:

<https://theforest-h.schools.nsw.gov.au/about-our-school/what-we-offer/uniform.html>



THE FOREST HIGH SCHOOL
135 FRENCHS FOREST ROAD
FRENCHS FOREST NSW 2086

t. 02 9451 5111
f. 02 9975 3293
e. theforest-h.school@det.nsw.edu.au