



Artwork display from our Preliminary Showcase



PRINCIPAL'S REPORT

Nathan Lawler
R/Principal

The term is in full swing with no signs of slowing down. Students are enjoying the sunshine with many playing handball, basketball and touch football during lunch breaks. Having the Oval available for PE lessons and break times has meant that students can take advantage of all the space our school has to offer. Enjoy reading this mid term update. As you will see, there were a lot of opportunities for students both in and out of the classroom during Weeks 1-5.

YEAR 11 AWARDS

On Thursday during period 1 Mr Hendy (Year Advisor) presented a summary from his reading of year 11 reports. This is part of our report distribution process which involves students being provided time to reflect on their performance, set goals and clearly identify some next steps. In semester 1 we introduced a high achiever's lunch for those students who performed at the top of their grade. For semester 2 this has been expanded to include students who have achieved considerable academic growth and for those students who have consistently given their best (as indicated on their

Semester 2 reports). The message we want students to take away from the day is that the school values effort and growth.

MUSICAL REHEARSALS

The Wizard of Oz Musical is fast approaching. Our Creative and Performing Arts Staff are leading a large group of students during rehearsals before school, during lunch break and after school. We are all looking forward to seeing the show in Week 9.



DIVERSITY AND INCLUSION SUB-COMMITTEE

On Wednesday evening Ms Simic (Deputy Principal) and I met with parents for a final Diversity and Inclusion Sub Committee catch up. This group has met twice each term and discussed the opportunities for inclusive practices to be further embedded. Our final catch up was held at The Forest Hotel. This was a fitting way to celebrate the progress made in 2022.

ROTARY

On Tuesday 8 October Indi V. and Lavinia P. in Year 8 attended the Belrose Rotary meeting and spoke about their experience helping out at the BBQ on 23 October at the Bunnings Belrose Super Centre. The BBQ was held to raise funds for Belrose Rotary and Interact. Indi and Lavinia also talked about the skills they have developed through their participation in Interact Club. Paige C. and Mindy M. in Year 10 also attended the meeting and shared their Science experience from earlier this year.



YEAR 11 VET BUSINESS SERVICES

On Thursday evening, Imogen R. and Dorjee T. attended a function at The Centre of Excellence, Brookvale. It is hosted by Youth Up Front and it is an Awards night for students who excelled during their work placement this year. Their teacher Ms Hamilton nominated both students for their efforts.

NEW STUDENT BEHAVIOUR POLICY

Earlier this year, the Department of Education released a new Student Behaviour Policy to be implemented in schools from the start of this term. As part of the implementation, schools are to develop a School Behaviour Support and Management Plan that complies with this new policy and several other Departmental policies. This new plan needs to be uploaded to the school's website and be ready for implementation by the end of Term 2 2023. The plan will be developed in consultation with students, staff and the community. In the meantime, schools will follow the new Student Behaviour Policy procedures when required. The new policies and procedures are available from the Policy Library section of the Department of Education's website.

WILL YOU BE WITH US IN 2023?

As communicated last week, planning is well underway for the 2023 school year. Our growing numbers also require more staffing. If you know you will not be returning in 2023, can you please let us know as soon as possible, it will really help us in our planning for next year.

FAREWELL MR NEELY

We wish Mr Neely all the best for his move to the Sunshine Coast. Mr Neely, during his time at The Forest HS, has built strong relationships with students and staff. His contribution to school sport organisation has been immense. All the best Mr Neely.

**NATHAN LAWLER
R/PRINCIPAL**



Forest High Community Spirit

This term at The Forest High School we have been able to support our school and larger Northern Beaches community, through the generosity of staff members and the community. With the support of the P&C at Dee Why Public School, we were able to donate over 2,000 pieces of clothing to the Community Northern Beaches and Northern Beaches Tibetan Organisation, to help families in need of clothing. A big thank you to Wes, our wonderful General Assistant at our school who helped transport all the clothing to the Brookvale Multicultural Centre.

We also had a very generous staff member who warmly donated furniture to the Tibetan Organisation with the help of Warringah Furniture Removals, Vinnies Brookvale and The Salvation Army Dee Why. It was fantastic to see teachers, families and local community come together to help deliver items to so many recipients - and all with a great attitude to help those in need.



Term 4 2022 Events

11 November - Year 12 Clearance

14-18 November - Band Tour

16 November - P&C Meeting - 7pm School Library

22 November - Silver Assembly - 9am

24 November - Year 7 Vaccinations

28 November - Year 10 Careers Activity Week

29 November - Year 7 2023 Orientation Day

8, 9 & 12 December - Year 7 Swim School

13 December - Presentation Night - 7pm

16 December - Christmas Assembly - Last day of Term 4 for students

19 December - School Development Day (staff only)

20 December - School Development Day (staff only)



WELLBEING REPORT

Kate Board
R/Head Teacher Wellbeing

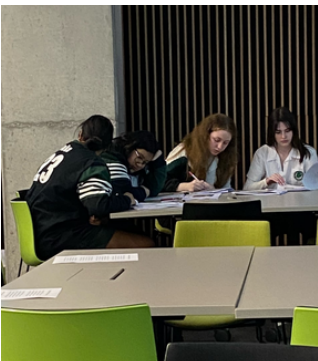
STUDENT VOICE FOCUS GROUPS

On Thursday in Week 6, the Department of Education, in conjunction with teachers from the school, will be coordinating 'Student Voice Focus Groups' to help us understand more about our school. These focus groups will help us to continue to foster a positive school environment and enhance a respectful and inclusive school environment. Our school greatly values student voice and this is a wonderful opportunity for students to express their views. A group of students from each year group have been asked to participate, and we would greatly appreciate the return of permission slips to the front office as soon as possible. Thank you in advance for your support.

STARTING YEAR 12 RIGHT

On the first two days of Term 4, our new Year 12 students were involved in a two-day 'Starting Year 12 Right' program. Day One was held at the University of Technology in Ultimo, and students were involved in a range of workshops learning about careers, Year 12 assessment policies, and study skills. The day finished with a tour of the innovative facilities at UTS, led by current university students. Our Year 12s enjoyed being in the city for the day and witnessing life at a busy university campus.

On Day Two, students participated in a range of valuable workshops at school; these workshops covered wellbeing & stress management, research & library skills, and procrastination avoidance. We finished the day with a delicious sausage sizzle to thank students for their active involvement in the two-day program. Evaluation forms and verbal feedback provided by our Year 12 students indicated that they found this day particularly valuable and they are on the right track for a successful and rewarding Year 12 experience.



MERIT AWARDS

Well done to the many students who have received merits certificates this term! We have an outstanding number of students across all year groups who have been presented a certificate in their year group meeting in Term 4. Congratulations for demonstrating the Forest values of *Respect, Responsibility and Personal Best*. Keep up the awesome work!

TERM 4 EVENTS

Our Year Advisers are busy planning a range of activities for the remainder of Term 4, including report distribution, luncheons for high achievers, an excursion to Raging Waters, a range of presentations from interesting people including a policeman and a mental health advocate. Keep an eye on notes coming home (or sent via email) in the coming weeks.

CAPA



Term 4 CAPA Report

What a start to term 4! The CAPA faculty have certainly been busy the last 5 weeks and will continue to be busy as we move towards the performance of our school musical *The Wizard of Oz*.

PRELIMINARY SHOWCASE

Week 1 started off with the CAPA Preliminary showcase. This event saw our year 11 students in Drama, Music, Photography, VET Entertainment and Visual Arts present work that they have completed as part of the preliminary courses. This event is held in the intimate venue of the PAC and offers a wonderful opportunity for these students to understand the requirements of performing or showcasing their work for an audience. It also allows a very supportive community of staff, family members, friends and even ex-students to come along and see just how amazing our CAPA students are!



BAND PROGRAM

Term 4 has seen a variation in our traditional format of the band program. This term we have created an ensemble that will perform at the school musical and then created a larger Symphonic Wind Ensemble. The Symphonic Wind Ensemble played their first event this Monday evening at the SNPS Schools Connect series held in our Hall. This concert series is a wonderful way to connect band programs in some of our local primary schools with our own ensemble and the Sydney North Public School Bands' Program which is a regional music extension program. Local schools that attended the concert series included Allambie Heights Public School and Frenchs Forest Public School. This concert not only allowed each of the ensembles an opportunity to showcase their talents to each other but there were several combined items which gave students the opportunity to perform again in a much larger ensemble. The sound that was being produced was amazing and it was a wonderful opportunity to connect with students in our local area. A very special thank you goes to our Band Conductor Lemin Luu who organised this event.

Our Stage Band also had a performance this week at Forestville RSL on Wednesday evening. They were conducted by their wonderful conductor Joe Manton and really brought the house down with their level of skill, professionalism and sound.

Our band then goes on their scheduled tour of Bathurst, Orange and Dubbo next Tuesday. Due to COVID and other weather challenges, this is the first tour out of Sydney that the band program has been able to do since 2018. We are very excited to be able to take our tour band out of Sydney to perform and attend workshops, be able to farewell our Year 12 students (many of whom have been in band for the past 6 years) and to be able to make strong connections and new friends within the band program and fantastic life-long memories.

THE WIZARD OF OZ

We're off to see the Wizard! Come and watch this beloved tale, in which a Kansas farm girl travels over the rainbow to encounter a range of whimsical characters and discover the magical power of home.

Hello! we are the new Creative Arts Captains Aya Ghachi and Charlotte Jones and we have been supporting the Creative Arts Faculty since the beginning of this term. Over the past two terms students from The Forest High have been working relentlessly to give our school a beautiful performance of The Wizard Of Oz. We have been working hard every Wednesday and Thursday after school with Ms Stuart, Ms Yea, Ms Constantin and Trailblazers Sam and Zali. We are extremely excited to announce that the show is on the 7th, 8th and 9th of December during Week 9 of this term.

Please come support our lovely peers and teachers and all the hard work they have put in. The tickets are on sale now <https://www.trybooking.com/CEARB> or via the QR code on the posters.

We look forward to seeing you down the Yellow Brick Road!

Sincerely Aya Ghachi and Charlotte Jones
CREATIVE & PERFORMING ARTS CAPTAINS



THE FOREST HIGH SCHOOL
PRESENTS

THE WIZARD of OZ



BOOK NOW



6:30PM
DECEMBER 7, 8 AND 9

BY L. FRANK BAUM

WITH MUSIC AND LYRICS

BY HAROLD ARLEN AND E. Y. HARBURG

BACKGROUND MUSIC BY HERBERT STOTHART

DANCE AND VOCAL ARRANGEMENTS BY PETER HOWARD

ORCHESTRATION BY LARRY WILCOX

ADAPTED BY JOHN KANE FOR THE ROYAL SHAKESPEARE COMPANY

BASED UPON THE CLASSIC MOTION PICTURE OWNED BY

TURNER ENTERTAINMENT CO. AND DISTRIBUTED IN ALL MEDIA BY WARNER BROS.

"THE WIZARD OF OZ" IS PRESENTED BY PERMISSION OF ORIGIN™ THEATRICAL ON BEHALF OF TAMS-WITMARK LLC, A CONCORD THEATRICALS COMPANY

ENGLISH



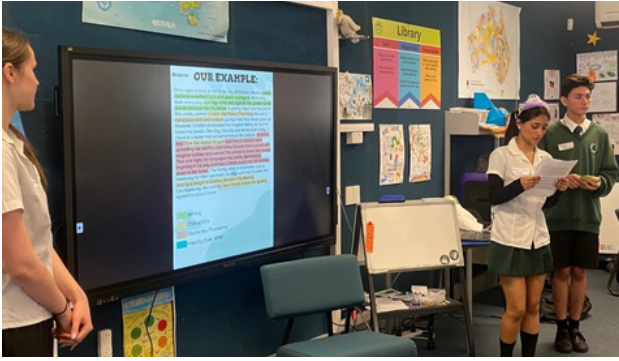
Women in Shakespeare

The new Year 10 Women in Shakespeare class had a wonderful start to their experience last week. Emily, a Teaching Artist from Bell Shakespeare, ran them through a workshop to introduce them to the aims of the program. A lot of this was very interactive drama activities, as well as some historical grounding and an investigation of Juliet's character from the play Romeo and Juliet. Stay tuned for more from this incredible group of young people as we deep dive into female characters from Shakespeare's plays!



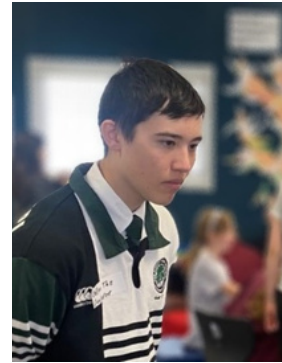
Year 12 Film Day

On 20 October Year 12 English Studies and Life Skills had the pleasure of going on their Film Day excursion and completing a workshop with Waterloo Film Studios. Ben at Waterloo Film took them through the exciting stages of film development, production and the behind-the-scenes action, as the students experienced what it's like to be on a set and the planning that goes behind making movie magic! They then ventured to the fun and historic world of The Dendy Cinemas and were blown away by the action packed 'Black Adam'. Lastly, to top the day off, they were treated to a cultural safari at The Italian Bowl Newtown - thank you to Jenny and her team of Master Chef's. Well done Year 12:D... and watch out Hollywood.

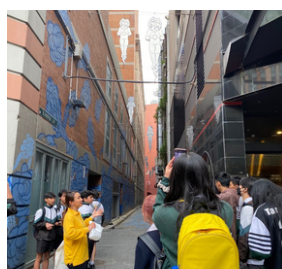


Students Teaching Students - North Balgowlah GATS Creative Writing Workshop

Well done again to our 2023 Year 12 English mentors who taught the two-hour workshop to GAT students from all across the Northern Beaches at Balgowlah North Public School at the beginning of this term. It was an overwhelming success for all those involved, which brought together school communities in wonderfully collaborative, fun, inspiring and innovative ways! Next show will be Term 4 Week 9 - so please stay tuned.



Blossom D *"The creative writing kids workshop was an incredible experience for us (again!) It was so thrilling to see these young GAT students explore their imagination and create the most incredible fairytales I have ever read. As their mentors we really enjoyed guiding them to create these stories. While teaching them, we also learned a couple things ourselves such as teamwork and patience. Now we understand the perspective of our teachers!! It also definitely matured us and enhanced our leadership skills. We are truly amazed by how wonderful their stories were and we would love to do this again."*



Empowered End of Year EAL/D Excursion

What a fantastic big day out EAL/D students from The Forest High School had last week as they travelled to the Seymour Centre (Sydney University) and were blown away by a series of powerfully harrowing and evocative performances of refugee teens from across the globe, as they shared their intimate journeys of



hope, sacrifice and resilience. The play featured a series of real-life first-hand escape stories, told by the brave teens who experienced them. Our students were captivated by the moving performances, and appreciated the vulnerability of all the performers from the Congo to Syria and Afghanistan to Iraq. Thank you to the Treehouse Theatre and all the very incredible refugees for sharing their histories with us. It was a life-changing experience as our students gained true insight into the struggles for survival that many children must go through. We then had a delicious Taste Safari experience in Chinatown, where students tasted the finest Asian street foods, delicacies and home-made dishes from a range of family-owned restaurants. Our students got to experience a wide range of Asian food from Korean fried chicken, to traditional Chinese dumplings and exotic bubble tea for dessert. We learnt all about the history of Chinatown and the vibrant and hardworking community that has made Chinatown a truly inspiring cultural landmark for our city. Our students enjoyed learning about the history of some of their favourite foods like Korean fried chicken, and the rich knowledge our tour guides shared with us. Thanks again everyone - what a great way to celebrate a wonderful year for EAL/D at The Forest High School.

LAUREN WEATHERALL
ENGLISH AND EAL/D TEACHER



SUPPORT

Scooby turns 3!

Happy birthday to our gorgeous Scooby who turned 3 on 22 October



Our students in the Support Unit have been busy producing these lovely spice packs which they have been selling at school to raise money towards their end of year excursion to Chinatown. They have been studying about China this term. The wonderfully presented packs include spices such as cumin seeds, italian herbs, himalayan salt and chilli flakes





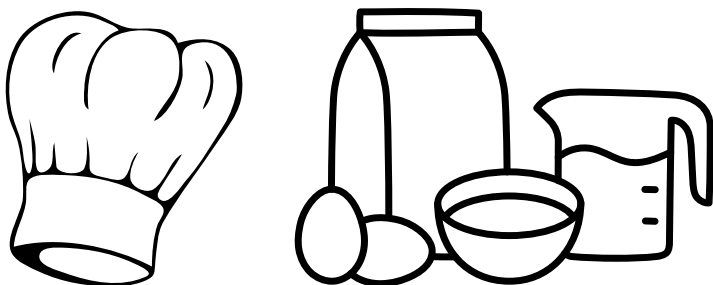
Year 12 Food Technology

Year 12 Food Technology students are currently studying the Australian food industry sectors, which include agriculture and fisheries, food processing/manufacturing, food service and catering, and food retail. This term, students have had the opportunity to plan, prepare and serve a range of food items suitable for catering purposes. They have enjoyed the experience and are keen to develop their skills in this area further.

You can watch a video of the delicious food they have created here - thank you Melis!

https://www.youtube.com/shorts/8SHhwmNP-_M

JACKIE AROYAN
TAS TEACHER



Conversation Club

What an honour it was to have Ann Slattery come and speak at Conversation Club in Week 3.

Ann shared her experiences working with refugee students across Sydney, and helped us to better understand the arduous journeys of sacrifice, strength and resilience that all refugees go through in a fight for survival, freedom, justice and a better life.

Ann's stories touched a chord with everyone who attended and we are so very grateful she could share her personal insights into the different ways we can all work together to support refugees in our community.



7 Bridges Walk

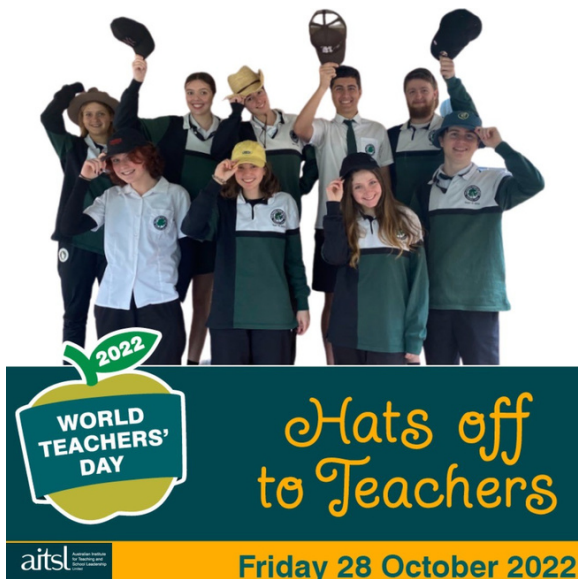
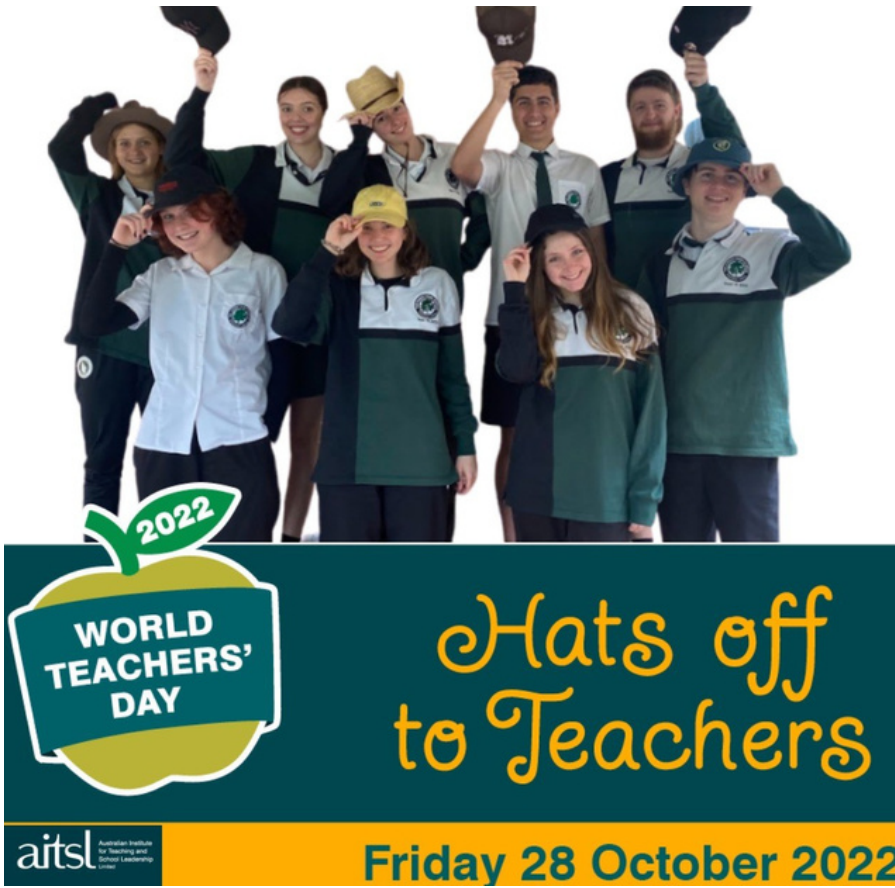
Congratulations to The Forest High School Team Mrs Ace, Ms Ping, Frankie, Aston, Jesse and Mollie on completing the 28 km, 7 Bridges Walk around Sydney on Sunday 23 October. Special mention to Frankie and Mrs Ace who also completed the 34km Fred Hollows Walk along the coast on the previous weekend.

World Teachers' Day

FRIDAY 28 OCTOBER WAS WORLD TEACHERS' DAY - AN OPPORTUNITY TO SAY THANK YOU TO THE WONDERFUL TEACHERS AT OUR SCHOOL. THANKS ALSO TO THE SUPPORT STAFF, P&C, SRC AND STUDENTS WHO ORGANISED OUR WORLD TEACHERS DAY CELEBRATIONS.

THANK YOU!

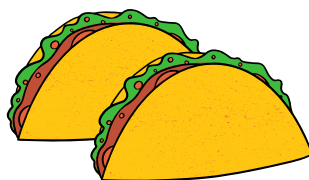




Year 12 Formal



P&C NEWS



Lunchtime Cooking Club

IN WEEK 2 WE MADE PASTA AND IN WEEK 3 TACOS IN - DELICIOUS!! THANK YOU TO OUR WONDERFUL PARENT LORENZA FOR SHARING HER PASTA SALAD RECIPE - OUR MONDAY COOKING CLUB LOVED IT.



Uniform Shop

Uniform Shop additional opening times:

Saturday 3 December 2022 - 9.00am till 3.00pm

Saturday 10 December 2022 - 9.00am till 3.00pm

2023

Saturday 21 January 2023 - 9.00am till 3.00pm

Saturday 28 January 2023 - 9.00am till 3.00pm

Monday 30 January 2023 - 9.00am till 12.00pm

Tuesday 31 January 2023 - 8.00am till 12.00pm

All these dates will be by appointment only via our website:

<https://theforest-h.schools.nsw.gov.au/about-our-school/what-we-offer/uniform.html>

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If you would like to "share the dignity" this Christmas, please contribute to families living in crisis by donating a Teen Bag - drop it to Ms Peachman in the Deputy's Office or to the front office to pass along.

STEP 1: Buy a new or pre-loved backpack

STEP 2: Fill it with the "must-haves" - period products, shampoo and conditioner, deodorant, toothpaste and toothbrush, and soap or body wash. All products must be sealed.

STEP 3: Add some gifts or extras for a Christmas treat! Makeup, face wipes, stationary, gift vouchers, books, sanitiser, tissues, socks, small umbrella, lip balm, scrunchies or hair items, ear phones.

Thank you in advance for making someone's difficult Christmas a bit more special.

THE FOREST HIGH SCHOOL
135 FRENCHS FOREST ROAD
FRENCHS FOREST NSW 2086

Your round trip ticket to **everyday savings!**

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RECEIVE A: **Bonus Upgrade***
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RENEW NOW

*Terms and conditions apply

Your support for our fundraising at The Forest High School can now save you money everywhere you travel in the next 12 months.

For a limited time only, you can purchase a Single City Membership to the Entertainment App, and receive a bonus Multi City upgrade, unlocking access to 20 cities and thousands of offers anywhere in Australia, New Zealand and Bali.

And, of course, 20% of the membership goes directly to support our school fundraising at The Forest High School.

Get this limited-time offer at our fundraising page (LINK) :
<https://subscribe.entertainment.com.au/fundraiser/200z485>

Thank you for supporting our fundraising effort.



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