

# Message from the Principal



We celebrated Valentine's Day this week with a photo booth, roses, lolly bags, cake stall, origami flowers and music



## Year 7 Welcome Night

Many thanks to our parents who came along to our Year 7 welcome night. This was an opportunity to answer questions, outline upcoming events and for parents to connect with one another. Year 7 have made a strong start and they are looking forward to attending camp from Wednesday next week.

## Distinguished Achievers Assembly

On Tuesday we hosted a selection of our recently graduated Year 12 students. Within the group there were some excellent HSC results. Those students who achieved a Band 6 result in the 2023 were invited to return to the school. To achieve a Band 6 result – students have achieved a HSC result between 90 – 100. It should be noted that we also had several students finish on 89, coming very close to appearing on the Distinguished Achievers list. When looking at the last 10 years, it was last

year's group where we had the highest proportion of students achieve in the top 3 bands (Band 6, 5 or 4). This is a promising sign and recognition of the hard work of our teachers who each year go above and beyond to ensure students are given every opportunity to reach their potential.

### Below is a small snapshot of some of the 2023 HSC course highlights:

- Drama Class - 4.18% above the state average. Every student in this class achieved a band 5 or 6.
- Food Technology class - 4.85% above the state average.
- Society and Culture classes (2) - 6.03% above the state average.
- Mathematics Standard 1 class - 7.49% above the state average.
- Textiles class - 11.19% above the state average. Every student in this class achieved a band 5 or 6. This is an amazing result.

## Valentine's Day

Each year our SRC students make Valentine's Day celebrations super special. There was a buzz across the school on Wednesday with lots of activities for all students.





## Support Our Students: Donate Second-Hand Uniforms

As part of our ongoing commitment to inclusivity and support for every student in our community, we are reaching out to seek your assistance in a unique initiative.

We recognise that the cost of school uniforms can be a significant burden for many families, particularly in these challenging times. To help alleviate this, we are organising a second-hand uniform donation drive. This initiative aims to support families in need, ensuring that all our students can attend school feeling comfortable, confident, and equal among their peers.

We are calling on our generous community to look through your cupboards for any uniforms your children may have outgrown or no longer need. We welcome donations of gently used, clean uniforms that can make a big difference in someone else's life.

Here are the details for the donation drive:

- **What to Donate:** Gently used, clean school uniforms (please ensure they are free from tears or stains and are in good condition).
- **Sizes Needed:** All sizes are welcome, from the smallest to the largest.
- **Drop-off Location:** Donations can be dropped off at the school's main office or the Uniform shop on Thursdays 1pm-2.30pm

Let's come together to make a positive impact and support each other in these times.

Thank you in advance for your generosity and support.

TFHS P&C

## Upcoming Events

21-23 February  
Year 7 Camp

6 March  
Open Night 5-7pm

8 March  
School Swimming Carnival

13-19 March  
Naplan Testing

15 March  
Zone Swimming Carnival

19 March  
Years 10 & 12 Parent Teacher Interviews

22 March  
School photos (Make-up Day 28 March)

29 March  
Good Friday - school closed

1 April  
Easter Monday - school closed

2 April  
Years 8 & 9 Parent Teacher Interviews

2-5 April  
School Musical - The Addams Family

12 April  
School Cross Country  
Last day of Term 1

29 April  
School Development Day - staff only

30 April  
First day of Term 2 - all students return

### NAPLAN 2024

Each year the National Assessment Program – Literacy and Numeracy (NAPLAN) is undertaken by students in Years 3, 5, 7 and 9. Students will participate in tests for writing, reading, conventions of language (spelling, grammar and punctuation) and numeracy.

**NAPLAN 2024 will take place from Wednesday 13 March to Monday 25 March.**

The schedule at The Forest High School is as follows:

Wednesday 13 March – Writing

Thursday 14 March – Reading

Monday 18 March – Language Conventions

Tuesday 19 March – Numeracy

There will also be two catch up days on Friday 15 March and Thursday 21 March.

NAPLAN is just one part of our school learning assessment program. The tests assess literacy and numeracy skills your child is already learning at school.

In preparation for NAPLAN, our school will undertake activities to help students become familiar with the format and functionality of the online tests. We will run a practice test on Thursday 7 March. These activities are not an assessment of student ability and will not be marked. Excessive preparation for NAPLAN is not required nor recommended.

The public demonstration site (<https://www.nap.edu.au/online-assessment/public-demonstration-site>) is available to see the types of questions, tools and functions used in the NAPLAN tests.

Further information about NAPLAN is available on the [NESA website](https://educationstandards.nsw.edu.au/wps/portal/nesa/k-10/understanding-the-curriculum/naplan/parent-information) (<https://educationstandards.nsw.edu.au/wps/portal/nesa/k-10/understanding-the-curriculum/naplan/parent-information>).

If you have any questions about NAPLAN, please contact Ms Simic, your child's Deputy Principal.



The Forest High School

# LET'S TALK MENTAL HEALTH

Presented by Steve  
Gamble founder of  
Anchor Health

**Wednesday  
5 June**

7.00-8.30pm  
in The Forest High School Hall



**A presentation  
for parents to  
assist with  
supporting your  
children**

**No need to  
book - just  
come along**

The Forest High School  
<https://theforest-h.schools.nsw.gov.au/>  
tel: 9451 5111

# Attention Seniors - Years 11 & 12

## BOOKING A TRAILBLAZER

### 1 NAVIGATE TO THE BOOKING WEBSITE

Use the QR code or find the link at  
<https://theforesthighlibrary.weebly.com/trailblazers.html>



### 2 ENTER IN BOOKING DETAILS

Fill in your full name and email, as well as your learning intentions for the lesson and any additional information to assist the Trailblazer.

THE FOREST HIGH SCHOOL TRAILBLAZERS BOOKINGS

Step 1: Enter your details.

EMAIL

STUDENT FULL NAME

WHAT ARE YOUR LEARNING INTENTIONS FOR THE SESSION?

ADDITIONAL INFORMATION FOR THE TRAILBLAZER

GO

### 3 CHOOSE RELEVANT SUBJECTS

Choose the subjects that are relevant to your booking. This will help narrow down which Trailblazer is best for you.

Step 2: Choose up to 6 subjects.

Choose subject...

+ Add another subject

GO

### 4 SELECT A SESSION

Check the boxes that correspond to your preferred booking time. Please do not book more than three sessions per week.

MON 12 FEB

	8:00	9:00	9:30	9:30	9:40	9:40
.Other (Subject not listed) options	<input type="checkbox"/>	<input type="checkbox"/>				
AMELIA	<input type="checkbox"/>	<input type="checkbox"/>				
MARCUS	<input type="checkbox"/>	<input type="checkbox"/>				
MAX	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

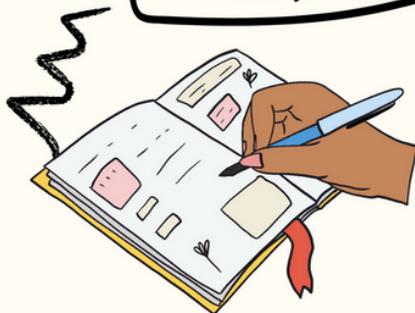
### 5 CLICK GO!

Click "GO" to confirm your booking. This will automatically send you an email containing booking information and a link to view, change or cancel your bookings.



### 6 REMIND YOURSELF!

Record your booking times in a personal journal or calendar. All student bookings take place in the school library.



Max Talintyre



Isabelle Frew



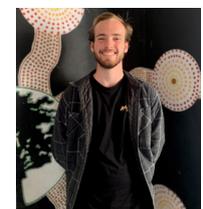
Ingrid Frew



Amelia Hanson



Elizabeth Raffin



Sam Kosack



Jackson Browne



# FOREST FITNESS

Our Forest Fitness sessions are held every Friday morning at 7.30am with our Principal Mr Lawler supported by other staff in the PE faculty. Meet on the school oval or in the weights room, depending on weather, for a great workout class - all students and staff are welcome.

It's a great way to finish off the week!

Every Friday | 7.30AM

COME ALONG AND JOIN IN THE FUN!