

Message from the Principal



Last Friday we celebrated Mardi Gras with glitter, feathers, sparkles, fairy floss and music at lunch. It was a fun way to finish the week and celebrate inclusivity in our school



National Leader in Shakespeare Education

Our Head Teacher English, Sarah Peachman is one of 30 teachers from across Australia awarded a mentorship with Bell Shakespeare for 2024. Bell Shakespeare is Australia's national theatre company specialising in the works of Shakespeare and his contemporaries. Established by renowned Actor/Director John Bell, what began in a circus tent in Sydney in 1990 has grown into a theatre company with unrivalled reach and impact, delivering mainstage productions and an education and outreach program to every state and territory, ensuring classic theatre experiences are accessible to all Australians. Mrs Peachman went through a selection process at the end of last year and has been part of workshops this week. The knowledge, skills and creative ways of teaching Shakespeare will benefit our students in English classes. In years 9 and 10, Shakespeare is a compulsory part of the curriculum. We look forward to hearing about the workshops when Mrs Peachman returns.



Leaders in High Potential and Gifted Education

Ms Simic is a lead on the cross network HPGE group that aims to create and share best practice in

high Potential and Gifted Education across four domains of potential (intellectual, creative, social emotional and physical) across The Pittwater, The Forest and The Beaches networks.

The most recent conference had a focus on the Creative Domain. A key agenda item was a Q&A involving Mindy M (Year 12 Forest High student) and Holly S (2023 HSC graduate). The students spoke glowingly about the experiences afforded to them at The Forest High School. Holly achieved a Band 6 in Drama and was nominated for OnSTAGE, following her exemplary performance in the externally marked HSC performance piece. Holly also gave a Stirling performance as 'Scarecrow' in our 2022 Musical.

Joining Holly was Mindy who continues to be a valued member of our school bands and is excelling in her studies. Mindy studies a range of courses and specifically spoke about her skill development and the opportunities in the areas of Dance and Music. Both girls credited their teachers for their ongoing support and mentorship and we were very proud to have them on stage

Open Night

Many thanks to our staff and students who stayed back late for Open Night. There was a lot of interest from both in-area and out of area families. Parents and prospective students enjoyed the treats provided by our Year 12 Hospitality students and it was great to hear the Symphonic Wind Ensemble in action. As you know, The Addams Family Musical is coming up and we saw a snippet of the show. We are proud to show that we are a comprehensive high school, with excellent teachers and lots of opportunities across the school.



Run Club

Ms Chapman and Mrs Crowe are driving this initiative and had a great turnout of over 20 students at our first session. We ran the school cross country course, enjoying the beautiful weather. Many thanks to Year 7 student Matt D for taking us through the warmup drills and I look forward to seeing the group continually grow throughout the year.



Knockout Teams

We have been placing a large emphasis on quality preparation for our Knockout Teams. Before school and during break-times, students can be found training. On Thursday morning, between 7:30am – 8:15am the school Oval was a busy place to be as those students who were a part of the Run Club shared the space with our Open Boys Soccer team who were training under the guidance of coach Mr Higginson. On Monday and Tuesday this week our school cricket teams put up valiant

showings. Many of the players were not regular cricketers but did an admirable job representing the school. Over the next two weeks our Touch Football, Netball and Soccer teams will compete in their first round fixtures. Both of our Basketball teams have progressed to the second round.



Mobile Phones

Next week for students in Years 7-11 there will be checks to ensure phones are securely kept in phone pouches. If a student does not have their phone locked in their pouch they will need to hand their phone into the office for the day. Any student seen on their phone whether it be on the playground or in class will need to hand in their phone and a parent will be contacted to come and collect at the end of the day.

Swimming Carnival

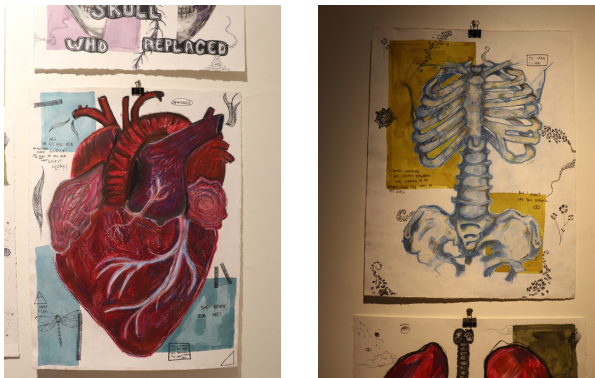
A great day was had at our 2024 Swimming Carnival. A full report including results will be available in next week's edition.





Manly Art Gallery “Out Front” exhibition

Last Friday was the opening of the Manly Art Gallery and Museum exhibition "Out Front". The exhibition this year included "Poetic Illustrations" by Julianne T, one of our ex Forest High students who graduated Year 12 in 2023. The exhibition also showcased outstanding art works from schools on the Northern Beaches. Also in attendance was Ms Rogers, who taught Julianne Visual Arts last year.



Upcoming Events

11-18 March – Chiba Keiai High School Visit

13-19 March – Naplan Testing

15 March – Zone Swimming Carnival

19 March – Years 10 & 12 Parent Teacher Interviews

22 March – School photos
(Make-up Day 28 March)

29 March – Good Friday – school closed

1 April – Easter Monday – school closed

2 April – Years 8 & 9 Parent Teacher Interviews

2-5 April – School Musical – The Addams Family

7 April – Working Bee – 9am-1pm

12 April – School Cross Country
Last day of Term 1

29 April – School Development Day – staff only

30 April – First day of Term 2
– all students return



The Premier's Reading Challenge aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely. It is open to all NSW students in Kindergarten to Year 10. To make sure you are reading the right books, please check the rules for your Challenge on the website: <https://online.det.nsw.edu.au/prc/studentExperience.html#/>

Student Reading Records must be entered online. We have physical copies in the Library that students can complete and we can also enter for them.. If you need more information, please go to the school library.

The Forest High School presents...



Wednesday April 3

Thursday April 4

Friday April 5
at 6pm

A stylized illustration of a man in a white top hat and coat, holding a cane, standing in a graveyard at night. In the background, there is a large, ornate gothic-style building with a full moon and several tombstones, including one with 'R.I.P.' on it.

The Addams Family

School Edition

The Addams Family A New Musical
Book by Marshall Brickman and Rick Elice
Music and Lyrics by Andrew Lippa
Based on Characters Created by Charles Addams

BY ARRANGEMENT WITH ORIGIN THEATRICAL ON BEHALF OF THEATRICAL RIGHTS WORLDWIDE, NEW YORK

Week 6 Term 1 2024



The Forest High School

High Potential & Gifted Education Test

Students wishing to be placed in our HPGE class for the intellectual domain in Year 7 2025 must first sit this test.

The HPGE Test is for local (in area) enrolments only.

The Year 7 2025 HPGE class will be determined after close examination of the test results and the student's Year 5 NAPLAN results and Year 5 school report.



Wednesday 3 April 2024
Time: 8.45am - 12.45pm
Where: TFHS School Hall

- Call the School on 9451 5111 to register by Friday 15 March.
- Email a copy of your child's Year 5 NAPLAN results by Thursday 28 March to: theforest-h.school@det.nsw.edu.au
- Cost \$30 - please pay online by Thursday 28 March via our school website. Click on the "Payments" tab on the home page. Go to the bottom of this page and "Click here for non-student payments".
- Financial assistance for the cost of the test is available - please contact the school if required.

The Cognitive Abilities Test (CogAT) Test consists of three parts:

- **The verbal section** measures a child's ability to remember and transform sequences of English words, to understand them and to make inferences and judgments about them.
- **The quantitative section** measures a child's understanding of basic quantitative concepts and relationships.
- **The non-verbal section** measures reasoning using pictures and geometric shapes. This section reduces the impact of language on a student's score.
- **The composite score** is a total score for all three batteries.

For further details, visit our school website www.theforest-h.schools.nsw.edu.au



The Forest High School

LET'S TALK MENTAL HEALTH

Presented by Steve
Gamble founder of
Anchor Health

**Wednesday
5 June**

7.00-8.30pm
in The Forest High School Hall

**A presentation
for parents to
assist with
supporting your
children**

**No need to
book - just
come along**

The Forest High School
<https://theforest-h.schools.nsw.gov.au/>
tel: 9451 5111

Little Helpers - 5-7yrs

Saturday family volunteering

**KIDS
GIVING
BACK**

Join us in preparing easy meals for those experiencing homelessness and tough times. Once the meals are ready, our charity partners will distribute them to homeless shelters and street kitchens across Sydney.

For more info:
<https://kidsgivingback.org/cook4good/>

Saturdays - monthly
2:00pm - 4:00pm
Paddington

